



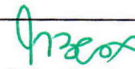
Criteria-7: Institutional Values and Best Practices

Metric No. and type	Description	Weightage
7.1.1, QIM	Institution has initiated the Gender Audit and measures for the promotion of gender equity during the last five years. Describe the gender equity & sensitization in curricular and co-curricular activities, facilities for women on campus etc	10

GENDER SENSITIZATION ACTIVITIES

2018-19

SL NO	Activity	Page No
1	Training Session on Self-Defense	2
2	Yoga Certification Program	10
3	Quiz on Legal Rights of Women	27
4	Talk on "Gender Equity"	46
5	International Women's Day Celebration	62
6	Talk on Women Health Issues	73


Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115



SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY & MANAGEMENT

A Unit of Shri Sode Vadiraja Mutt Education Trust (R), Udupi
Affiliated to the Visvesvaraya Technological University, Belgaum
Approved by AICTE, New Delhi & Recognized by Govt. of Karnataka

Vishwothamanagar, BANTAKAL - 574 115, Udupi, Karnataka, India

Phone : 0820-2589182
: 0820-2589183
Fax : 0820-2589184
E-mail : info@sode-edu.in
Website : www.sode-edu.in

Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment cell		
Name of the Activity	Training Session on Self Defense.		
Target Audience	First year Girl Students of SMVITM		
Activity Date(s)	20-08-2018	Time	3.00PM
Venue	Library Block Seminar Hall 3		
Resource Person	Ms Mamatha, Final year EC Student		

Expected expenditure		
S. No.	Description	Amount
		—
Total		

(Add rows if required)

Source of fund (Sponsorship/Registration fee)		
S. No.	Description	Amount
		—
Total		

(Add rows if required)

Financial support required from the Institute	
---	--

Dr. Lolita Priya Castelino	<i>Priya</i> 14/08/2018
Name of the Coordinator	Signature with date
Signature of the HOD (if applicable)	

Arjun
Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Remarks by IQAC

May be conducted


Signature

Remarks by Principal

Permitted



Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Signature



Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
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Website : www.sode-edu.in

Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

18 August 2018

Ref No: 2018/PRIN/71

CIRCULAR

Women Empowerment Cell of SMVITM is organizing a training session on "Self-defense" for the first year girls on 20 August 2018 at 3PM in the Seminar hall no. 3 (Library Block). All first year girl students are requested to attend the session and to make best use of it.

Thirumaleshwara Bhat

Copy to:

1. All HODs & Section Heads for information.
2. Notice Board.
3. To be read in all the first year classes only.
4. Trust Office.

Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115



SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

A Unit of Shri Sode Vadiraja Mutt Education Trust® Udupi
Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA

Activity Report

Academic Year	2018-19
Name of the Program	Training Session on Self-defense
Date	20-08-2018
Target Audience	First year girls students of SMVITM
Resource Person	Ms. Mamatha, Student, SMVITM
Number of Participants	68 (M-0; F-68)

Shri Madhwa Vadiraja Institute of Technology and Management under the aegis of women empowerment cell of SMVITM has organized a training session on self-defense for the benefit of the first year girl students of the institution on 20 August 2018 at the college premises. Ms. Mamatha of final year Electronics and Communication Engineering of the institute was the resource person.

In the days when there is increasing rates of crimes and rapes, it is necessary that one should be able to protect themselves. In times where there is no access to any sort of help having knowledge on self-defense would help in protecting oneself. In this regard, self-defense training session was arranged for the benefit of girls.

Various methods of self-defense and basic moves of karate were demonstrated to the first-year girl students and also few tips were given on how to protect oneself from the possible attacks. The workshop was beneficial for the first year students to boost their confidence and to have a feeling of security while being alone on any occasion. Mr. Chethan, Assistant Professor, Department of ECE assisted the trainer and students.

Principal

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INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115



Caption	"Self Defense"
Venue	Library Block Seminar Hall 3
Latitude	13.254285
Longitude	74.784142



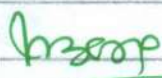

 Principal
 SHRI MADHWA VADIRAJA
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 Vishwothame Nagar Udupi Dist.
 BANTANKAL - 574 115

TRAINING ON SELF -DEFENCE

RESOURCE PERSON : MR.CHETHAN AND MISS.MAMATHA

DATE: 20-08-2018

SI.NO	Student Name	SIGNATURE
1	KEERTHANA J SHETTY	<i>Keerthana</i>
2	SHREYA	<i>Shreya</i>
3	AISHWARYA S	- absent -
4	AKANKSHA	absent-
5	ANANYA BHAT	<i>Ananya</i>
6	ANINDITHA	<i>Aninditha</i>
7	ANJALI	absent-
8	ANUSHA	<i>Anusha</i>
9	ANUSHA	<i>Anusha</i>
10	AQSA BASHEER	<i>Aqsa</i>
11	ASHA	absent-
12	ASHMI K KOTIAN	<i>Ashmi</i>
13	ASHRITHA SANIL	absent-
14	BHOOMIKA	<i>Bhoomika</i>
15	CHANDANA H R	<i>Chandana H.P</i>
16	FATHIMA NAMIHA	<i>Fathima Namiha</i>
17	ADITHI S NAYAK	absent-
18	K NIVEDITHA KAMATH	<i>Niveditha Kamath</i>
19	KAVYA	<i>Kavya</i>
20	KAVYA KAMATH	<i>Kavya K</i>
21	KAVYA RAO N	<i>Kavya</i>
22	KAVYA T J	<i>Kavya</i>
23	KRIPASHREE BHAT	<i>Kripashree</i>
24	KRITHI S SHERIGAR	<i>Krithi</i>
25	MEGHANA ADIGA	<i>Meghana</i>
26	NAMEERA SULTHANA	<i>Nameera</i>
27	NAVYA SHANBHAG	<i>Navya</i>
28	NEHA SHETTIGAR	<i>Neha</i>
29	NIREEKSHA	<i>Nireeksha</i>
30	NISHMITHA SHETTY	<i>Nishmitha Shetty</i>
31	PRAJNA Y	absent-
32	PRAJNASHREE P ACHAR	<i>Prajna</i>
33	PRAKRITHI S RAO	<i>Prajna</i>
34	PRASHANTHI	<i>Prashantha</i>


Principal
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 Vishwothama Nagar, Udipi Dist.
 BANTAKAL - 574 115

35	RASHMITHA	Rashmitha
36	S SINCHANA	Sinchana
37	SAHANA B T	Sahana B.T
38	SHARANYA M	absent -
39	SHARANYA U	absent -
40	SHETTY SNEESHA DINESH	Sneesha
41	SHILPA LOKANATH AMIN	Shilpa
42	SHREYA NAYAK K	Shreya
43	SHREYA SUBHASH CHANDRA SHETTY	Shreya
44	SMITHA	Smitha
45	SNEHA	Sneha
46	SNEHA	Sneha
47	SOUBHAGYA KARANTHA V	Soubhagya Karantha
48	SUMAYYA	Sumayya
49	SUSHMITHA N	Sushmitha N
50	TWENSICA SWEDEL PINTO	Twensica
51	VAISHNAVI	Vaishnavi
52	VARSHA E G	Varsha
53	BINDU K P	absent -
54	JANVI V NILEKANI	Janvi
55	KRIPA SHETTY H	Kripashetty
56	VRANDANA K G	Vrandana
57	AISHWARYA	Aishwarya
58	APEKSHA	Apeksha
59	BHOOMIKA J S	Bhoomika J.S
60	CHAITRA B R	Chaitra
61	DEEKSHA J SALIAN	Deeksha
62	DEEPTHI M POOJARY	Deepthi
63	KARUNYA	Karunya
64	NAMRATHA NAGARAJ RAO	Namratha
65	NAYAK DHANASHREE ASHOK	Dhanashree
66	NEHA KINI	Neha
67	NIHARIKA BALTHILLAYA	absent -
68	POOJA C SHETTY	Pooja
69	PRANAVASHREE	Pranavashree
70	PREETHI	Preethi
71	RATHNASHREE R ACHARYA	Rathnashree
72	RIYA PRABHU	Riya
73	SHAMITHA SHANBHOGUE K	Shamitha
74	SHREYA S NAVELKAR	Shreya
75	SHREYA T KOTIAN	Shreya T. Kotian
76	SHWETA RAMACHANDRA BHAT	Shweta
77	SINCHANA L SHETTY	Sinchana
78	SOWMYA	Sowmya
79	SRIRAKSHA K	Sriraksha
80	SUSHMA	absent -

GUYIA only

Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
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E-mail : info@sode-edu.in
Website : www.sode-edu.in

Dr. Thirumaleshwara Bhat

BE, M.Tech., Ph.D., MISTE

PRINCIPAL

20 August 2018

Ms. Mamatha

(USN: 4MW14EC043)

Student

SMVITM, Bantakal

Dear Ms. Mamatha

Sub: Letter of Appreciation

It is with great sense of gratitude and appreciation I offer you the words of thanks for sharing your experiences and giving the demonstration on "**Self-defense**" for first year girls students of SMVITM held on 20 August 2018. The session was beneficial to the students.

