SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

(A Unit of Shri Sode Vadiraja Mutt Education Trust*, Udupi)

Accredited by NBA | Accredited by NAAC with 'A' grade | Affiliated to VTU, Belagavi

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INSTITUTE OF TECHNOLOGY & MANAGEMENT Vishwothama Nagar, Udupi Dist Vishwothama Nagar, Udupi Dist RANTAKAL - 574 115

ACTIVITY REPORT

Academic Year	2022-23	
Name of the Program	Knowing Thyself- Journey into Self	
Date	26 December 2022	
Target Audience	Final & Pre Final Years	
Resource Person	Mr. Ankith S Kumar, Counsellor, NMAMIT, NITTE	
Number of Participants	125	

DETAILED REPORT OF THE ACTIVITY:

Department of Electronics and Communication in association with placement cell & ISTE student chapter organized a talk on "Knowing Thyself- A journey into self" on 24/12/2022 at 10am onwards in Seminar Hall, Admin Block, SMVITM for Final year students of all branches & pre final year students of ECE. The resource person was Mr. Ankith S Kumar, Counsellor, Abhyday-Department of Counselling, Welfare, Training & Placement, NMAMIT, NITTE. The Agenda of talk covered topics like mind health, brain space that's been utilized, knowing about inner self of an individual when time spent all alone.

It also focused on topics like distortion that is present in outside world, what to & how to focus on things which are important. Mr. Ankith also stressed on topics like positive attitude & having one, how it makes a difference; about values & ethics.

He also spoke about ideal self, real self & societal self, human behaviour in general & also discussed about how to deal with challenges that comes ahead in life. The session was activity based learning; it was truly inspiring & motivational session to students.

Ms.Shreya Upendra Nayak, Ms. Sukitha, 8th sem ECE students hosted & welcomed the session & Ms. Athmika,5th sem ECE delivered vote of thanks.

ISTE Coordinator Mr. Chethan, Placement Coordinators Ms. Yogeshwari & Ms. Lahari organized the program & Session was graced by HoD's of ECE, Civil & accompanied by Senior Faculties, Staffs & Students of SMVITM.

Photo:





Event	Knowing Thyself- Journey into Self 26 December 2022 Admin block seminar hall	
Date		
Location		
Lat	13.254605	
Long	74.785047	

SHRI MADHWA STOTE A
INSTITUTE OF TECHNOLOGY & MAT AGEMENT
Visnwothama Nagar, Udapi Dist
BANTAKAL - 574 115

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Dr. C K Manjunath

Head - Training & Placement

24 December 2022

Ref No: 2022/ TPO/TPC/22

CIRCULAR:

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The resource person was Mr. Ankith S Kumar, Counsellor, Abhyday-Department of Counselling, Welfare, Training & Placement, NMAMIT, NITTE.

The Agenda of talk covered topics like mind health, brain space that's been utilized, knowing about inner self of an individual when time spent all alone.

Dr. C K Manjunath

Training and Placement

Copy to:

- Principal For information
- 2. CSE, ECEHOD For information
- 3. Assistant Training & Placement Officer
- 4. Departmental placement Faculty coordinators
- 5. CSE, ECE Pre Final year students through mail
- 6. CSE, ECE Dept. & Placement Notice board

Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENI
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574115

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DEPARTMENT OF ELECTRONICS & COMMUNICATION

ENGINEERING
In association with
PLACEMENT CELL & ISTE



Organising a Talk On

KNOWING THYSELF

(A Journey into Self)



Mr. Ankith S Kumar
Counsellor
Abhyuday - Department of Counselling,
Welfare, Training & Placement
NMAMIT Nitte

Date: 24 December 2022 Time: 10AM Onwards

Venue: Seminar Hall (Admin Block)

ALL ARE CORDIALLY WELCOME

mose

SMVITM - Engineering your Career and Character with Care

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Vishwothama Nagar, Bantakal - 574115, Udupi District, Karnataka.



