SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT



A Unit of Shri Sode Vadiraja Mutt Education Trust® Udupi Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA

Activity Report

Academic Year	2019-20
Name of the Program	Motivational Talk
Target Audience	VI SEM
Resource person	Mr. Darpan Vasudev
Number of Participants	200
Date	12 Mar 2020, Thursday

REPORT: Talk on Self Awareness and Emotional Intelligence

Date: March 12, 2020 Venue: Seminar Hall, Admin Block

Introduction: The Training and Placement Cell organized a highly anticipated talk on "Self Awareness and Emotional Intelligence" by renowned motivational speaker, Mr. Darpan Vasudev. The session aimed to facilitate personal development among students by enhancing their understanding of their individual uniqueness and how they can leverage it in both personal and professional spheres.

Objective: The primary objective of the talk was to enlighten students about the importance of self-awareness and emotional intelligence in their personal and professional lives. Through Mr. Darpan Vasudev's expertise, students were encouraged to explore their own strengths, weaknesses, and emotions, and learn how to effectively manage them for personal growth and success.

Key Highlights:

Understanding Self-Awareness: Mr. Darpan Vasudev delved into the concept of self-awareness, emphasizing its significance in understanding one's own personality, values, beliefs, and behaviors. He encouraged students to engage in introspection and self-reflection to gain deeper insights into themselves.

Exploring Emotional Intelligence: The speaker elucidated the concept of emotional intelligence and its role in interpersonal relationships, decision-making, and overall well-being. Students learned about the five components of emotional intelligence – self-awareness, self-regulation, motivation,

Uniqueness and Personal Branding: Mr. Darpan Vasudev highlighted the importance of embracing one's uniqueness and leveraging it as a strength. He emphasized the value of personal branding and how students can authentically showcase their individuality to stand out in both personal and professional contexts.

Practical Strategies: The session included practical exercises and interactive discussions to help students apply the concepts of self-awareness and emotional intelligence in their daily lives. Students were encouraged to identify their strengths, weaknesses, and areas for improvement, and to develop action plans for personal development.

Date: 12 Mar 2020, Thursday

Venue: Seminar Hall, Admin Block



Event	Motivational Talk	
Date	12 March 2020	
Location	Admin block seminar hall	
Lat	13.254605	
Long	74.785047	

Shri Madhwa Vadiraja Institute of Technology and Management (A Unit of Shri Sode Vadiraja Mutt Education Trust®)

Vishwothama Nagar, Bantakal - 574 115, Udupi District, Karnataka, INDIA





Vidya Bhat

Training & Placement officer

11 March 2020

Ref No: 2020/ TPO/TPC/03

CIRCULAR:

The Training and Placement Cell is organizing a talk on Self Awareness and Emotional Intell igence by Motivational Speaker, Mr. Darpan Vasudev.

This is an important part of personal development where students will be able to understand how each of them are unique personally and how they can effectively leverage their uniqueness in their lives personally and professionally.

Date: 12 Mar 2020, Thursday Venue: Seminar Hall, Admin Block

I would like to extend a warm invitation to all faculty and students of all departments to attend this talk today.

Vidya Bhat

Training and Placement
MVITM, Bantakal - 574!15

Copy to:

1. Principal – For information

2. All HOD - For information

3. Assistant Training & Placement Officer

4. Departmental placement Faculty coordinators

5. All year classroom to read out

6. All Dept. & Placement Notice board



A Unit of Shri Sode Vadiraja Mutt Education Trust(R), Udupi
Affiliated to the Visvesvaraya Technological University, Belgaum
Approved by AICTE, New Delhi & Recognized by Govt. of Karnataka