Thanking you

With regards

Thirumaleshwara Bhat

Thirumaleshwara Bhat

Thirumaleshwara Bhat

Principal

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INSTITUTE OF TECHNOLOGY & MANAGEMENT
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E-mail : info@sode-edu.in
Website : www.sode-edu.in

Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment cell		
Name of the Activity	yoga Certification Program		
Target Audience	Lady Faculty, Staff and girls students of SMVTM		
Activity Date(s)	24-09-2018 to 10-10-2018	Time	5:00PM-6:00 PM.
Venue			
Resource Person	Mr. Sreenivas B.M, Physical Director of SMVTM		


Expected expenditure		
S. No.	Description	Amount
		—
Total		

(Add rows if required)

Source of fund (Sponsorship/Registration fee)		
S. No.	Description	Amount
		—
Total		

(Add rows if required)

Financial support required from the Institute	
---	--

Dr. Lolita Priya castelino . Name of the Coordinator	 Signature with date 20/09/2018
Signature of the HOD (if applicable)	


Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Remarks by IQAC

May be conducted

 20/10/18
Signature

Remarks by Principal


Permitted



Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udipi Dist.
BANTAKAL - 574 115

Signature



Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udipi Dist.
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**SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY AND MANAGEMENT**



in association with



WOMEN EMPOWERMENT CELL

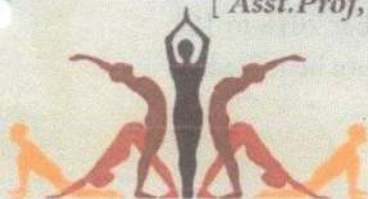
presents

YOGA CLASSES

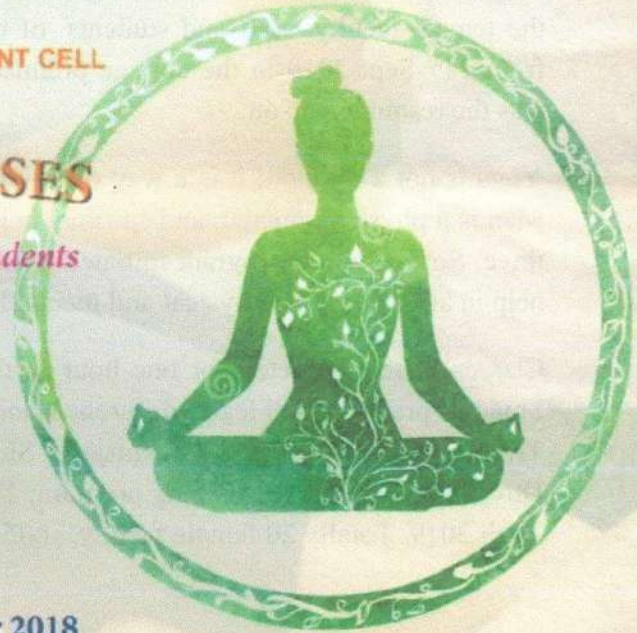
for ladies and girl students

Duration : 30 Hours [*Everyday after class hours*]

Register with: Ms. Tejaswini H
[*Asst. Prof, Dept of CSE, SMVITM, Bantakal*]



Last Date : 22nd September 2018



Amritha
Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115



**SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY
AND MANAGEMENT**

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Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA**

Activity Report

Academic Year	2018-19
Name of the Program	Yoga certification program
Date	Alternate Working days after class hours (starting from 24-09-2018 to 10-04-2019)
Target Audience	Lady Faculty, staff and girl students of SMVITM
Resource Person	Mr. Sreenivas B M
Number of Participants	Female Staff Members: 03 Female Students Members: 17

Shri Madhwa Vadiraja Institute of Technology and Management in association with the Women Empowerment Cell of SMVITM organized a 30 hours training program on Yoga for the benefit of the female faculty, staff and students of the institution, every alternate day after college hours from 24th Sept 2019 in the college premises. Mr. Sreenivas B M., Physical Director, SMVITM was the resource person.

Yoga is not a religion; it is a way of living that aims towards a healthy mind in a healthy body. Man is a physical, mental, and spiritual being; yoga helps promote a balanced development of all three. So this was a program initiated by the Women empowerment cell whose intention was to help in attaining good physical and mental health and better concentration.

Classes were conducted for one hour in the evening from 5 PM to 6 PM every alternate day. Students practised and learnt different asanas such as Taadaasana, Vrikshasana, Surya Namaskara, Trikonasana, Bhadrasana, Vakrasana, Shashankasana, Bhujangasana, Shavasana, Pranayama, Dhyana etc. during the training program. The classes were held from 24th September 2018 to 10th April 2019. Totally 20 female faculty, staff and students attended the course and were benefited.

[Handwritten Signature]

Principal

**SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115**



Caption	"Yoga Course"
Venue	Library Block Seminar Hall 3
Latitude	13.254285
Longitude	74.784142



Jr 200
Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Yoga classes (2018-19)

Attendance Sheet

S.No	Name \ Class No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
1	MEGHANA G	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg
2	VAISHNAVI V	Var	Var	Var	Var	Var	Var	Var	Var	AB	Var	Var	Var	Var	Var	Var
3	SHIVANI P	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi
4	SHREYA	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr
5	PRAJNA ACHARYA	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra
6	PRANAVASHREE	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn
7	NAMRUTHA	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam
8	SUPRITHA	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su
9	PRAFULLA NAYAK	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf
10	BANU N S	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN
11	SUCHITHRA	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch	Sch
12	NISHA (Staff)	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis
13	RAVIPRABHA (Staff)	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav
14	LOLITA PRIYA (Staff)	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol
15	JYOTHI SHET	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy
16	HARSHITHA D N	Har	Har	Har	Har	A	A	Har	Har	A	Har	Har	Har	Har	Har	Har
17	KEERTHANA CRASTA	K	K	K	A	K	K	K	A	K	K	K	K	K	A	K
18	M SOWMYASHREE	Sow	Sow	Sow	AB	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow
19	CHANDANA	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan	Chan
20	ANJALI	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A

S.No	Name \ Class No.	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
1	MEGHANA G	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg	Meg
2	VAISHNAVI KATTE	Var	Var	Var	Var	Var	Var	Var	AB	Var	Var	Var	Var	Var	Var	Var
3	SHIVANI P	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi
4	SHREYA	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr	Shr
5	PRAJNA ACHARYA	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra	Pra
6	PRANAVASHREE	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn	Prn
7	NAMRUTHA	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam	Nam
8	SUPRITHA	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su
9	PRAFULLA NAYAK	Prf	Prf	Prf	Prf	AB	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf	Prf
10	BANU N S	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN	BN
11	SUCHITHRA	Sch	Sch	Sch	Sch	Sch	AB	Sch	Sch	Sch	Sch	AB	Sch	Sch	Sch	Sch
12	NISHA (Staff)	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis	Nis
13	RAVIPRABHA (Staff)	Rav	Rav	AB	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav	Rav
14	LOLITA PRIYA (Staff)	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	Lol	AB	Lol
15	JYOTHI SHET	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy	Jy
16	HARSHITHA D N	Har	Har	Har	Har	Har	Har	Har	Har	Har	Har	A	Har	Har	Har	Har
17	KEERTHANA CRASTA	K	A	K	K	K	K	A	K	K	K	A	K	K	A	K
18	M SOWMYASHREE	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow	Sow
19	CHANDANA	Chan	Chan	Chan	Chan	Chan	Chan	A	Chan	Chan	Chan	A	Chan	Chan	A	Chan
20	ANJALI	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A



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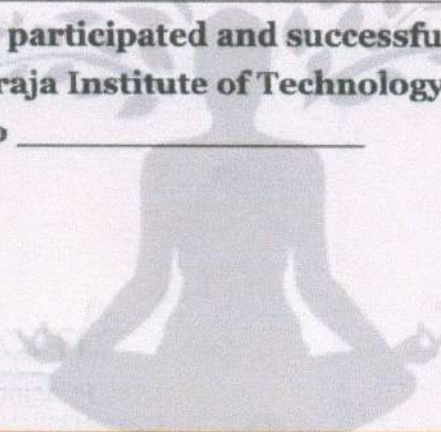


WOMEN EMPOWERMENT CELL

This is to certify that Ms _____ bearing USN
_____ has participated and successfully completed **“Yoga Course”**
held at Shri Madhwa Vadiraja Institute of Technology and Management, Bantakal
from _____ to _____



WEC Coordinator



Principal

Arzoo

Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574115



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E-mail : info@sode-edu.in
Website : www.sode-edu.in

Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

11 April 2019

Mr. Sreenivas B M
Physical Education Director
SMVITM, Bantakal

Dear Sir


Sub: Letter of Gratitude

We are glad to have you as a resource person to our certification course on yoga classes for the benefit of girl students, SMVITM held during 24-09-2018 to 10-04-2019.

