



**SMVITM**

**SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY & MANAGEMENT**

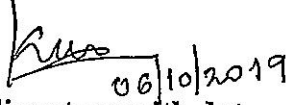
A Unit of Shri Sode Vadiraja Mutt Education Trust (R), Udupi  
Affiliated to the Visvesvaraya Technological University, Belgaum  
Approved by AICTE, New Delhi & Recognized by Govt. of Karnataka  
Vishwothamanagar, BANTAKAL - 574 115, Udupi, Karnataka, India


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Fax : 0820-2589184  
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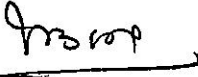
**Activity Request form**

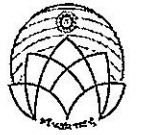
Academic Year	2019-20
Department/Section/ Committee/Cell	NSS-YRC-RC
Name of the Activity	Talk on "Endurance Ultra Cycling"
Participants	NSS-YRC-RC MEMBERS AND STAFF MEMBERS
Activity Date(s)	11.10.2019
Venue	Seminar hall, Admin block, SMVITM.

Financial support required from the Institute	No
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Kishor Kumar Aroor Name of the Coordinator	 Signature with date 06/10/2019
Signature of the HoD(if applicable)	

<u>Remarks by IQAC</u>	
 Signature 6/10/19	May be conducted

<u>Remarks by Principal</u>	
Seems to be useful to our staff & students. Proceed	
 Signature	



Mr. Kishor Kumar Aroor  
NSS, YRC & ROTRCT Coordinator

06 October, 2019

Ref No: 2019/ NSS/273

CIRCULAR

The National Service Scheme (NSS), Youth Red Cross (YRC) and Rotaract Club (RC) of Shri Madhwa Vadiraja Institute of Technology and Management (SMVITM), Bantakal, under Fit India Movement organized the Talk on "Endurance Ultra Cycling" 11 October 2019.

Mr. Narayan Nayak, Assistant professor, Department of Mechanical Engineering, SMVITM Bantakal was the resource person for the program.

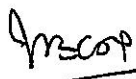
You are hereby informed to attend the session.

Venue: Seminar hall, Admin block.

  
NSS, YRC & ROTRCT Coordinator

Copy to:

1. HODs – to share the information with students
2. Principal / Vice Principal / Trust – For information

  
Principal  
SHRI MADHWA VADIRAJA  
INSTITUTE OF TECHNOLOGY & MANAGEMENT  
Vishwothama Nagar, Udupi Dist.  
BANTAKAL - 574 115



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11-10-2019

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**LETTER OF APPRECIATION**

I wish to place on record the sincere efforts of Mr. Narayan Nayak, Assistant Professor, Department of Mechanical Engineering, SMVITM Bantakal successfully conducted a Talk on "Endurance Ultra Cycling" on 11 October 2019 in the college premises.

I wish to express my sincere gratitude to all committee coordinators, committee members, Faculty/Staff members and student volunteers for taking care of every minute arrangement of the program. Kindly accept my sincere appreciation for your splendid support.

*9/30/19*

PRINCIPAL

Principal

SHRI MADHWA VADIRAJA

INSTITUTE OF TECHNOLOGY & MANAGEMENT

Vishwothama Nagar, Udupi Dist.

BANTAKAL - 574 115



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A Unit of Shri Sode Vadiraja Mutt Education Trust® Udupi  
Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA

## Activity Report

Academic Year	2019-20
Name of the Program	Talk on “Endurance Ultra Cycling” at SMVITM
Date	11.10.2019
Target Audience	NSS-YRC-RC MEMBERS AND STAFF MEMBERS
Number of Participants	87



Latitude 13.254605°  
Longitude 74.785047°

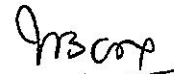
  
Principal  
SHRI MADHWA VADIRAJA  
INSTITUTE OF TECHNOLOGY & MANAGEMENT  
Vishwothama Nagar, Udupi Dist.  
BANTAKAL - 574 115

The National Service Scheme (NSS), Youth Red Cross (YRC) and Rotaract Club (RC) of Shri Madhwa Vadiraja Institute of Technology and Management (SMVITM), Bantakal, under Fit India Movement organized the Talk on "Endurance Ultra Cycling" 11 October 2019 in the college premise.

