SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

(A Unit of Shri Sode Vadiraja Mutt Education Trust*, Udupi)

Accredited by NAAC with 'A' grade | Affiliated to VTU, Belagavi Approved by AICTE, New Delhi & Recognized by Govt. of Karnataka Vishwothama Nagar, Bantakal - 574115, Udupi District, Karnataka.



Activity Request form

Academic Year	2020-21	~	
Department/Section/ Committee/Cell	MS poots/NSS/Wa	onen Empone.	men cell.
Name of the Activity	World Yoga &		
Target Audience	Faculty staff	& Shidents	
Activity Date(s)	21/6/2021	Time	10An-11Am
Venue	6 med - online	organis destruita in principa de maria esta <mark>de</mark> productiva de la programa de la colonia de la comunicación	
Resource Person	Mr. Puneelt K.		

	Expected expenditure	
S. No.	Description	Amount
1.	Honorarium parid to the resource posson	1500/-
	Total	1500/

(Add rows if required)

S. No.	Description	Amount
4		
	Total	
inancial support requi	ired from the Institute	

(Add rows if required)

Nagaraje Rao
Name of the Coordinator

Signature with date

Principal

Signature of the HoD (If applicable)

CONTROLOGY & MANAGEM

SHRI MADHWA VADINASA INSTITUTE OF TECHNOLOGY AND THAT IS THE

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Remarks by IOAC

may be andusted

Signature 2

Remarks by Principal

Permitted

Signature

Instructions

Coordinators are requested to get the approval from the Principal at least one week before the activity.

Name of the activity:

- FDP, EDP, Conference, staff development program
- IIOT, Project Exhibition, Farewell Program
- Inauguration/Valedictory of Cell/Clubs
- Alumni meet, PTA meet
- College promotional activity, career guidance program

Target Audience (with expected number of participants):

- Staff: Teaching or Non-teaching/ department
- **Students:** Only registered students/compulsory. Student details with class and departments
- Resource Person: Name, Designation, Address and contact Number.
- Expected expenditure: Includes Honorarium to resource person, if any TA/DA, Certificates, Food, Banner, Prize money etc.

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Tel: 7483031199, 7483031200 | WhatsApp: 9611615001 | E-Mail: info@sode-edu.in | Website: www.sode-edu.in

Seeking the divine blessings from
SHRI SHRI VISHWAVALLABHA THEERTHA SWAMIJI

(Shri Sode Vadiraja Matha, Udupi)

Sports, Yoga and Fitness committee, NSS & Women Empowerment Cell of SMVITM cordially invites you to an Interactive session

to mark the observance of

"International Day of Yoga"

YOGA FOR HEALTH AND WELLNESS





MR. PUNEETH K

Certified Yoga Instructor, & Personal Trainer
Assistant Professor

Department of Mechanical Engineering
Sri Siddhartha Institute of Technology, Tumakuru.

SHRI MADHWA VADIRAJA

10:00 am - 11:00 am dupi Dist.

Monday, 21 June 2021

SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

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NATIONAL SERVICE SCHEME

ACTIVITY REPORT

Academic Year	2020-21	
Name of the Program	Celebration of International Yoga Day	
Date	21-06-2021	
Department/Cell	Sports, Yoga and Fitness committee, NSS and Women Empowerment Cell	
Resource Persons	Mr. Puneeth K	
Target Audience	Faculty, Staff and Students of SMVITM	
Number of Participants	300	

The Sports, Yoga and Fitness committee, NSS and Women Empowerment Cell of Shri Madhwa Vadiraja Institute of Technology and management has organized an interactive session on "Yoga for health and Wellness" to mark the observance of International Day of Yoga (IDY)-2021 on 21st, June Monday from 10am to 11am on Virtual mode. Mr. Puneeth K Certified Yoga Instructor & personal Trainer who is serving SSIT, Tumakuru as Asst. Professor was the resource person for the program. The program was a grand success with a participation of more than 300 members including the Principal, Vice Principal, HOD's, faculty, staff and students of SMVITM. Ms. Sowmya S, Assistant Professor, Dept. of Computer Science and Engineering conferred the program.

SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY & MANAGEMENT

Vishwothama Nagar, Udupi Dist. EANTAKAL - 574 115