I thank you for sparing your valuable time and sharing your knowledge for the benefit of our lady faculty, staff and students.

Thanking you

With regards


Thirumaleshwara Bhat
Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115


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SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

A Unit of Shri Sode Vadiraja Mutt Education Trust® Udupi
Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA

Course Delivery Plan

Academic Year	2018-2019
Name of the Program	Yoga Classes
Date	Every alternate day after college hours
Target Audience	Lady faculty, staff and students of SMVITM
Resource Person	Mr. Sreenivas B M
Number of Participants	20
Number of Hours (L/T/P)	30hrs

Course Plan

Course Content

S.N	DAYS	NAME OF THE ASANAS	TIMINGS	RESOURCE PERSON	PLACE
1	Day 1	Yoga mantra and Omkar. (Yogena chithasya) Pranayama ... kapalbhathi anuloma viloma Yoga exercises 5 to 10mints. Tadasana Ardhakatichakrasana Ardhachakrasana 10 minutes savasana	1 hr.	Mr. Sreenivas B M	SMVITM
2	Day 2	Yoga mantra and Omkar. (Yogena chithasya) Pranayama ... kapalabhathi anuloma viloma Yoga exercises 10 to 15 minutes. Tadasana Ardhakatichakrasana Ardhachakrasana 10 minute savasana	1 hr.	Mr. Sreenivas B M	SMVITM
3	Day 3	Yoga mantra and Omkar. (Yogena chithasya) Pranayama ... Practice	1hr	Mr. Sreenivas B M	SMVITM
4	Day 4	Yoga exercises 5 to 10 mins Practice and another asana padahastasana trikonasana virabhadrasana 1	1hr	Mr. Sreenivas B M	SMVITM Principal

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5	Day 5	Yoga exercises 5 to 10 mins Practice and another asana padahastasana trikonasana virabhadrasana 1	1hr	Mr. Sreenivas B M	SMVITM
6	Day 6	Yoga exercises 5 to 10 mins Practice and another asana Virabhadrasana 1 and 2 Parshvakatichakrasana Parivrutha trikonasana Savasana	1hr	Mr. Sreenivas B M	SMVITM
7	Day 7	Yoga exercises 5 to 10 mins Practice and another asana Virabhadrasana 1 and 2 Parshvakatichakrasana Parivrutha trikonasana Savasana	1hr	Mr. Sreenivas B M	SMVITM
8	Day 8	Yoga exercise 5 minutes Pranayama..kapalbhati nadisodana ,bhastrika and asana practice.	1hr	Mr. Sreenivas B M	SMVITM
9	Day 9	Suryanamaskar 10 positions	1hr	Mr. Sreenivas B M	SMVITM
10	Day 10	Yoga exercise 5 minutes Pranayama and same asana, Surya namaskar and	1hr	Mr. Sreenivas B M	SMVITM
11	Day 11	Repetitions	1hr	Mr. Sreenivas B M	SMVITM
12	Day 12	Pranayama and asana Hastha uttanasana Parsvakonasana padastasana	1hr	Mr. Sreenivas B M	SMVITM
13	Day 13	Surya Namaskar and same asana	1hr	Mr. Sreenivas B M	SMVITM
14	Day 14	Sitting asana. Dandasana Vajrasana Shashankasana Supta vajrasana	1hr	Mr. Sreenivas B M	SMVITM
15	Day 15	Sitting asana and surya namaskar savasana	1hr	Mr. Sreenivas B M	SMVITM
16	Day 16	Fitness exercise 20 minutes and 20 minutes savasana	1hr	Mr. Sreenivas B M	SMVITM
17	Day 17	5 minute yoga exercise and surya namaskar, janushirshasana paschimottanasana veerasana supta veerasana	1hr	Mr. Sreenivas B M	SMVITM
18	Day 18	Repetitions	1hr	Mr. Sreenivas B M	SMVITM
19	Day 19	5 minutes yoga exercise Sitting asana and ustrasana .	1hr	Mr. Sreenivas B M	SMVITM
20	Day 20	5 minutes yoga exercise and asanas padmasana practice Parvatasana ,baddha padmasana, savasana	1hr	Mr. Sreenivas B M Principal	SMVITM

21	Day 21	5 minutes yoga exercise Poorvothasana Upavistasana Baddha Konasana Vakrasana	1hr	Mr. Sreenivas B M	SMVITM
22	Day 22	Pranayama and surya namaskar	1hr	Mr. Sreenivas B M	SMVITM
23	Day 23	Pranayama kapalbhati Nadisodana , bramari Bhastrika ,sithilikarana And suryanamaskar, 10 minutes savasana	1hr	Mr. Sreenivas B M	SMVITM
24	Day 24	All repetition, ardha matsyendrasana and gomukhasana practice	1hr	Mr. Sreenivas B M	SMVITM
25	Day 25	Yoga exercise 5 minutes Sleeping asana... Makarasana Bhujangasana Shalabhasana and dhanurasana Navasana	1hr	Mr. Sreenivas B M	SMVITM
26	Day 26	Yoga exercise 5 minutes Sleeping asana... Makarasana Bhujangasana Shalabhasana and dhanurasana Navasana	1hr	Mr. Sreenivas B M	SMVITM
27	Day 27	Pavanamuktasana Jattaraparivarthanasana Sarvangasana ,savan	1hr	Mr. Sreenivas B M	SMVITM
28	Day 28	20 minutes exercise and 10 minutes sarvangasana 10 minutes shirshasana (practice) 20minutes savasana	1hr	Mr. Sreenivas B M	SMVITM
29	Day 29	All repetitions	1.30 hrs	Mr. Sreenivas B M	SMVITM
30	Day 30	All practice	1.30hrs	Mr. Sreenivas B M	SMVITM



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Course Delivery Plan

Lect. No.	Topics covered	Date on which topics covered
1	Yoga mantra and Omkar. (Yogena chithasya.....) Pranayama ... kapalbhati anuloma viloma Yoga exercises 5 to 10mints. Tadasana Ardhakatichakrasana Ardhachakrasana 10 minutes savasana	24-09-2018
2	Yoga mantra and Omkar. (Yogena chithasya.....) Pranayama ... kapalabhati anuloma viloma Yoga exercises 10 to 15 minutes. Tadasana Ardhakatichakrasana Ardhachakrasana 10 minute savasana	26-09-2018
3	Yoga mantra and Omkar. (Yogena chithasya.....) Pranayama ... Practice	28-09-2018
4	Yoga exercises 5 to 10 mins Practice and another asana padahastasana; trikonasana virabhadrasana 1	01-10-2018
5	Yoga exercises 5 to 10 mins Practice and another asana padahastasana; trikonasana virabhadrasana 1	03-10-2018
6	Yoga exercises 5 to 10 mins Practice and another asana Virabhadrasana 1 and 2 Parshvakatichakrasana Parivrutha trikonasana Savasana	05-10-2018
7	Yoga exercises 5 to 10 mins Practice and another asana Virabhadrasana 1 and 2 Parshvakatichakrasana Parivrutha trikonasana Savasana	08-10-2018
8	Yoga exercise 5 minutes Pranayama..kapalbhati nadisodana ,bhastrika and asana practice.	10-10-2018
9	Suryanamaskar 10 positions	12-10-2018
10	Yoga exercise 5 minutes Pranayama and same asana, Surya namaskar and	22-10-2018
11	Repetitions	24-10-2018

M. S. Rao

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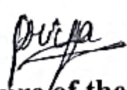
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21	Day 21	5 minutes yoga exercise Poorvothasana Upavistasana Baddha Konasana Vakrasana	1hr	Mr. Sreenivas B M	SMVITM
22	Day 22	Pranayama and surya namaskar	1hr	Mr. Sreenivas B M	SMVITM
23	Day 23	Pranayama kapalbhati Nadisodana , bramari Bhastrika ,sithilikarana And suryanamaskar, 10 minutes savasana	1hr	Mr. Sreenivas B M	SMVITM
24	Day 24	All repetition, ardha matsyendrasana and gomukhasana practice	1hr	Mr. Sreenivas B M	SMVITM
25	Day 25	Yoga exercise 5 minutes Sleeping asana... Makarasana Bhujangasana Shalabhasana and dhanurasana Navasana	1hr	Mr. Sreenivas B M	SMVITM
26	Day 26	Yoga exercise 5 minutes Sleeping asana... Makarasana Bhujangasana Shalabhasana and dhanurasana Navasana	1hr	Mr. Sreenivas B M	SMVITM
27	Day 27	Pavanamuktasana Jattaraparivarthanasana Sarvangasana ,savaasan	1hr	Mr. Sreenivas B M	SMVITM
28	Day 28	20 minutes exercise and 10 minutes sarvangasana 10 minutes shirshasana (practice) 20minutes savasana	1hr	Mr. Sreenivas B M	SMVITM
29	Day 29	All repetitions	1.30 hrs	Mr. Sreenivas B M	SMVITM
30	Day 30	All practice	1.30hrs	Mr. Sreenivas B M	SMVITM