Mr. Narayan Nayak, Assistant professor, Department of Mechanical Engineering, SMVITM Bantakal was the resource person for the program. Mr. Narayan Nayak has completed India's toughest 600km Brevet (a long distance endurance cycling competition) in 40 hours. In addition to participating in a large number of such competitions he is also an extremely enthusiastic cyclist who endows his fitness to the long distance that he has racked up on his bicycle.

In his address he has spoken on a number of salient points regarding cycling and ultra-cycling. He also guided the gathering by giving detailed information about how to face difficult situations in long endurance cycling without losing hope. He also shared the information about how to lead a happy and quality life by maintaining the fitness of the body.

Institutional NSS/YRC/RC Coordinator Mr. Kishor Kumar Aroor and other departmental coordinators, Heads and staff members from various departments and all the office bearers of NSS/YRC and RC were present on the occasion. The program was compered by Ms. Akshatha P Upadhya.



Principal

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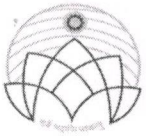
Session on: Talk on "Endurance Ultra Cycling"

Date: 11.10.2019

Time: 9:30AM

Venue: Seminar Hall Admin Block

Sl.No.	USN	NAME	SIGNATURE
1	4MW18CS001	AFNAAN	
2	4MW18CS002	AISHWARYA S	
3	4MW18CS003	AKANKSHA	
4	4MW18CS004	AKSHAY D SHETTY	
5	4MW18CS005	ANANYA BHAT	
6	4MW18CS006	ANINDITHA	
7	4MW18CS007	ANJALI	
8	4MW18CS008	ANUP HEGDE	
9	4MW18CS009	ANUSH BIJOOR	
10	4MW18CS010	ANUSHA	
11	4MW18CS011	ANUSHA	
12	4MW18CS012	AQSA BASHEER	
13	4MW18CS013	ASHA	
14	4MW18CS014	ASHMI K KOTIAN	
15	4MW18CS015	ASHRITHA SANIL	
16	4MW18CS016	BENAKA BHARADWAJA	
17	4MW18CS017	BHARGAVRAM UDUPA T	
18	4MW18CS018	BHOOMIKA	
19	4MW18CS019	CHANDANA H R	
20	4MW18CS020	CHIRAG H S	
21	4MW18CS021	DHANUSH	
22	4MW18CS022	DHANUSH VINAYAK HEGDE	
23	4MW18CS023	FAHIL	
24	4MW18CS024	FAREES AHMED SHAIKH	
25	4MW18CS025	FATHIMA NAMIHA	
26	4MW18CS026	G ADITYA	
27	4MW18CS027	GAUTHAM G NAYAK	
28	4MW18CS028	ADITHI. S. NAYAK	
29	4MW18CS029	GURUPRASAD	
30	4MW18CS030	HARIS K	
31	4MW18CS031	HITHEYESHH AACCHAR	
32	4MW18CS032	K NIVEDITHA KAMATH	
33	4MW18CS033	KARTHIK NAIK	
34	4MW18CS034	KAVYA	



