



SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY & MANAGEMENT

A Unit of Shri Sode Vadiraja Mutt Education Trust (R), Udupi
Affiliated to the Visvesvaraya Technological University, Belgaum
Approved by AICTE, New Delhi & Recognized by Govt. of Karnataka

Vishwothamanagar, BANTAKAL - 574 115, Udupi, Karnataka, India

Phone : 0820-2589182
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E-mail : info@sode-edu.in
Website : www.sode-edu.in

Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment cell		
Name of the Activity	Talk on Women's Health Issues		
Target Audience	Girl students of SMVITM		
Activity Date(s)	29-04-2019	Time	3.15 PM
Venue	Admin Block Seminar Hall		
Resource Person	Dr. Jyothi R, Professor, MCON, Manipal		

Expected expenditure

S. No.	Description	Amount
1	Honorarium	2000
Total		2000

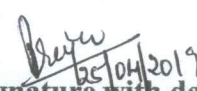
(Add rows if required)

Source of fund (Sponsorship/Registration fee)

S. No.	Description	Amount
Total		

(Add rows if required)

Financial support required from the Institute	
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Dr. Lolita Priya Castelino Name of the Coordinator	 Signature with date 25/04/2019
Signature of the HOD (if applicable)	


Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

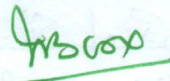
Remarks by IQAC

May be conducted


Signature


Remarks by Principal

Permitted



Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udipi Dist.
BANTAKAL - 574 115

Signature



Principal
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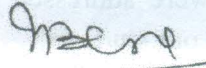
27 April 2019

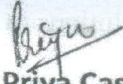
Ref No: 2019/PRIN/52

Circular

Women Empowerment Cell of SMVITM, Bantakal is organizing an invited talk by Dr. Jyothi R, Professor, Manipal College of Nursing, Manipal on "Women Health Issues" on 29 April 2019, Monday at 3:15 PM in the Admin Block Seminar Hall.


All the interested women staff members and students of SMVITM are requested to attend the talk.


Thirumaleshwara Bhat
Principal


Lolita Priya Castelino
WEC-Coordinator

Copy to:

1. All HODs & Section Heads, are requested to circulate among your faculty & staff members
2. To be read in all classes
3. Trust Office
4. Notice Board


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Activity Report

Academic Year	2018-19
Name of the Program	Talk on Women's Health Issues
Date	29-04-2019
Target Audience	Girl students of SMVITM
Resource Person	Dr. Jyothi R, Professor, Manipal College of Nursing, Manipal
Number of Participants	80 (M-00; F- 80)

The event "Talk on Women Health issues" by Dr. Jyothi R, Professor, Manipal College of Nursing, Manipal was organised by the Women Empowerment Cell of SMVITM on Monday, 29 April 2019 laid an insight on all the necessary health concerns related to females.

The session was divided into three main abstracts being Women's health status across the globe, Adolescent Health issues and lastly ten top issues for women health. Some of the major concerned health issues like Anaemia, PCOD and Obesity were addressed and the needful solutions to overcome these were also effectively delivered to our students.

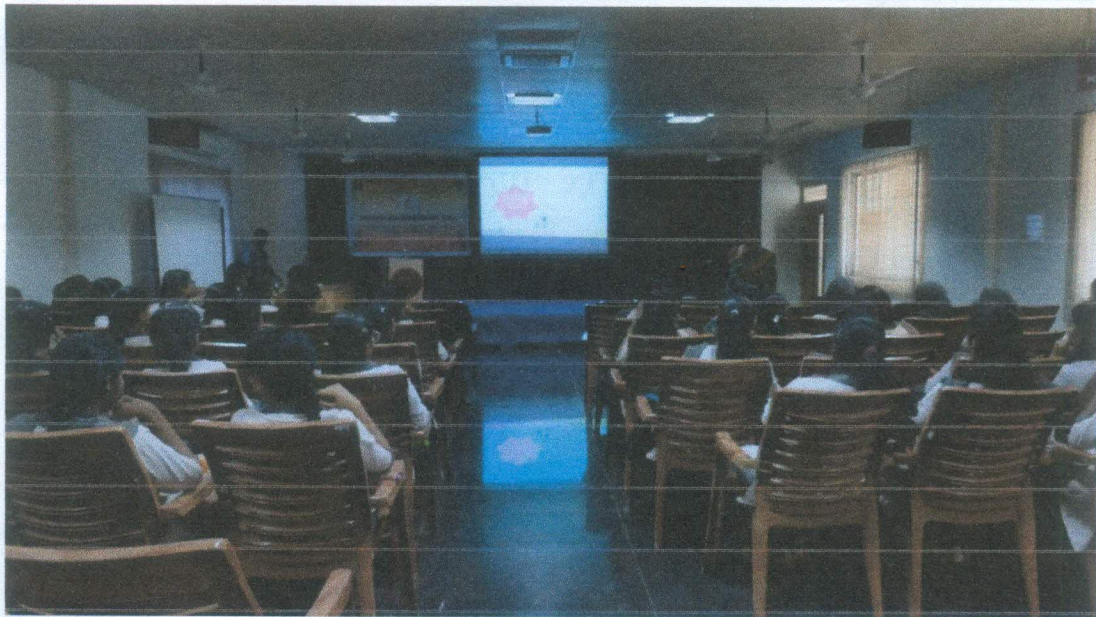
Problems related to menstrual cycle, sexually transmitted diseases, breast cancer, cervical cancer, reproductive health, mental and physical hygiene etc were the major area of discussion.