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12	Pranayama and asana Hastha uttanasana Parsvakonasana padastasana	26-10-2018
13	Surya Namaskar and same asana	29-10-2018
14	Sitting asana. Dandasana; Vajrasana Shashankasana Supta vajrasana	31-10-2018
15	Sitting asana and surya namaskar savasana	02-11-2018
16	Fitness exercise 20 minutes and 20 minutes savasana	05-11-2018
17	5 minute yoga exercise and surya namaskar, janushirshasana; paschimottanasana veerasana supta veerasana	09-11-2018
18	Repetitions	12-11-2018
19	5 minutes yoga exercise Sitting asana and ustrasana .	14-11-2018
20	5 minutes yoga exercise and asanas padmasana practice Parvatasana ,baddha padmasana, savasana	16-11-2018
21	5 minutes yoga exercise Poorvothasana Upavistasana Baddha Konasana Vakrasana	19-11-2018
22	Pranayama and surya namaskar	23-11-2018
23	Pranayama kapalbhati Nadisodana , bramari Bhastrika ,sithilikarana And suryanamaskar, 10 minutes savasana	28-11-2018
24	All repetition, ardha matsyendrasana and gomukhasana practice	30-11-2018
25	Yoga exercise 5 minutes Sleeping asana... Makarasana; Bhujangasana Shalabhasana and dhanurasana Navasana	01-03-2019
26	Yoga exercise 5 minutes Sleeping asana... Makarasana; Bhujangasana Shalabhasana and dhanurasana Navasana	06-03-2019
27	Pavanamuktasana Jattaraparivarthanasana Sarvangasana, savasan	11-03-2019
28	20 minutes exercise and 10 minutes sarvangasana 10 minutes shirshasana (practice) 20minutes savasana	18-03-2019
29	All repetitions	20-03-2019
30	All practice (Final)	10-04-2019

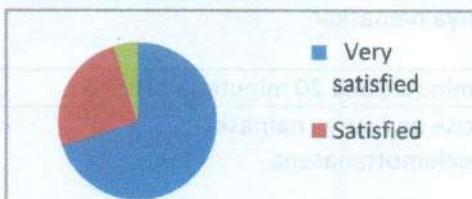

Signature of the coordinator


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Yoga class Feedback summary 2018-19

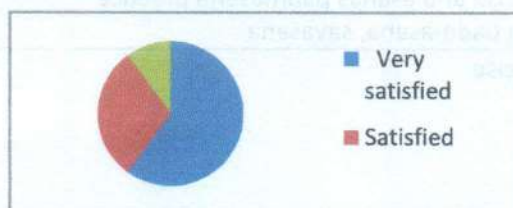
1 Rating - teacher knowledge

Very satisf	Satisfied	Neutral	Unsatisfiec
14	5	1	0



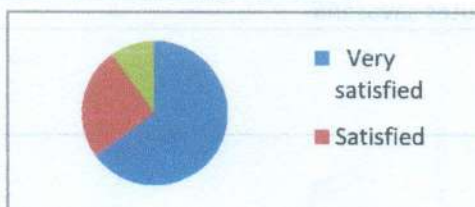
2 Rating - teacher - amount of instruction given

Very satisf	Satisfied	Neutral	Unsatisfiec
12	6	2	0



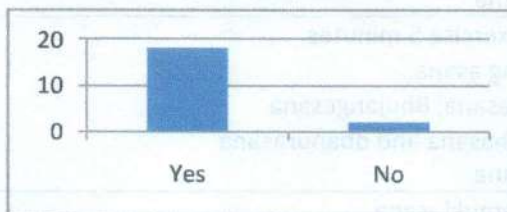
3 Rating - yoga sequence flow class

Very satisf	Satisfied	Neutral	Unsatisfiec
13	5	2	0



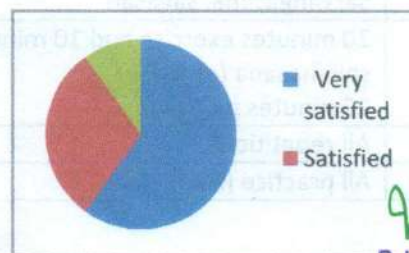
4 Since you have been coming to yoga class, have you noticed any improvements in focus/concentration, balance, flexibility, strength, ability to relax etc

Yes	No
18	2



5 Did the class meet your expectations?

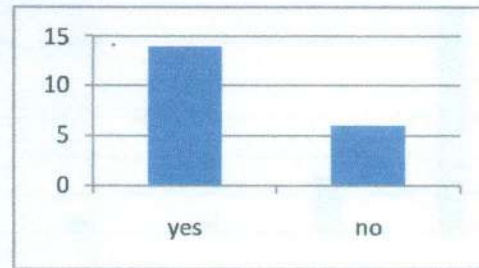
Very satisf	Satisfied	Neutral	Unsatisfiec
12	6	2	0



[Signature]
Principal

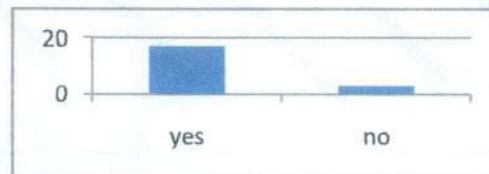
6 Would you be interested in doing this workshop again? (Same, or similar)

yes	no
14	6



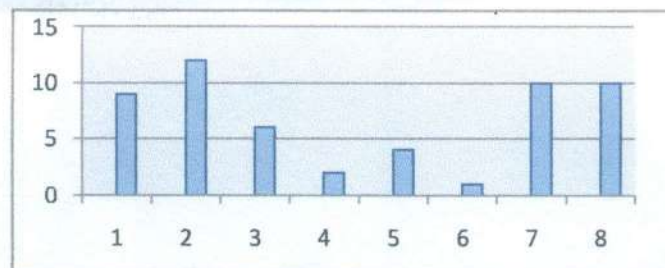
7 Has this course inspired you to continue with your yoga practice?

yes	no
17	3



8 What are the top things you liked most about the class?

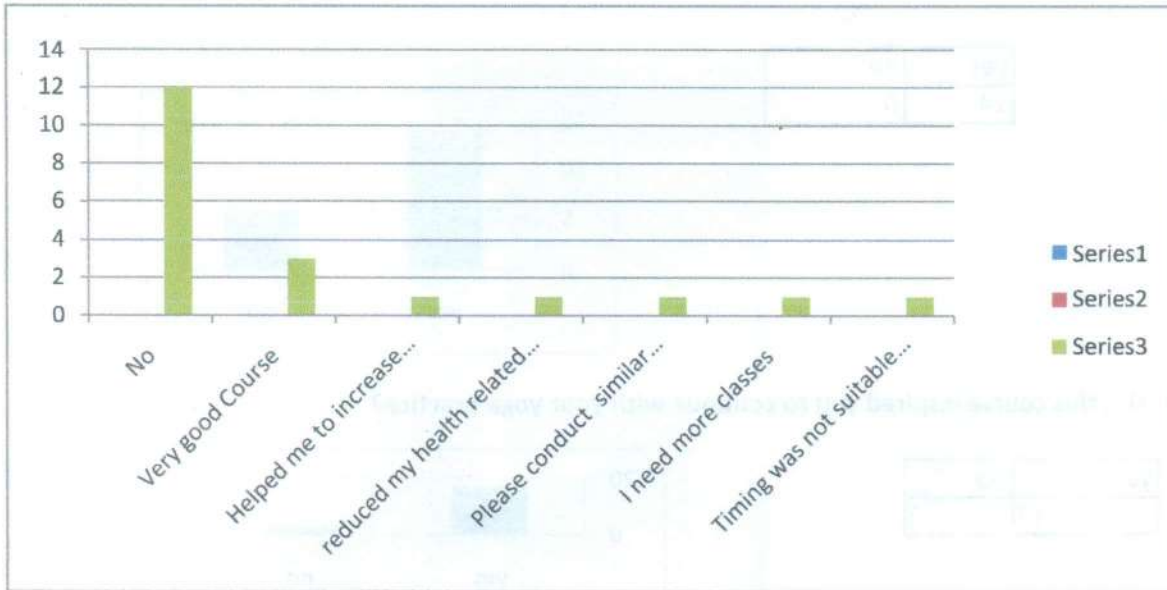
1	2	3	4	5	6	7	8
Breathing	Postures	Social	Philosophy	Relaxation	Meditation	Flowing se	Power yoga
9	12	6	2	4	1	10	10



9 Any suggestions for improvement?

1 No	12
2 Very good Course	3
3 Helped me to increase concentra	1
4 reduced my health related proble	1
5 Please conduct similar classes ne	1
6 I need more classes	1
7 Timing was not suitable for me	1


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Amritha

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Vishwothamanagar, BANTAKAL - 574 115, Udupi, Karnataka, India