Vishwothamanagar, Bantakal – 574 115, Udupi, Karnataka, India

Phone: 0820-2589182/183 Mobile: 74830 31199

Fax::0820-2589184
E-mail::info@sode-edu.in
Website::www.sode-edu.in

Activity Request form

Academic Year	2019 - 20		
Department/Section/ Committee/Cell	TPC - Bases Person	ral Deve	clopment Progras
Name of the Activity	Motivahonal take on El	-	0
Target Audience	6th Sem Students -	All bran	nches:
Activity Date(s)	12 March 2020	Time	12 -1.15 pm
Venue	Son To be dicided	•	
Resource Person	Mr. Darpan Vasuder	- Motive	ahonal Speaker

Expected expenditure		
S. No. Description	Amount	
1. Lunch for 2-4 people	150/-	
Total	1501-	

Source of fund (Sponsorship/Registration fee)				
S. No.	Description	Amount		
	Total	·		

Financial support required from the Institute	_

This talk is part of a promohonal event of Shorm Overseas manguration in this region and is sponsored by Shorm Overseas.

Volyabhat
02 Mar 20.

Remarks by IQAC

May be andereted



Remarks by Principal

Instructions

Coordinators are requested to get the approval from the Principal at least one week before the activity.

Name of the activity:

- FDP, EDP, Conference, staff development program
- IIOT, Project Exhibition, Farewell Program
- Inauguration/Valedictory of Cell/Clubs
- Alumni meet, PTA meet
- College promotional activity, career guidance program

Target Audience (with expected number of participants): Staff- Teaching or Non-teaching/department Students - Only registered students/compulsory

- Student details with class and departments

Resource Person: Name, Designation, Address and contact Number.

Expected expenditure: Includes Honorarium to resource person, if any TA/DA, Certificates, Food, Banner, Prize money etc.

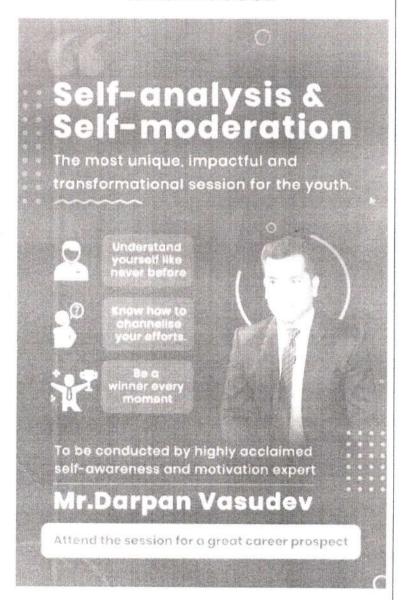


The session will cover the following elements –

- Be a winner in all aspects.
- Respecting teachers and loving ones parents.
- Contributing to the society in whichever way possible.
- Releasing stress and depression if any and feel good factor about oneself.

Duration: 1 hour 30 minutes

Participants: Final Year Students





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7.

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UK



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STORM OVERSEAS EDUCATION 3rd Floor

7338354545, 9845353250, 0824 4253250



SMVITM Placement Officer <placement@sode-edu.in>

Re: Session on EI - Mr Darpan Vasudev - confirming 12th March - Thursday

10 messages

Placement Officer SMVITM <placement@sode-edu.in>
To: Flona Shawn Soans <flona@stormoverseas.com>

Tue, Feb 25, 2020 at 1:40 PM

Confirming March 12th - Thursday for the talk. Pls let me know if any backend preparation is required.

Good Wishes,



Vidya Bhat

+91 9481032207/ /+91 7483031201.

Shri Madhwa Vadiraja Institute of Technology and Management, Bantakal - 574 115 Tel: [O] (+91-820) 258 9187

Email: placement@sode-edu.in; URL: www.sode-edu.in

Dream Big!

Don't be content being a BIG fish in a SMALL pond!

Aim to be a BIG fish in a BIG pond!

On Tue, Feb 25, 2020 at 1:07 PM Placement Officer SMVITM <placement@sode-edu.in> wrote: Dear Flona,

https://mail.google.com/mail/u/12ik=7e1f6ef7538view=nt8search=all8permthid=thread_a%3Ar38282105242652573618cimal=m

Greetings of the day!

