

SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

(A Unit of Shri Sode Vadiraja Mutt Education Trust*, Udupi)

Accredited by NAAC with 'A' grade | Affiliated to VTU, Belagavi

Approved by AICTE, New Delhi & Recognized by Govt. of Karnataka

Vishwothama Nagar, Bantakal - 574115, Udupi District, Karnataka.



SMVITM

Activity Request form

Academic Year	2022-23		
Department/Section/Committee/Cell	Women Empowerment Cell.		
Name of the Activity	Women Health and Hygiene.		
Target Audience	Students, faculty and staff.		
Activity Date(s)	20/01/2023.	Time	3PM.
Venue	Feminon Hall		
Resource Person	Dr. Indira Bai Phansbag		

Expected expenditure		
S. No.	Description	Amount
1.	Honorarium.	2000/-
Total		

(Add rows if required)

Source of fund (Sponsorship/Registration fee)		
S. No.	Description	Amount
1	Women Empowerment cell	
Total		

(Add rows if required)

Financial support required from the Institute	
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Reepika B.V.	5/01/2023
Name of the Coordinator	Signature with date
Signature of the HoD (If applicable)	

Principal
 SHRI MADHWA VADIRAJA
 INSTITUTE OF TECHNOLOGY & MANAGEMENT
 Vishwothama Nagar, Udupi Dist.
 BANTAKAL - 574 115

Remarks by IQAC

May be conducted


Signature 8/11/23

Remarks by Principal

Proceed


Signature 9/11/23


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Women Empowerment Cell is Organizing Session on "WOMEN HEALTH & HYGIENE"



Dr. Indira Pai Shanbhag
Consultant Obstetrician
City Hospital, Udupi

On 20th January 2023 @3:00pm
Venue: Seminar Hall Admin Block

ALL ARE CORDIALLY INVITED

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Activity Report

Academic Year	2022-2023
Name of the Program	"Talk on Women Health and Hygiene"
Date	20 January 2023 at 3pm
Target Audience	Students
Resource Persons	Dr. Indira Pai Shanbhag, Consultant Obstetrician of City Hospital Udupi
Number of Participants	115

The Women Empowerment Cell of Shri Madhwa vadiraja Institute of Technology and Management organized a guest talk on Women Health and Hygiene on 20 January 2023. Dr. Indira Pai Shanbhag, Consultant Obstetrician of City Hospital Udupi was the resource person. Around 120 girl students of 1st and 2nd year participated in the session. Lady faculties and staff members of the college were also present. Dr. Indira emphasized the importance of exercise and good nutritious food in the well-being of Women's Health. She said that PCOD is very common in the present days and can be cured in the early stages with exercise and adequate nutritious food. Also, she said that mental health is as important as physical health. She gave an insight into sexual abuse and how it could impact the life of a girl.

Ms. Arathi Kini from 3rd year CSE welcomed the gathering and Ms. Vaishnavi Rao of 2nd year CSE was the master of ceremony. Dr. Deepika B V, HOD of Civil Engineering and Coordinator of the Women Empowerment Cell coordinated the program.

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“ Talk on Women Health and Hygiene” on 20th January 2023

Venue: Admin Block Seminar Hall

Lat: 13.254605 Long: 74.785047



Lat: 13.254605 Long: 74.785047


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SMVITM Vishwothamanagar, Bantakal - 574 115, Udupi, Karnataka, India

Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

20 January 2023

Ref.No : SMVITM/2022-23/64D

Dr. Indira Pai Shanbhag
Consultant Obstetrician,
City Hospital, Udupi

Respected Madam,

Sub: Letter of Gratitude.

Greetings from Shri Madhwa Vadiraja Institute of Technology and Management, Bantakal, Udupi

This is to place on record our sincere appreciation to Dr. Indira Pai Shanbhag for being the resource person for conducting an invited talk on "Women Health and Hygiene" on Friday, 20 January 2023.

On behalf of SMVITM, I thank you for making the event a truly useful one. We look forward to your continued support and association in our future endeavors too.

Thanking You

Yours faithfully

Thirumaleshwara Bhat
Principal

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Talk on "Women Health and Hygiene"

Date: 20 January 2023

Time : 3.00PM

Venue: Seminar Hall (Admin Block)

Sl. No	Name	Department	Signature
1	Vaishnavi	E & C	Vaish
2	Devilatha Hegde	CSE	Devilatha
3	Nareeksha N	AI.DS	Nareeksha
4	Shobhita	EC	Shobhita
5	Submitha G	EC	Submitha
6	Shreeja	EC	Shreeja
7	Shreya S	EC	Shreya S
8	Ananya A	CSE	Ananya
9	Deeksha Patkar	CSE	Deeksha
10	Shraddha Navkar	EC	Shraddha
11	Shrividhi Devadiga	EC	Shrividhi D
12	Vanditha Shenigere	EC	Vanditha
13	Shaheeda	EC	Shaheeda
14	Sharanya G.V.	EC 023	Sharanya G.V.
15	Chetkala H	CSE	Chetkala
16	Chalthanya K Bangera	CSE	Chalthanya
17	Afiya Banu	CSE - A	Afiya
18	Ashwita D Kotian	CSE - A	Ashwita
19	Ananya Naik	CSE - A	Ananya
20	Ananya	CSE - A	Ananya
21	Gowrika G. Kerekian	CSE - A	Gowrika
22	Anushka	CSE - A	Anushka