Phone : 0820-2589182
: 0820-2589183
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E-mail : info@sode-edu.in
Website : www.sode-edu.in

Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment cell		
Name of the Activity	Quiz on Legal Rights of Women		
Target Audience	Students of SMVITM		
Activity Date(s)	22-12-2018	Time	10:00 AM
Venue	classrooms.		
Resource Person	—		

Expected expenditure		
S. No.	Description	Amount
1.	Prize Amount	2000
Total		2000

(Add rows if required)

Source of fund (Sponsorship/Registration fee)		
S. No.	Description	Amount
Total		

(Add rows if required)


Financial support required from the Institute	
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Dr. Lolita Priya Castelino	
Name of the Coordinator	<i>Priya</i> 13/12/2018 Signature with date
Signature of the HOD (if applicable)	

Aravind
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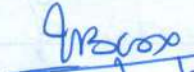
Remarks by IQAC

May be conducted


Signature
17/12/18

Remarks by Principal

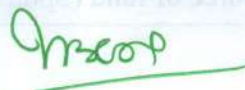
Proceed


17/12/2018

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Website : www.sode-edu.in

ಪ್ರೊ.ಡಾ. ತಿರುಮಲೇಶ್ವರ ಭಟ್
ಬಿಇ,ಎಮ್.ಟೆಕ್.,ಪಿಎಚ್.ಡಿ.,ಎಮ್.ಎಎಸ್.ಟಿಇ
ಪ್ರಾಂಶುಪಾಲರು

28 ಡಿಸೆಂಬರ್ 2018

ಪತ್ರ ಸಂಖ್ಯೆ : SMVITM/2018-19/580

ಕುಲಸಚಿವರು
ವಿಶ್ವೇಶ್ವರಯ್ಯ ತಾಂತ್ರಿಕ ವಿಶ್ವವಿದ್ಯಾಲಯ
ಬೆಳಗಾವಿ - 590 018

ಮಾನ್ಯರೇ

ವಿಷಯ: ಮಹಿಳೆಯರ ಕಾನೂನಾತ್ಮಕ ಹಕ್ಕುಗಳ ಕುರಿತು ಮಹಿಳೆಯರಲ್ಲಿ ಜಾಗೃತಿ ಮೂಡಿಸುವ ಕುರಿತು.
ಉಲ್ಲೇಖ ಸಂಖ್ಯೆ : ವಿತಾವಿ/ಬಿಜಿಎಂ/ಎಸಿಸಿ/2018-19/7896 ದಿನಾಂಕ 15 ಡಿಸೆಂಬರ್ 2018

ಮೇಲಿನ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ವಿಶ್ವವಿದ್ಯಾಲಯದಿಂದ ಬಂದಿರುವ ಸುತ್ತೋಲೆಯ ಅದೇಶದಂತೆ ನಮ್ಮ ಕಾಲೇಜಿನಲ್ಲಿ ಮಹಿಳೆಯರ ಕಾನೂನಾತ್ಮಕ ಹಕ್ಕುಗಳ ಕುರಿತು ಮಹಿಳೆಯರಲ್ಲಿ ಜಾಗೃತಿ ಮೂಡಿಸುವ ಸ್ಪರ್ಧೆಗಳನ್ನು ದಿನಾಂಕ 22 ಡಿಸೆಂಬರ್ 2018ರಂದು ನಮ್ಮ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಗಾಗಿ ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಅದರ ಸಂಕ್ಷಿಪ್ತ ವರದಿಯನ್ನು ಈ ಪತ್ರದೊಂದಿಗೆ ಲಗತ್ತಿಸಿರುತ್ತೇವೆ.

ವಂದನೆಗಳೊಂದಿಗೆ

ಇತೀ ತಮ್ಮ ವಿಶ್ವಾಸಿ

ಪ್ರೊ.ಡಾ. ತಿರುಮಲೇಶ್ವರ ಭಟ್
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ACTIVITY REPORT

Academic Year	2018-2019
Name of the Program	Quiz on Legal Rights of Women
Date	22-12-2018
Target Audience	Students of SMVITM
Resource Person	-
Number of Participants	179 (M-105 F-74)

Quiz on Legal Rights of Women

The Women Empowerment Cell (WEC) of Shri Madhwa Vadiraja Institute of Technology and Management (SMVITM), Bantakal, Udupi organized a **quiz on “Legal Rights of Women”** on **22-12-2018** in the institute premises.

This programme is launched and sponsored by the National Commission for Women (NCW), New Delhi. This programme by National Commission for Women is aimed to assess and enhance the awareness on the legal rights of women among student community. Around 179 students answered 75 multiple choice questions on laws related to women. The question paper was set by the notary Ms. Vani S Aithal. Some of the topics focused on the competitions are Indian constitution, major international conventions related to women, acts pertaining to National Commission for Women, protection of women against domestic violence, sexual harassment of women at workplace etc.

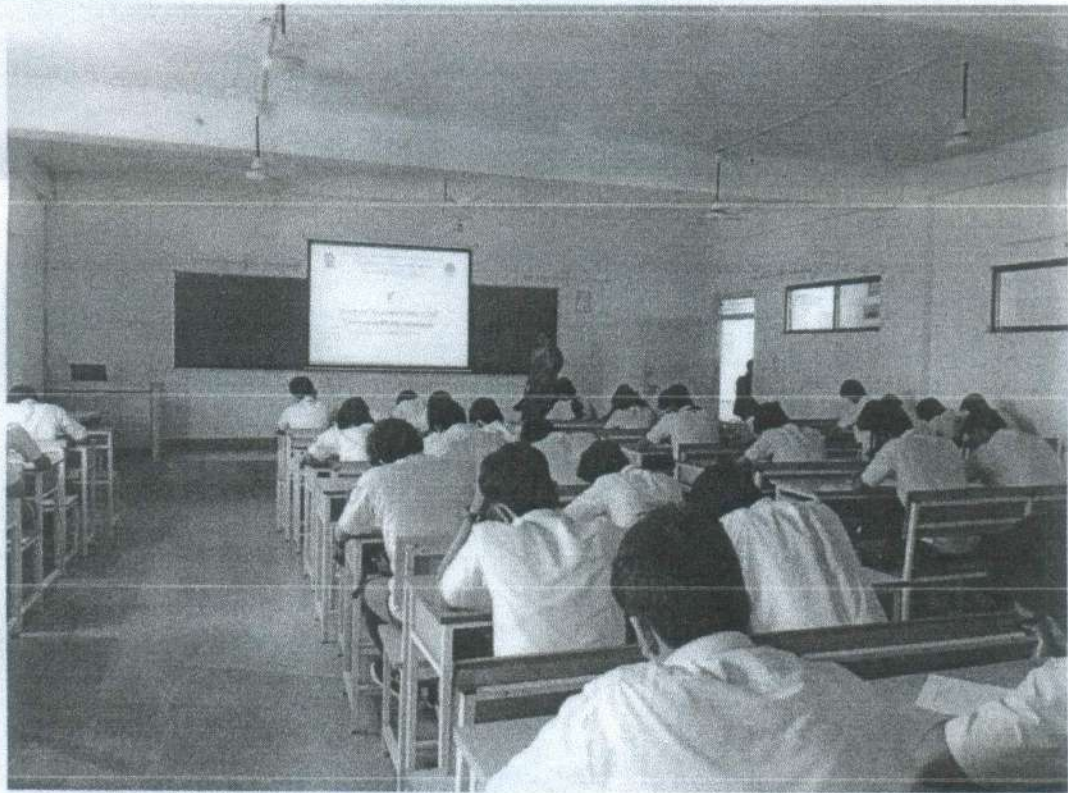
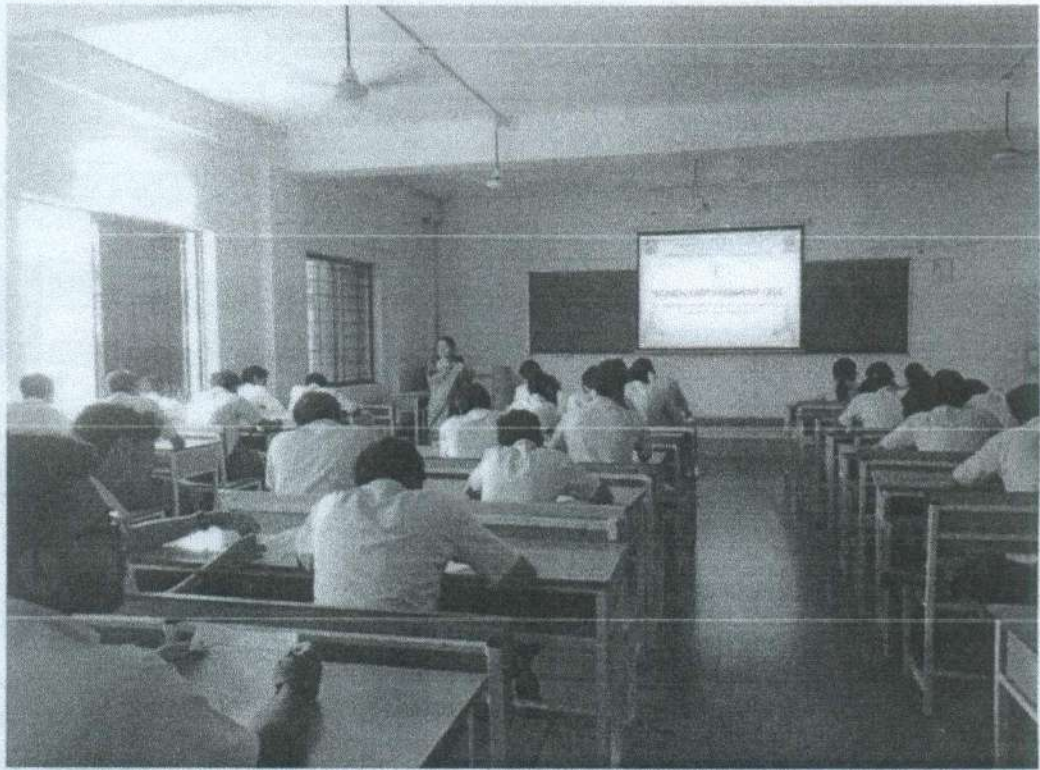
Winner's details are as follows:

Prize	Name	USN
I Place	Ms. Niharika	4MW18EC024
II Place	Mr. Benaka Bharadwaja	4MW18CS017
III Place	1. Mr. Bhargavrama Udupa T	4MW18CS018
	2. Ms. Bhoomika J S	4MW18EC007
	3. Ms. Sriraksha K	4MW18EC040
	4. Mr. Nayak Adithya Ravindra	4MW18EC021
	5. Ms. Neha	4MW18CS046

Dr. Lolita Priya Castelino, WEC Coordinator, Ms. Tejaswini H, Ms. Swathi Prabhu, Ms. Aishwarya, Ms. Kusuma Prabhu, Ms. Shareen Noronha, Ms. Rajeshwari, members of WEC cell organized the event in a successful way.

Principal

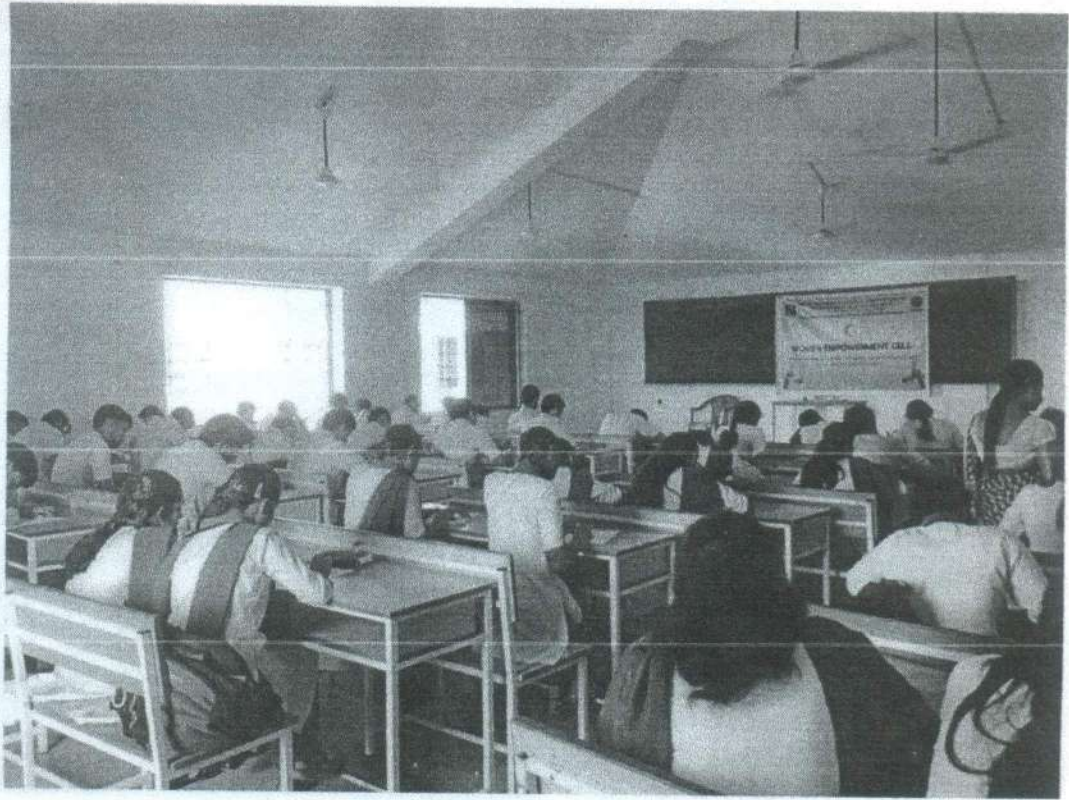
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Priya
28/12/2018

Dr. Lolita Priya Castelino
WEC Coordinator

Thirumateshwara

Prof. Dr. Thirumateshwara Bhat
Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udipi Dist.
BANTAKAL - 574 115

Aravind

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A Unit of ShriSodeVadiraja Mutt Education Trust Udupi
Vishwothama Nagar, Bantakal - 574 115, Udupi District, Karnataka, INDIA

Quiz competition organized under Women Empowerment Cell on 22/12/2018

A SECTION				
SI.NO	Roll No	USN	Student Name	Signature
1	A1	4MW16CS030	KEERTHANA J SHETTY	Keerthana
2	A2	4MW16CS082	SHREYA	Shreya
3	A31	4MW18CS001	ADITHI S NAYAK	Adithi S.
4	A3	4MW18CS002	AFNAAN	Afnaan
5	A4	4MW18CS003	AISHWARYA S	Aishwarya S.
6	A5	4MW18CS004	AKANKSHA	Akanksha
7	A6	4MW18CS005	AKSHAY D SHETTY	Akshay D.
8	A7	4MW18CS006	ANANYA BHAT	Ananya Bhat
9	A8	4MW18CS007	ANINDITHA	Aninditha
10	A9	4MW18CS008	ANJALI	Anjali
11	A10	4MW18CS009	ANUP HEGDE	Anup Hegde
12	A11	4MW18CS010	ANUSH BIJOUR	Anush Bijour
13	A12	4MW18CS011	ANUSHA	Anusha
14	A13	4MW18CS012	ANUSHA	Anusha
15	A14	4MW18CS013	AQSA BASHEER	Aqsa Basheer
16	A15	4MW18CS014	ASHA	Asha
17	A16	4MW18CS015	ASHMI K KOTIAN	Ashmi K.
18	A17	4MW18CS016	ASHRITHA SANIL	Ashritha Sanil
19	A18	4MW18CS017	BENAKA BHARADWAJA	Benaka
20	A19	4MW18CS018	BHARGAVRAM UDUPA T	Bhargavram
21	A20	4MW18CS019	BHOOMIKA	Bhoomika
22	A21	4MW18CS020	CHANDANA H R	Chandana H.R.
23	A22	4MW18CS021	CHIRAG H S	Chirag H.S.
24	A24	4MW18CS022	DHANUSH	Dhanush
25	A25	4MW18CS023	DHANUSH VINAYAK HEGDE	Dhanush Vinayak Hegde
26	A26	4MW18CS024	FAHIL	Fahil
27	A27	4MW18CS025	FAREES AHMED SHAIKH	Farees Ahmed Shaikh
28	A28	4MW18CS026	FATHIMA NAMIHA	Fathima Namiha
29	A29	4MW18CS027	G ADITYA	(ABSENT)
30	A30	4MW18CS028	GAUTHAM G NAYAK	Gautham G Nayak

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B section				
Sl.No	Roll No	USN	Student Name	Signature
1	B1	4MW18CS029	GURUPRASAD	
2	B2	4MW18CS030	HARIS K	
3	B3	4MW18CS031	HITHEYESH AACHAR	
4	B4	4MW18CS032	K NIVEDITHA KAMATH	
5	B5	4MW18CS033	KARTHIK NAIK	
6	B6	4MW18CS034	KAVYA	
7	B7	4MW18CS035	KAVYA KAMATH	
8	B8	4MW18CS036	KAVYA RAO N	
9	B9	4MW18CS037	KAVYA T J	
10	B10	4MW18CS038	KRIPASHREE BHAT	
11	B11	4MW18CS039	KRISHNAMURTHI BHAGAWATH	
12	B12	4MW18CS040	KRITHI S SHERIGAR	
13	B13	4MW18CS041	MEGHANA ADIGA	
14	B14	4MW18CS042	MOHAMMED ISMAIL	
15	B15	4MW18CS043	MOHAMMED SHAKEEL	
16	B16	4MW18CS044	NAMEERA SULTHANA	
17	B17	4MW18CS045	NAVYA SHANBHAG	Absent
18	B18	4MW18CS046	NEHA SHETTIGAR	
19	B19	4MW18CS047	NIKHIL G POOJARY	
20	B20	4MW18CS048	NIREEKSHA	
21	B21	4MW18CS049	NISHMITHA SHETTY	
22	B22	4MW18CS050	POOJARI HARSHIT SADASHIV	
23	B23	4MW18CS051	PRABHATH KUMAR	
24	B24	4MW18CS052	PRADEEKSHA SHETTY	
25	B25	4MW18CS053	PRAJNA Y	
26	B26	4MW18CS054	PRAJNASHREE P ACHAR	
27	B27	4MW18CS055	PRAJWAL P SHETTY	
28	B28	4MW18CS056	PRAKRITHI S RAO	
29	B29	4MW18CS057	PRASHANTHI	
30	B30	4MW18CS058	PRINCETON LERON LEWIS	