Violence against women and sexual harassment which are the major problems faced by the women in India were also addressed by the guest speaker. All the needful measures for being healthier and the phrase "Prevention is better than cure" was very well made aware among the students and the staffs who attended the session. Certain self-examine tests were also suggested by the speaker which is necessary in order to be cautious about the misshapen that might take place if ignored.

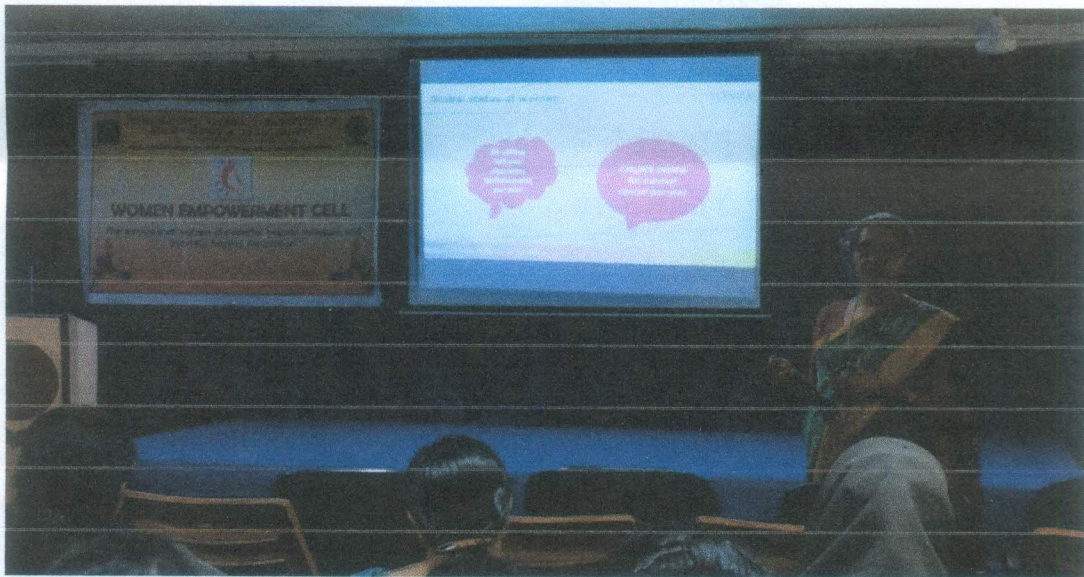
The students were made aware about the harmful effects of junk food, drugs, tobaccos etc. on their personal, mental as well as reproductive health status. The session was for all the interested female students and roughly 80 female students attended the session with sheer interest.

At the end, the students were given a platform to know and clear their doubts regarding the topics covered in the session and also the health related tips were given to the students by the guest speaker. The session marked success with students being contented with the information delivered.

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Caption	Talk on Women's Health Issues
Venue	Admin Block Seminar Hall
Latitude	13.254605
Longitude	74.785047



INVITED TALK ON "WOMEN HEALTH ISSUES"

**Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal**

**DATE :29-4-2019
TIME : 3:15PM**

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
1	4MW16EC048	Rushali	6 / EC	<i>[Signature]</i>
2	4MW16CV041	Vaishnavi.V. Kalle	6 / CV	<i>[Signature]</i>
3	4MW16CS013	Archana Hebbar KV	6 / CS	<i>[Signature]</i>
4	4MW16CS024	Jayalakshmi	6 / ES	<i>[Signature]</i>
5	4MW18CS040	Kruthi.S. Shergar	2 / CS	Kruthi
6	4MW18CS036	Kanya Rao.V	2 / CS	Kanyas
7	4MW17EC077	Tejasvini	4 / EC	<i>[Signature]</i>
8	4MW17EC055	Sharanya laxmi.K	4 / EC	<i>[Signature]</i>
9	4MW17EC045	Preema Dsouza	4 / EC	<i>[Signature]</i>
10	4MW17EC072	Supreetha	4 / EC	<i>[Signature]</i>
11	4MW17EC054	Sharanya	4 / EC	Sharanya
12	4MW17EC048	Rashmi	4 / EC	Rashmi
13	4MW17EC067	Soujanya	4 / EC	Soujanya
14	4MW17EC060	Soubhagya	4 / EC	Soubhagya
15	4MW17EC082	Vinutha Bhargavi	4 / EC	<i>[Signature]</i>
16	4MW17EC079	Vijetha	4 / EC	Vijetha
17	4MW17EC049	Sushmitha.N.	4 / EC	<i>[Signature]</i>
18	4MW17EC074	Sushma.S	4 / EC	<i>[Signature]</i>
19	4MW18CS041	Meghana.A	2 / CS	<i>[Signature]</i>
20	4MW18CS032	Niveditha.K	2 / CS	Niveditha Kamal
21	4MW18CS004	Aranksha	2 / CS	<i>[Signature]</i>
22	4MW18CS007	ANINDITHA	2 / CS	<i>[Signature]</i>
23	4MW18CS001	ADITHI	2 / CE	<i>[Signature]</i>
24	4MW18CS046	Neha	2 / CE	<i>[Signature]</i>