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35	4MW18CS035	KAVYA KAMATH	<i>Kavya Kamath</i>
36	4MW18CS036	KAVYA RAO N	<i>Kavya Rao N</i>
37	4MW18CS037	KAVYA T J	<i>Kavya T J</i>
38	4MW18CS038	KRIPASHREE BHAT	<i>Kripashree Bhat</i>
39	4MW18CS039	KRISHNAMURTHI BHAGAWATH	<i>Krishnamurthi Bhagawath</i>
40	4MW18CS040	KRITHI S SHERIGAR	<i>Krithi S Sherigar</i>
41	4MW18CS041	MEGHANA ADIGA	<i>Meghana Adiga</i>
42	4MW18CS042	MOHAMMED ISMAIL	<i>Mohammed Ismail</i>
43	4MW18CS043	MOHAMMED SHAKEEL	<i>Mohammed Shakeel</i>
44	4MW18CS044	NAMEERA SULTHANA	<i>Nameera Sulthana</i>
45	4MW18CS045	NAVYA SHANBHAG	<i>Navya Shanbhag</i>
46	4MW18CS046	NEHA SHETTIGAR	<i>Neha Shettigar</i>
47	4MW18CS047	NIKHIL G POOJARY	<i>Nikhil G Poojary</i>
48	4MW18CS048	NIREEKSHA	<i>Nireeksha</i>
49	4MW18CS049	NISHMITHA SHETTY	<i>Nishmitha Shetty</i>
50	4MW18CS019	CHANDANA H R	<i>Chandana H R</i>
51	4MW18CS020	CHIRAG H S	<i>Chirag H S</i>
52	4MW18CS001	AFNAAN	<i>Afnaan</i>
53	4MW17ME048	RADEESH S KOTIAN	<i>Radeesh S Kotian</i>
54	4MW17ME049	RAKSHITH	<i>Rakshith</i>
55	4MW17ME050	RAKSHITH MUNDKUR	<i>Rakshith Mundkur</i>
56	4MW17ME053	SAINANDAN	<i>Sainandan</i>
57	4MW17ME054	SAMPATH KUMAR R SHETTY	<i>Sampath Kumar R Shetty</i>
58	4MW17ME055	SANATH KAMATH	<i>Sanath Kamath</i>
59	4MW17ME056	SHAMAN HEGDE	<i>Shaman Hegde</i>
60	4MW17ME057	SHANBHAG SHRINIVAS SHRIDHAR	<i>Shanbhag Shrinivas Shridhar</i>
61	4MW17ME058	SHARATH	<i>Sharath</i>
62	4MW17ME059	SHASHANK	<i>Shashank</i>
63	4MW17ME060	SHREYAS SIMHA G	<i>Shreyas Simha G</i>
64	4MW17ME061	SHRIVATHSA R B	<i>Shrivathsa R B</i>
65	4MW17ME062	SRIRAM	<i>Sriram</i>
66	4MW17ME063	SUVARNA ROSHAN PRAKASH	<i>Suvarna Roshan Prakash</i>
67	4MW17ME064	KUSHALA	<i>Kushala</i>
68	4MW17ME064	SWAROOP JAIN	<i>Swaroop Jain</i>
69	4MW17ME065	SYED ISMAIL	<i>Syed Ismail</i>
69	4MW17ME066	THANUSH	<i>Thanush</i>
70	4MW17ME067	U S VIGNESH	<i>U S Vignesh</i>
71	4MW17ME068	UDUPA OMKAR CHIDAMBARA	<i>Udupa Omkar Chidambara</i>
72	4MW17ME069	VIGNESH RAO	<i>Vignesh Rao</i>
73	4MW17ME070	VIKRAM B N	<i>Vikram B N</i>

Principal



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74	4MW17ME071	VIKRANTH KUMAR	V.K.R.
75	4MW17ME072	VILAS S SHETTY	Vilas S Shetty
76	4MW17ME073	VILTON HANSON DSOUZA	Vilton
77	4MW17ME074	VISHAL V SHETTY	Vishal.
78	4MW17ME075	YASHAS JANARDHAN ACHARY	Yashas
79	4MW17ME076	YASHAS SUBRAMANYA SHETTY	Yashas
80	4MW17ME077	SHASHANK S	Shashank S
81	4MW17ME078	DISHITH D SHETTY	Dishith D Shetty
82	4MW18ME400	VINAY B P	Vinay
83	4MW14ME126	KARTHIK KEDLAYA	Karthik
84	4MW15ME007	ALOK	Alok
85	4MW15ME013	AVITH V HEGDE	Avith V Hegde
86	4MW15ME017	DEEKSHITH	Deekshith
87	4MW15ME021	DEVI PRASAD	Devi Prasad

*Omara*  
Principal

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