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C SECTION				
Sl.no	Roll No		Student Name	Signature
1	C1	4MW18CS059	RAKSHAK SHET	
2	C2	4MW18CS060	RASHMITHA	
3	C3	4MW18CS061	RAYSON LAWRENCE DSOUZA	
4	C4	4MW18CS062	RISHABH BARKUR	
5	C5	4MW18CS063	S SINCHANA	
6	C6	4MW18CS064	SACHIN S	
7	C7	4MW18CS065	SAHANA B T	
8	C8	4MW18CS066	SANDESH PRABHU	
9	C9	4MW18CS067	SANTHOSH G PATKAR	
10	C10	4MW18CS068	SARVESH S P	
11	C11	4MW18CS069	SHAMITH JOSHI	
12	C12	4MW18CS070	SHARANA K U	
13	C13	4MW18CS071	SHARANYA M	
14	C14	4MW18CS072	SHARANYA U	
15	C15	4MW18CS077	SHRAVAN A SHETTY	
16	C16	4MW18CS073	SHASHANK MAHESHWAR SHENVI	
17	C17	4MW18CS074	SHASHIKANTH KULAL	
18	C18	4MW18CS075	SHETTY SNEESHA DINESH	
19	C19	4MW18CS076	SHILPA LOKANATH AMIN	
20	C20	4MW18CS078	SHREYA NAYAK K	
21	C21	4MW18CS079	SHREYA SUBHASH CHANDRA SHETTY	
22	C22	4MW18CS080	SHUBHAM MANJUNATH VERNEKAR	
23	C23	4MW18CS081	SMITHA	
24	C24	4MW18CS082	SNEHA	
25	C25	4MW18CS083	SNEHA	
26	C26	4MW18CS084	SOUBHAGYA KARANTHA V	
27	C27	4MW18CS085	SUMAYYA	
28	C28	4MW18CS086	SURAJ	
29	C29	4MW18CS087	SURAKSHA B ACHARYA	ABSENT
30	C30	4MW18CS088	SUSHMITHA N	
31	C31	4MW18CS089	TBEJAS S RAO	
32	C32	4MW18CS090	TUSHAR R SHETTY	
33	C33	4MW18CS091	TWENSICA SWEDEL PINTO	
34	C34	4MW18CS092	VAISHAK V PRABHU	
35	C35	4MW18CS093	VAISHNAVI	
36	C36	4MW18CS094	VARSHA E G	
37	C37	4MW18CS095	VARUN	
38	C38	4MW18CS096	VIGNESH KUDVA	
39	C39	4MW18CS097	VINEETH P NAYAK	
40	C40	4MW18CS098	VIVEK SHENOY Y	

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D SECTION				
SI.NO	Roll No		Student Name	Signature
1	D1	4MW18ME010	AKSHAY K FAO	<i>Akshay</i>
2	D2	4MW18ME001	AMISH SHEREGAR	<i>Amish</i>
3	D3	4MW18ME002	ANTONY SHARON DSOUZA	<i>Antony</i>
4	D4	4MW18ME003	ASIF MOHAMMAD SHABIR SAHEB	AB
5	D5	4MW18ME004	CHANDAN NELLI M K	<i>Chandan</i>
6	D6	4MW18ME005	CLEMENT JOHNSON D SOUZA	<i>Clement</i>
7	D7	4MW18ME006	DHANISH H AMIN	AB
8	D8	4MW18ME007	DHRUVA SHETTY	<i>Dhruva</i>
9	D9	4MW18ME008	GAURAV S ACHARYA	<i>Gaurav</i>
10	D10	4MW18ME009	JNANESH SHETTY	<i>Jnanesh</i>
11	D11	4MW18ME011	K DAMODHAR BHAT	<i>K Damodar</i>
12	D12	4MW18ME012	KISHAN M	AB
13	D13	4MW18ME013	MOHAMMED SAHAL SADIQ	AB
14	D14	4MW18ME014	MOHAMMED SAYEEM	<i>Mohammed</i>
15	D15	4MW18ME015	NAGESHA	<i>Nagesha</i>
16	D16	4MW18ME016	NANDANA S S	AB
17	D17	4MW18ME017	NIKHIL SHETTY	<i>Nikhil</i>
18	D18	4MW18ME018	NIKHILESH	<i>Nikhillesh</i>
19	D19	4MW18ME019	PAI SUJAY MOHAN	<i>Pai Sujay</i>
20	D20	4MW18ME020	RAJATH KUMAR	<i>Rajath</i>
21	D21	4MW18ME021	RAMESH	<i>Ramesh</i>
22	D22	4MW18ME022	SAGAR N	<i>Sagar</i>
23	D23	4MW18ME023	SAURAV V	<i>Saurav</i>
24	D24	4MW18ME024	SHOBITH HEGDE	AB
25	D25	4MW18ME025	SHREEKARA H G	AB
26	D26	4MW18ME026	SRIJAN N SUVARNA	<i>Srijan</i>
27	D27	4MW18ME027	SURAJ ACHARYA	<i>Suraj Acharya</i>
28	D28	4MW18ME028	TUSHAR G SHENOY	<i>Tushar G Sheno</i>

Present

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11	F11	4MW18EC011	DEEKSHA J SALIAN	Pakka
12	F12	4MW18EC012	DEEPAK NAYAK	Deepak Nayak
13	F13	4MW18EC013	DEEPTHI M POOJARY	Deepti M
14	F14	4MW18EC014	FERDINAND ALICK CASTELINO	F. Castelino
15	F15	4MW18EC015	GURUPRASAD H SUVARNA	Guruprasad H
16	F16	4MW18EC016	KARTHIK R SHETTY	Karthik R Shetty
17	F17	4MW18EC017	KARUNYA	Karunya
18	F18	4MW18EC018	NAGARAJA	Naga
19	F19	4MW18EC019	NAMAN	Naman
20	F20	4MW18EC020	NAMRATHA NAGARAJ RAO	Namratha
21	F21	4MW18EC021	NAYAK ADITHYA RAVINDRA	Nayak Adithya
22	F22	4MW18EC022	NAYAK DHANASHREE ASHOK	Nayak Dhanashree
23	F23	4MW18EC023	NEHA KINI	Neha
24	F24	4MW18EC024	NIHARIKA BALTHILLAYA	Niharika
25	F25	4MW18EC025	POOJA C SHETTY	Pooja C Shetty
26	F26	4MW18EC026	PRAJWAL	Prajwal
27	F27	4MW18EC027	PRANAVASHREE	Pranavashree
28	F28	4MW18EC028	PRASAD J SHETTIGAR	Prasad J Shettigar
29	F29	4MW18EC029	PREETHI	Preethi
30	F30	4MW18EC030	RAJESH C	Rajesh C
31	F31	4MW18EC031	RATHNASHREE R ACHARYA	Rathnashree R Acharya
32	F32	4MW18EC032	RIYA PRABHU	Riya Prabhu
33	F33	4MW18EC033	SAGAR SHETTY	Sagar Shetty
34	F34	4MW18EC034	SHAMITHA SHANBHOGUE K	Shamitha Shanbhogue K
35	F35	4MW18EC035	SHREYA S NAVELKAR	Shreya S Navelkar
36	F36	4MW18EC036	SHREYA T KOTIAN	Shreya T Kotian
37	F37	4MW18EC037	SHWETA RAMACHANDRA BHAT	Shweta Ramachandra Bhat
38	F38	4MW18EC038	SINCHANA L SHETTY	Sinchana L Shetty
39	F39	4MW18EC039	SOWMYA	Sowmya
40	F40	4MW18EC040	SRIKAKSHA K	Srikaksha K
41	F41	4MW18EC041	SRIVATHSA	Sritha
42	F42	4MW18EC042	SUBRAMANYA S NAYAK	Subramanya S Nayak
43	F43	4MW18EC043	SUDARSHAN U L	Sudarshan U L
44	F44	4MW18EC044	SURAJ REVANKAR	Suraj Revankar
45	F45	4MW18EC045	SURAJ S	Suraj S
46	F46	4MW18EC046	SUSHMA	Sushma
47	F47	4MW18EC047	TEJAS S R	Tejas S R
48	F48	4MW18EC048	VIKAS N RAO	Vikas N R