Principals

Principal

23	Bhagyalaxmi	CSE	Bhagyalaxmi
24	Chizel Muriel Cardoza	CSE	Chizel
25	Akshatha	CSE	Akshatha
26	Ankitha R	CSE	Ankitha
27	Amrutha	CSE	Amrutha
28	Deena N. Dsouza	CSE	Deena
29	Bhagyashree	CSE	Bhagyashree
30	Ahila	CSE	Ahila
31	Karshitha Hebbar P	CSE	Karshitha
32	Deepthi Prabhu	CSE	Deepthi
33	Apoorva Bhatt B R	CSE	Apoorva
34	Akshatha Kamath	CSE	Akshatha
35	Deepali	CSE	Deepali
36	Adithi Nayak	CSE	Adithi
37	Ashika	CSE	Ashika
38	Samhana	AI-ML	Samhana
39	Voishnavi	ECE	Voishnavi
40	Swapna	ECE	Swapna
41	Shreya Kamath	AI-ML	Shreya
42	Deevsha Prabhu	AI ML	Deevsha
43	Keerthi	AI ML	Keerthi
44	Bhoomikha	AI ML	Bhoomikha
45	Bhoomika R.R	AI & ML	Bhoomi
46	Trishalathi G. Hebbar	AI & ML	Trishalathi
47	Amsitha Suvarna	AI & DS	Amsitha
48	Shrutai Koran	AI & DS	Shrutai
49	Bhuvana M.T	AI & DS	Bhuvana
50	Shravanthi M	AI & DS	Shravanthi
51	Nireeksha	AI & DS	Nireeksha
52	Akshitha	AI & DS	Akshitha

Anand

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53	Vaishnavi	AI-MI	Vaishnavi
54	Umashree	AI & MI	umashree
55	Surabhi	ATMI	Surabhi
56	Ananya Amin	AI&DS	Ananya
55	Izma	AI&DS	Izma
56	Neeksha.g.Salian	CSE	Neeksha
57	Gayathri M.H	CSE	Gayathri
58	Annapurna Shenoy	ECE	Annapurna
59	Alaka A. Shetty	ECE	Alaka
60	Kavana	CSE - 3rd year 'A'	Kavana
61	Prathvi Rao	CSE - 3rd year 'A'	Prathvi
62	Sharvari	ATMI	Sharvari
63	Chithra Chithra	ATMI	Chithra
64	Saniha	AI&DS	Saniha
65	Azha P	AI&DS	Azha P
66	Kadlaha	AI&DS	Kadlaha
67	Divya	AI&DS	Divya
68	Poojisha	AI&DS	Poojisha
69	Panchami Pai	AI & DS	Panchami
70	Vishrutha	AI & DS	Vishrutha
71	Amritha U.R	AI & DS	Amritha
72	Rueksha	AI & DS	Rueksha
73	RITHIKA	AI & DS	Rithika
74	Shripriya	AI & DS	Shripriya
75	Shrutha Shetty	AI and DS	Shrutha
76	Anushwitha	AI and DS	Anushwitha
77	Pallavi R	AI & DS	Pallavi
78	Disha Nayak	AI & DS	Disha
79	Shrutha S	AI & DS	Shrutha
80	Sameeksha	AI & DS	Sameeksha

M. S. S.
Principal

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81	Sneha	AI-DS	Sneha
82	Sinehara	AI-DS	Sinehara
83	Shravani	AI-DS	Shravani
84	Shreya S. Kharvi	AI-DS	Shreya
85	Saijanya	CSE = 2 nd year	Saijanya
86	Shambhan P SK	CSE 2 nd year	Shambhan P SK
87	Shradha Nayak	AIDS	Shradha Nayak
88	Navya	AIDS	Navya
89	Supratha	ECE	Supratha
90	Vaishnavi	ECE108.	Vaishnavi
91	Shranya G. Shetty	ECE	Shranya
92	Manasa M Poojary	Mech	Manasa
93	Vaishnavi	ECE	Vaishu.
94	Shrima Srinath	ECE	SA.
95	K. shruthi	ECE	Shruthi
96	Spandana B Aithal	ECE	Spandana
97	Shreya R. Shetty	ECE	Sh R Shetty
98	Shikha	ECE	Shikha
99	Sowjanya Bhaskara	ECE	Sowjanya.
100	Y. Spoorthi. Bhat	ECE	Spoorthi
101	Rakshita	AIML	Rak
111	Prajnashree	AIML	Prajnashree
112	Kavya Achari	AIDS	Kavya
113	Prajna-Hebbas.	AIDS.	Prajna-Hebbas
114	Swasthi H	AI-DS	Swasthi
115	Lavanya R. Ganaga	AI-DS	Lavanya
116			
117			
118			


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