In receipt of your email. Let me check the calendar of events for 12th as I am targetting the 6th sem students and interested 8th sem students as they are not in college all days.

Will confirm shortly.

SHRI MADHWA VADIRAJA
INSTITUTO OF TECHNOLOGY & MANAGEMENT

Aim to be a BIG fish in a BIG pond!

[Quoted text hidden]

Placement Officer SMVITM <placement@sode-edu.in>
To: Flona Shawn Soans <flona@stormoverseas.com>

Mon, Mar 9, 2020 at 3:12 PM

Dear Flona.

Good Afternoon!

Just checking about Mr Vasudev's talk on Thursday for the students of 6th sem as I need to send a circular to the students regarding the event

Good Wishes,



Vidya Bhat

+91 9481032207/ /+91 7483031201.

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[Quoted text hidden]

Flona Shawn Soans <flona@stormoverseas.com>
To: Placement Officer SMVITM <placement@sode-edu.in>

Dear Madam,

The talk is confirmed from our side. Just checking if we can begin at 12.30 and go to till 2? Please let me know, ma'am.

Mon, Mar 9,2020 at 8:18 PM

Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.

EANTAKAL - 574115

Placement Officer SMVITM <placement@sode-edu.in>
To: Flona Shawn Soans <flona@stormoverseas.com>

Mon, Mar 9, 2020 at 3:22 PM

Hi Flona.

Starting at 12.30 may not be possible as the class period starts at 12 noon till 1 pm. I can extend it till 1.30 as it is lunch time for the students.

Good Wishes,



Vidya Bhat

Head - Training & Placement +91 9481032207/ /+91 7483031201.

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[Quoted text hidden]

Flona Shawn Soans <flona@stormoverseas.com>
To: Placement Officer SMVITM <placement@sode-edu.in>

Mon, Mar 9, 2020 at 3:25 PM

No problem, then, ma'am.

We will see you on Thursday.

Thank you. Regards, Flona.

Sent from RediffmailNG on Android



SMVITM Placement Officer <placement@sode-edu.in>

Session on El - Mr Darpan Vasudev

2 messages

Flona Shawn Soans <flona@stormoverseas.com>
To: placement@sode-edu.in

Tue, Feb 25, 2020 at 11:31 AM

Dear Madam, Greetings from Storm Overseas!

As part of our launch campaign in Mangalore. We would conduct a motivational talk for the students of your esteemed institutions by our star speaker Mr. Darpan Vasudev.

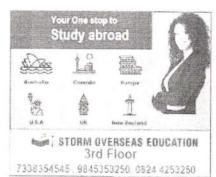
We have attached the profile of Mr Darpan Vasudev with the email for your reference. The session will focus on Emotional Intelligence and would last for about 1.5 hours. We request you Madam, to schedule this session on the 12th post noon as per your convenience.

Thank you, again, for your time and consideration.

Regards, Flona

Sent from RediffmailNG on Android

3 attachments



Storm_Overseas.jpg 117K

Mr_Darpan_Vasudev.pdf 79K

Session.docx 112K

Placement Officer SMVITM <placement@sor du.in> To: Flona Shawn Soans <flona@stormoverseac.com>

Tue, Feb 25, 2020 at 1:07 PM

Dear Flona,

Greetings of the day!

In receipt of your email. Let me check the calendar of events for 12th as I am targetting the 6th sem students and interested 8th sem students as they are not in college all days.

Will confirm shortly.