INVITED TALK ON "WOMEN HEALTH ISSUES"

**Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal**

DATE :29-4-2019

TIME : 3:15PM

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
25	4MW18CS035	Kavya. Kamath	2/CS	Kavya K
26	4MW18CS056	Parvathidevi S Rao	2/CS	Rao
27	4MW18CS045	Navya Shanbhag	2/CS	
28	4MW18CS053	Prajna. Y.	2/CS	
29	4MW18CS006	Ananya	2/CS	
30	4MW18CS019	Bhoomika	2/CS	Bhoomika
31	4MW18CS070	Keethana. J	2/CS	
32	4MW18CS016	Ashritha	2/CS	
33	4MW18CS003	Aishwarya. S	2/CS	Aishwarya
34	4MW18CS015	Ashmi K	2/CS	
35	4MW17CS072	Shaikh Mehak	4/CS B	
36	4MW17CS071	SANJANA	4/CS	Sanjana
37	4MW17CS055	PRAJNA. U	4/CS	Prajna
38	4MW17CS073	SHAIKH MUSKAAN	4/CS	
39	4MW17CS083	Shrinidhi N	4/CS	
40	4MW17CS085	Shrinidhi	4/CS	
41	4MW18CS400	Rakeshita Kotion	4/CS	
42	4MW17CS096	Vandana	4/CS	
43	4MW17CS067	Sampoorna	4/CS	
44	4MW17CS049	Pallavi Kamath.	4/CS	Pallavi
45	4MW17CS050	Pallavi Patil	4/CS	
46	4MW17CS059	Preksha	4/CS	
47	4MW17CS088	Shloka	4/CS	Shloka
48	4MW17CS054	Prajna	4/CS	Prajna

INVITED TALK ON "WOMEN HEALTH ISSUES"

**Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal**

**DATE :29-4-2019
TIME : 3:15PM**

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
49	4MW17CS069	Samsen Abdul salam	4/CS	<i>Samsen</i>
50	4MW17CS089	SUSHMA	4/CS	<i>Sushma</i>
51	4MW17CS082	Shrilatha	4/CS	<i>Shrilatha</i>
52	4MW17CS063	Rashmi	4/CS	<i>Rashmi</i>
53	4MW17CS090	Swathi	4/CS	<i>Swathi</i>
54	4MW17CS065	Reefa	4/CS	<i>Reefa</i>
55	4MW17CS066	Salon Chaitra Suresh	4/CS	<i>Chaitra</i>
56	4MW17CS053	Poojashree	4/CS	<i>Poojashree</i>
57	4MW17CS061	Rakshitha R	4/CS	<i>Rakshitha R</i>
58	4MW17CS070	Samskrithi Jain	4/CS	<i>Samskrithi</i>
59	4MW18CS600	Shreevidya Rao A	4/CS	<i>Shreevidya</i>
60	4MW18CS034	Kavya	2/CS	<i>Kavya</i>
61	4MW18CS048	Mineeksha	2/CS	<i>Mineeksha</i>
62	4MW18CS057	Prashanthi	2/CS	<i>Prashanthi</i>
63	4MW18CS037	Kavya T.J	2/CS	<i>Kavya</i>
64	4MW18CS049	Nishnitha Shetty	2/CS	<i>Nishnitha Shetty</i>
65	4MW18CS038	Kupashree Bhat	2/CS	<i>Kupashree</i>
66	4MW18CS012	Anusha	2/CS	<i>Anusha</i>
67	4MW18CS011	Anusha	2/CS	<i>Anusha</i>
68	4MW18CS014	Asha	2/CS	<i>Asha</i>
69	4MW18CS028	Ashale	2/CS	<i>Ashale</i>
70	4MW18CS020	Chandana H. R:	2/CS	<i>Chandana HR</i>
71	4MW16CS026	Jyothi J. Kamath	6/CS	<i>Jyothi</i>
72	4MW16CS118	Zahreen	6/CS	<i>Zahreen</i>



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Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

29 April 2019
Ref.No.:SMVITM/2019-20/ 833

Dr. Jyothi R
Professor
Department of Medical Surgical Nursing
Manipal College of Nursing
Manipal, Udupi Tq & Dist.

Dear Madam

Sub: Letter of Gratitude

We are glad to have you as a resource person for a session titled "Women Health Issues" organized for the benefit of lady students and faculty of SMVITM held on 29 April 2019.

We sincerely express our gratitude for your immense support extended to make this program worthy and informative.

We look forward for your guidance and support in the days to come.

Thanking you

With regards

Thirumaleshwara Bhat
Thirumaleshwara Bhat

Principal
Principal
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