Knowing Thyself- Journey into Self on 26 Dec 2022 Candidate Name BRANCH Attendence				
	USN	Candidate Name	EC	Р
-	4MW20EC002	ABHILASH NAIK	EC	P
	4MW20EC003	ABHISHEK	EC	P
	4MW20EC004	ACHINTHYA	EC	P
_	4MW20EC005	ADARSH	EC	P
100	4MW20EC007	ADITHYA D NAYAK	EC	P
_	4MW20EC008	ADITHYA PRAKASH	EC	P
7	4MW20EC010	ANKITHA	100.95	P
8	4MW20EC011	ANKITHA ANNAPPA SHET	EC	P
9	4MW20EC012	ANUSHA(RAMACHANDRA)	EC	P
10	4MW20EC013	ANUSHA	EC	
11	4MW20EC014	ANUSHA A.R	EC	P
12	4MW20EC015	ASHISH CHANDRAN	EC	P
13	4MW20EC016	ASHWINI	EC	P
14	4MW20EC017	ATMIKA SHETTY	EC	Р
15	4MW20EC018	AUSTON ANTONY BARBOZA	EC	Р
16	4MW20EC019	HITHA L SHETTY	EC	Р
17	4MW20EC020	JEEVAN KUMAR	EC	P
18	4MW20EC021	K PREETHIKA KAMATH	EC	Р
19	4MW20EC022	KAZI MOHAMMED NABHAN	EC	P
20	4MW20EC024	KEERTHANA	EC	Р
21	4MW20EC025	LLOYD WINSTON PINTO	EC	Р
_	4MW20EC026	M DEEPAK ADHIKARI	EC	Р
-	4MW20EC027	MAHIMA V POOJARY	EC	Р
_	4MW20EC028	MANASA ACHARYA	EC	Р
	4MW20EC029	MANASA GANAPATHI BHAT	EC	Р
_	4MW20EC030	MANISH JOGI	EC	P
	4MW20EC031	MEDINI SANTHOSH NAIK	EC	P
	4MW20EC032	MOOLYA HARSHATHA SADANANDA	EC	P
	4MW20EC033	N G SOWJANYA	EC	Р
-	4MW20EC034	NAGARAJ	EC	P
_	4MW20EC035	NIKHITHA SHETTY	EC	P
_	4MW20EC038	POOJA	EC	P
_	3 4MW20EC036	NISHA JOSNA DSOUZA	EC	P
34		ANJALI SHET	CSE	Р
	(1)	KAJAL KUMARI	CSE	Р
35		KARTHIK H AMIN	CSE	Р
36		KARTHIK V SHETTY	CSE	Р
37		KAVYA	CSE	Р
38		KEERTHAN K KARKERA	CSE	Р
3	4MW19CS048 4MW19CS050	M SOWMITHA PAI	CSE	P

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INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Г	LICH	Knowing Thyself- Journey into Self Candidate Name	BRANCH	Attendence
+	USN	MANISH KUMAR H.J	CSE	P
1	4MW19CS051	MANISH PRAKASH SHRIYAN	CSE	Р
2	4MW19CS052	ADITHI P	ECE	P
3	4MW19EC002	ADITHYA S BHAT	ECE	P
4	4MW19EC003	AKSHATHA ANILKUMAR RENJAL	ECE	Р
5	4MW19EC004	AKSHAY	ECE	P
16	4MW19EC005	AKSHAY K G	ECE	Р
17	4MW19EC006	ANWITHA RAO P	ECE	Р
18	4MW19EC007	ARUN J KUNDGOLKAR	ECE	Р
19	4MW19EC008 4MW19EC009	BHOOMIKA	ECE	Р
0		CHAITHRA KULAL	ECE	Р
51	4MW19EC010	CHANDRAKALA	ECE	P
52	4MW19EC011	CHAYA NAIK	ECE	Р
53	4MW19EC012	DEEPA NAYAK	ECE	Р
54	4MW19EC013	DHEEKSHA A SUVARNA	ECE	P
55	4MW19EC014		ECE	P
56	4MW19EC015	DHEERAJ DILEEP A R	ECE	Р
57	4MW19EC016	DIVYASHREE	ECE	Р
58	4MW19EC017		ECE	Р
59	4MW19EC018	HARSHITHA SHETTY HEMANTH V PRABHU	ECE	Р
60	4MW19EC019		ECE	Р
61	4MW19EC020	HRISHIKA	ECE	Р
62	4MW19EC021	K RAKESH	ECE	P
63	4MW19EC022	K SRINIVAS KAMATH	ECE	Р
64	4MW19EC023	KARTHIK N	ECE	P
65	4MW19EC024	KEERTHAN	ECE	P
66	4MW19EC025	KIRANA D N	ECE	P
67	4MW19EC026	LOHITH V P	ECE	P
68	4MW19EC027	MANTHANA K	ECE	P
69	4MW19EC028	MEGHANA BAPAT K	ECE	P
70		MEGHANA R BHAT	ECE	P
71	4MW19EC030	MENAKA R J	ECE	P
72	HERVIOLET IS A SOURCE SHOW IN SECTION S	NEEMA B SHETTY	ECE	P
73		NIKITHA	ECE	P
74	The second secon	NISHANTH	ECE	P
75		PRAJWAL	ECE	P
76		PRAJWAL UPADHYA	ECE	P
77		PRASANNA NAYAK	ECE	P
78		PRASTHUTHI AMIN	ECE	P
79		PRATHEEKSHA	ECE	P
80	4MW19EC040	RACHANA	ECE	P
81	4MW19EC041	RAKSHATH KUMAR		P
82	4MW19EC043	RAKSHITHA R NAYAK	ECE	P
83	4MW19EC044	RASHMITHA BHAT	ECE	P
84	4MW19EC045	RITHESH KUMAR	ECE	P
85	4MW19EC046	RUHAIMA	ECE	P
86	4MW19EC047		ECE	P
8	4MW19EC048	SAMEEKSHA	ECE	P

Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMS
Vishwothama Nagar, Udupi Dist
BANTAKAL - 574415

T	Knowing Thyself- Journey into Self on 26 Dec 2022 USN Candidate Name BRANCH Attendence						
	USN	1000 OPEN AND CONTROL OF THE PROPERTY OF THE P	ECE	P			
88	4MW19EC049	SAMEEKSHA P U	ECE	P			
89	4MW19EC050	SHANTHIKA	ECE	P			
90	4MW19EC051	SHANTHKUMAR C K	ECE	P			
91	4MW19EC052	SHARANYA (U UDAYA)					
92	4MW19EC053	SHARANYA (SANTOSH)	ECE	P			
93	4MW19EC054	SHETTY NITHIN VIJAY	ECE	P			
94	4MW19EC055	SHRAVAN S	ECE	P			
95	4MW19EC056	SHREEPATHI	ECE	P			
96	4MW19EC057	SHREESHA S AITHAL	ECE	P			
97	4MW19EC058	SHREESHA	ECE	P			
98	4MW19EC059	SHREYA	ECE	P			
99	4MW19EC060	SHREYA DEVADIGA	ECE	Р			
100	4MW19EC061	SHREYA UDUPA S	ECE	Р			
101	4MW19EC062	SHREYA UPENDRA NAYAK	ECE	P			
102	4MW19EC063	SHREYAS ACHARYA	ECE	Р			
103	4MW19EC064	SHREYAS M NAIK	ECE	Р			
04	4MW19EC065	SHRIKRISHNA BHAT	ECE	P			
105	4MW19EC066	SHRINIKETH	ECE	P			
106	4MW19EC068	SHWETHA PRABHU	ECE	P			
107	4MW19EC069	SIJAL KUMARI	ECE	P			
108	4MW19EC070	SINCHANA	ECE	P			
109	4MW19EC071	SNEHA J S	ECE	Р			
110	4MW19EC072	SOUJANYA S	ECE	Р			
111	4MW19EC074	SRIJANYA	ECE	Р			
112	4MW19EC075	SRINIDHI S K	ECE	Р			
113	4MW19EC076	SUDEEP	ECE	Р			
114	4MW19EC077	SUKHITHA K S	ECE	Р			
115	4MW19EC079	SUMUKHA HATWAR K N	ECE	P			
116	4MW19EC080	SWATHI BHAT	ECE	P			
117	4MW19EC081	TABISH AKBAR	ECE	P			
118	4MW19EC082	TULASI D J	ECE	P			
119	4MW19EC082	UJWAL U SHETTY	ECE	P			
_		VARALAKSHMI	ECE	P			
120	4MW19EC084		ECE	P			
121	4MW19EC085	VARSHINI ACHARYA	ECE	P			
122	4MW19EC086	WILSON NORONHA	ECE	P			
123	4MW19EC087	YASHASWINI R AMIN		P			
124 125	4MW19EC088 4MW20EC400	YASHWANTH NAIK SUJAN	ECE ECE	P			

Principāl SHRI MADHWA VADIRĀJĀ WSTITUTE OF TECHNOLOGY & MANAĢĒMĒN Vishwothama Nagar, Udupi Dist BANTAKAL - 574 119