Good Wishes,



Vidya Bhat

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[Quoted text hidden]

SL NO	USN	Student Full Name	Branch of Engineering	Attendance
	0.000.000.000	HARSHAVARDHAN REDDY G N	CSE	Present
1		NAHUSH BHARADWAJ M	CSE	Present
2			CSE	Present
3		SANIYA TAZEEM	CSE	Present
4		MAHITH HEGDE PAI RAGHAVENDRA GOPINATH	CSE	Present
5			CSE	Present
6	4MW16CS092		CSE	Present
7		VIDYA D AMIN	CSE	Present
8	4MW17CS001		CSE	Present
9		ADITHYA D SANIL	CSE	Present
10	4MW17CS003		CSE	Present
11		AISHWARYA KEDLAYA K	CSE	Present
12		AKIHLALAKSHMI T BHAT	CSE	Present
13	4MW17CS006		CSE	Present
14	4MW17CS007		CSE	Present
15	4MW17CS008		CSE	Present
16		ANUSHA SHETTY	CSE	Present
17		ASHMITHA KALKUR		Present
18		ASHUTOSH KUMAR	CSE	Present
19		AYSHA SANA	CSE	Present
20		B APOORVA BHAT	CSE	Present
21	4MW17CS014		CSE	Present
22		C GAGAN BABU	CSE	Present
23		CHARITHRA KINI T	CSE	Present
24	4MW17CS017		CSE	Present
25		CHETHANA MOGAVEERA	CSE	
26		CHINTAN SHETTY	CSE	Present
27	4MW17CS020		CSE	Present
28		DEEKSHITHA ACHARYA	CSE	Present
29	4MW17CS022	DEEPAK NAYAK	CSE	Present
30	4MW17CS023	DEEPITH	CSE	Present
31	4MW17CS024	DEEPTHI VIOLA BARBOZA	CSE	Present
32	4MW17CS025	DHANARAJ	CSE	Present
33	4MW17CS026	DHANUSHREE	CSE	Present
34	4MW17CS027	DISHA SHETTY	CSE	Present
35	4MW17CS029	FAHEEM AHMAD	CSE	Present
36	4MW17CS030	GANESHA K S	CSE	Present
37	4MW17CS031	GANPAT PATEL	CSE	Present
38	4MW17CS032	HANSEN CLYDE LOBO	CSE	Present
39	4MW17CS033	HARIKRISHNA R	CSE	Present
40	4MW17CS034	HARSHA	CSE	Present
41	4MW17CS035	JEEVAN REBEIRO	CSE	Present
42		JITHESH SHENOY	CSE	Present
43	4MW17CS037		CSE	Present
44		K SHRIVATHSA	CSE	Present
45		KIRTHI NAYAK	CSE	Present
46		MAHIMA M VAKWADI	CSE	Present
47		MAHIMA S RAO	CSE	Present
48	4MW17CS042		CSE	Present

Principal

40	414141700042	MOHAMMED SAHIL	CSE	Present
49			CSE	Present
50	4MW17CS044		CSE	Present
51	4MW17CS045		CSE	Present
52	4MW17CS046		CSE	Present
53	4MW17CS048		CSE	Present
54		PALLAVI KAMATH	CSE	Present
55		PALLAVI PATIL	Construction	Present
56	The state of the s	PAREEKSHITH S	CSE	Present
57		POOJARY SHUBHAM SUNDER	CSE	Present
58	The contract of the last contract of the contr	POOJASHREE		Present
59	4MW17CS054		CSE	Present
60	4MW17CS055		CSE	Present
61		PRAJWAL B S	AND	Present
62		PRAMODA KALKURA	CSE	_
63		PRANAV R NAYAK N	CSE	Present
64	4MW17CS059		CSE	Present
65		PUNEETHRAJ B.	CSE	Present
66		RAKSHITHA R	CSE	Present
67	4MW17CS062		CSE	Present
68	4MW17CS063		CSE	Present
69	4MW17CS064	RAUNAK CHOUDHARY	CSE	Present
70	4MW17CS065		CSE	Present
71	4MW17CS066	SALIAN CHAITRA SURESH	CSE	Present
72		SAMPOORNA	CSE	Present
73		SAMRADH SHETTY	CSE	Present
74		SAMREN ABDUL SALAM	CSE	Present
75		SAMSKRITHI JAIN	CSE	Present
76	4MW17CS071		CSE	Present
77	The Day of the Party of the Par	SHAIK MEHAK	CSE	Present
78	4MW17CS073	SHAIKH MUSKAAN	CSE	Present
79	4MW17CS074	SHASHANK NAYAK	CSE	Present
80	4MW17CS076	SHETTY SAURABH LAVAKUMAR	CSE	Present
81	4MW17CS077	SHETTY VIGHNESH DHANRAJ	CSE	Present
82	4MW17CS078	SHLOKA S SHETTY	CSE	Present
83	4MW17CS079	SHREYAS G ACHARYA	CSE	Present
84	4MW17CS080	SHRI HARI KALLAPUR	CSE	Present
85	4MW17CS081	SHRIKALA	CSE	Present
86	4MW17CS082	SHRILATHA S	CSE	Present
87	4MW17CS083	SHRINIDHI N	CSE	Present
88	4MW17CS085	SRINIDHI	CSE	Present
89	4MW17CS086	SRIVATSA UPADHYA P	CSE	Present
90	4MW17CS087	SUHAS KASHYAP N	CSE	Present
91	4MW17CS088	SURYA	CSE	Present
92	4MW17CS089	SUSHMA	CSE	Present
93	4MW17CS090	SWATHI	CSE	Present
94	4MW17CS091	T NAMRATHA PAI	CSE	Present
95	4MW17CS092	ULLAS	CSE	Present
96	4MW17CS093	VAIBHAVA LAXMI	CSE	Present
97	4MW17CS094	VANDANA NAYAK	CSE	Present
98	4MW17CS095	YAHYA M H I ASADI	CSE	Present
99		ANIRUDHA B SHETTY	CSE	Present
100	All Care and a Committee of the Committe	PREETHAM R POOJARY	CSE	Present

101	4MW17CS401	NITHIN V	CSE	Present
102		KOTIAN RAKSHITHA RAMESH	CSE	Present
103		SHREE VIDYA RAO A	CSE	Present
104		DHEERAJ DINAKAR SHETTY	ECE	Present
105		NAGARAJ KAMATH	ECE	Present
106		PRAJWALA SHETTY	ECE	Present
107		PRATHIK B SHETTY	ECE	Present
108		SANATH KUMAR	ECE	Present
109	4MW17EC001		ECE	Present
110		ADARSHA HEBBAR	ECE	Present
111	4MW17EC003		ECE	Present
112	4MW17EC004	Constitution of the constitution	ECE	Present
113		AKSHATHA P UPADYA	ECE	Present
114		AMRIT T NAIK	ECE	Present
115		ANISHA H SHETTY	ECE	Present
116	Committee of the state of the s	ANUSHREE RAO	ECE	Present
117	4MW17EC010		ECE	Present
118		B PRADYUMNA TANTRY	ECE	Present
119	4MW17EC011		ECE	Present
120		BHARATH SHENOY	ECE	Present
121	4MW17EC014		ECE	Present
122		DEEKSHA JOGI	ECE	Present
123		DEVADIGA POOJA NARAYAN	ECE	Present
124		DHANYASHREE N	ECE	Present
125		DISHA D SHETTY	ECE	Present
126		GAUTHAM VIJAY N	ECE	Present
	4MW17EC020		ECE	Present
127	4MW17EC020		ECE	Present
128		JEEVAN JAGANNATH ACHARI	ECE	Present
129		K ADITH HOLLA	ECE	Present
130		K R SUPREETH KUMAR	ECE	Present
131		KAVANA MAHESH HEGDE	ECE	Present
132			ECE	Present
133	4MW17EC026		ECE	Present
134		M G SOUMYA MOHAMMED WASIM AKRAM	ECE	Present
135			ECE	Present
136	4MW17EC029		ECE	Present
137	4MW17EC030		ECE	Present
138		NAVYA D SHETTY	ECE	Present
139	MARKS OF THE PROPERTY OF THE PARTY OF THE PA	NIDISH M SUVARNA	ECE	Present
140	Description of the second seco	NIVEDITHA HEBBAR K	ECE	Present
141		NIVEDITHA NAYAK P	ECE	Present
142	4MW17EC035		ECE	Present
143	4MW17EC036			Present
144		PRADHYUMNA P TANTRY	ECE	
145	4MW17EC038		ECE	Present Present
146		PRAJYOTH P BHAT	ECE	AUDICIA CONTRACTOR
147		PRANAV K R	ECE	Present
148		PRASADA PAI	ECE	Present
149		PRASHANTH	ECE	Present
150		PRATHAM S KANCHAN	ECE	Present
151		PREEMA DSOUZA	ECE	Present *
152	4MW17EC046	PREETHAM KUMAR	ECE	Present

F2	4MW17EC047 P	RERANA	ECE	Present
	4MW17EC047 P		ECE	Present
	4MW17EC048 R		ECE	Present
	4MW1/EC049 R	ROOPESH KUMAR A	ECE	Present
			ECE	Present
-	4MW17EC051 S		ECE	Present
	4MW17EC052 S		ECE	Present
	4MW17EC053 S		ECE	Present
	4MW17EC054 S	SHARANYA	ECE	Present
		SHARANYALAXMI K	ECE	Present
	4MW17EC056	SHARATH KARANTH	ECE	Present
163	4MW17EC057	SHASHANK G KOLLE	ECE	Present
164		SHETTY NAMRATHA ANIL	ECE	Present
165	4MW17EC059		ECE	Present
166		SHREESHADASA	ECE	Present
167	4MW17EC061		ECE	Present
168	4MW17EC062	SHREYAS	ECE	Present
169	4MW17EC063	SHRIRAMA KRISHNAKUMA ACHARYA	ECE	Present
170	4MW17EC064	SHUBRATH MADHYASTHA	ECE	Present
171	4MW17EC065	SOURABH MOHAN REVANKAR	ECE	Present
172	4MW17EC066	SOWBHAGYA DERANNA RAI	Manager A.	Present
173		SOWJANYA DERANNA RAI	ECE	Present
174	4MW17EC068	SRIHARSHA S BHAT	ECE	Present
175	4MW17EC069	SUCHITRA NARAYAN NAIK	ECE	Present
176	4MW17EC070	SUDHARSHANA K	ECE	Present
177	4MW17EC071		ECE	Present
178	4MW17EC072	SUPREETHA S RAO	ECE	Present
179		SURAJ JAYARAM	ECE	A CASSESSES
180	4MW17EC074		ECE	Present
181	4MW17EC075	SUSHMITHA N DEVADIGA	ECE	Present
182	4MW17EC076		ECE	Present
183	4MW17EC077		ECE	Present
184		TRIPTHI SHETTY	ECE	Present
185	4MW17EC079		ECE	Present
186	4MW17EC080	VINAYAK ANANT HEGDE	ECE	Present
187	4MW17EC082	VINUTHA BHARGAVI	ECE	Present
CONTRACTOR	4MW16CV011		CIVIL	Present
188		MOHAMED DANIYAL B G	CIVIL	Present
189		ABDUL AZEEM	CIVIL	Present
190		AISHITA M HEGDE	CIVIL	Present
191		AJITH PATIL C S	CIVIL	Present
192		SHOUKATH ALI K H	CIVIL	Present
193			CIVIL	Present
194	4MW17CV407		CIVIL	Present
195	4MW18CV003		CIVIL	Present
196	The same and the s	HARISH ACHARYA	CIVIL	Present
197		JANVI V NILEKANI	CIVIL	Present
198		K VIVEK BALLAKURAYA	CIVIL	Present
199	4MW18CV007	KRIPA SHETTY H	CIVIL	Present