Arscop

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1. Directive Principles of State Policy are contained in which part of the Constitution?
a) Part I b) Part III c) Part IV d) Part- II
2. Which one of the following words was added to the Preamble of the Indian Constitution by the 42nd amendment?
a) Secular b) Socialist c) Integrity d) All of these
3. Which one of the following is no longer a fundamental right?
a) Right to freedom of religion b) Right to equality c) Right to liberty d) Right to property
4. Right to Freedom of Religion aims at achieving the concepts of-----
a) Secularism b) Federalism c) Political Justice d) Economic Justice
5. The underlying objective of the Directive Principles is to achieve-----
a) Welfare state b) Police state c) Secular state d) none of these
6. Fundamental Rights and Directive Principles are-----
a) Unrelated to each other b) Supplementary and Complementary
c) Opposed to each other d) none of these
7. Right to start a business under Article 19(1)(g) includes.....
a) Right not to close down the business b) Right to close down the business
c) Right to Travel abroad d) None of these
8. The Remedy available for breach of Fundamental Duties under the Constitution is -----
a) Filling of civil suit b) filling criminal complaint c) No remedy d) filling writ petition
9. TO protect and improve the natural environment and wild life is one of the -----
a) Fundamental Rights b) National Policy c) Directive Principles d) none of the above
10. Which one of the following is not a fundamental duty?
a) to protect and & improve natural environment b) no to practice corruption
c) to develop scientific termer d) to abide by constitution
11. The Right of Citizens to take out processions is conferred by:
a) Right to Freedom of Speech and Expression b) The Right to Freedom of Association
c) The Right to Freedom of assemble d) The Right to Freedom of Movement
12. The Indian Constitution says UNTOUCHABILITY is abolished and its practice in any form is prohibited. This is provided under:
a) Right to Equality b) Right to Liberty
c) Right against Exploitation d) Right to Constitutional Remedies.
13. Preamble to the Indian Constitution indicates:
a) Privileges give to the SCs and STs. b) The Power of Government to make laws.
c) The circumstances under which the Constitution can be amended. d) The source of the Indian Constitution.
14. An arrested person has ___ number of rights under article 22
a) 4 b) 5 c) 6 d) 7
15. The word 'Secular' as used in the Preamble indicates
a) Treating all the languages equally b) Special treatment to Hindu religion.
c) Treating all the religions equally. d) None of these.
16. The Constitution guarantees Fundamental Right to Practice.....
a) Any Professional, occupation, trade or business b) Only Profession
c) Both (a) and (b). d) None of the above

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17. Telephone tapping is violation of
 a) Right to Freedom of Speech and Expression b) Right to Life and Personal Liberty.
 c) Right to carry on any Profession. d) Right to Equality.
18. The Preamble to the Constitution declares India as a _____
 a) Sovereign republic b) Socialistic democratic republic
 c) Sovereign Socialist secular democratic republic d) None of these
19. The Objectives outlined in the preamble of the Indian Constitution are:
 a) Liberty, Equality and Fraternity b) Liberty, Justice and Welfare
 c) Liberty, Equality and Prosperity d) Justice, Liberty and Fraternity
20. The beginning word WE in the preamble refers to
 a) Citizens of India b) British Ruler c) Members of constituent assembly d) All of the above
21. The preamble to our Constitution declares India as a:
 a) Sovereign Democratic Republic b) Sovereign Socialist Democratic Republic
 c) Sovereign Socialist Republic d) Sovereign Socialist Secular Democratic Republic
22. Fundamental duty demands to
 a) Abide by the Constitution b) work sincerely c) Avoid Corruption d) Abide by moral rules
23. Under which Article the fundamental duties are enshrined
 a) Article 51 b) Article 52 c) Article 53 d) Article 51A
24. Under Article 21 A which Education is compulsory
 a) Higher education b) Primary education c) Secondary education d) All of these
25. Which of the following is no longer a Fundamental Right?
 a) Right to Liberty b) Right to Equality c) Right to Property d) Right to Religion
26. Fundamental duties are applicable to all
 a) Foreigners b) States c) Citizens d) None of these
27. In which part of the Constitution does the concept of welfare state find elaboration?
 a) Preamble b) Fundamental Rights c) Directive Principles of State Policy d) All of the above
28. Which Article gives special provisions to the State of Jammu and Kashmir?
 a) 350 b) 360 c) 370 d) 380
29. The Fundamental Rights of Indian citizens are contained in _____
 a) Part V of the constitution b) Part IV of the constitution
 c) Part III of the constitution d) None of these
30. Right to property according to Indian Constitution is a
 a) Fundamental Right b) Directive principle of state policy c) Legal Right d) Social Right
31. How many fundamental duties are there?
 a) 5 b) 6 c) 10 d) 11
32. Cultural and Educational Rights are also known as
 a) Minority rights b) Majority rights c) Both (a) and (b) d) None of these
33. Fundamental duties in the Constitution are addressed to the _____
 a) Politicians b) People c) Workers d) Students
34. The Directive Principles of state policy are in the form of
 a) Rights b) Duties c) Directions to state d) Obligation on citizens
35. Sexual harassment of working women is violation of
 a) Fundamental duty b) Directive principle of state policy c) Fundamental right d) Rule of law
36. This Act was not passed for implementing Directive principles of state policy
 a) Forest Act b) Maternity Benefit Act c) Water Pollution Act d) Arms Act
37. Directive Principles of state policy are
 a) Political rights b) Social rights c) Constitutional rights d) Legal rights
38. This is not a Directive Principle of State Policy.
 a) Living wage of worker b) Right to work, Education
 c) Secure just & corrupt free judiciary d) Participation of workers in management of Industries

39. **Uniform Civil Code means**
 a) Uniform civil procedure code b) Civil Law applicable to common man c) Common Civil law applicable to all d) Civil law applicable to Hindu women and Muslim women
40. **Free & Compulsory Education for all children is provided under Article 45 until they attain the age of**
 a) 14 years b) 21 years c) 18 years d) 16 years
41. **Equal Justice & Free legal aid is guaranteed to**
 a) Socially backward classes b) Economically backward classes
 c) Socially & economically backward classes d) educationally backward classes
42. **The Directive Principles of state policy are the obligation of _____**
 a) Central Govt. b) State Govt. c) Central & State Govt. d) Citizens of India.
43. **Article 38 of the Constitution aims to achieve _____**
 a) Social Justice b) Economic Justice c) Political Justice d) All of the above
44. **Now free legal aid and speedy trial are _____**
 a) Only Directives b) duty of the citizens c) Fundamental Rights d) None of these
45. **Provision for care & education to children has been inserted as a Fundamental right under _____**
 a) Article 21 b) article 20 c) Article 21(A) d) Article 31(A)
46. **The FR's which cannot be suspended even during an Emergency:**
 a) Article 14&15 b) Article 29&30 c) Article 23&24 d) Article 20&21
47. **Article 29 & 30 of the Constitution grants the following Rights**
 a) Economic & Social Rights b) Legal & Political Rights
 c) Religious & Cultural Rights d) Cultural & Educational Rights
48. **Fundamental duties were incorporated in the constitution to**
 a) Curb subversive and unconstitutional activities b) Prevent misuse of fundamental rights
 c) Curb the growing power of execution d) Make the fundamental rights more meaningful.
49. **The preamble was amended by:**
 a) 24th amendment b) 42nd amendment c) 39th amendment d) none
50. **Fundamental duties are borrowed from the constitution of**
 a) Russia b) America c) Ireland d) Australia
51. **Directive Principle of state policy are included in our constitution from Article –**
 a) 38-51 b) 12-35 c) 39-54 d) 330-342
52. **Who said the Directive Principle of the state policy are the “Novel features of the Indian Constitution”?**
 a) Motilal Nehru b) Jawaharlal Nehru c) B.R Ambedkar d) none of the above
53. **The right of citizen to take procession is conferred by**
 a) Right to freedom of speech & expression b) Right to freedom of Association
 c) Right to freedom of movement d) Right to freedom of Assemble.
54. **The legally permissible age for marriage of a boy & girl is _____**
 a) 21 & 18 years b) 16 & 18 years c) 25 & 23 years d) none of these
55. **The Constitution of India provides for _____**
 a) Single citizenship b) Dual Citizenship c) Citizenship through acquisitions of property d) none of these
56. **PIL is expanded as _____**
 a) Public interest Legislation b) Private interest Legislation
 c) Private interest Litigation d) Public interest Litigation
57. **How many types of political units existed in India at the time of Independence?**
 a) two b) four c) Six d) Eight
58. **How many Articles included while making Indian Constitution?**
 a) 300 b) 368 c) 395 d) 448

59. The India Constitution came into force on 26.01.1950, hence this day is celebrated as
 a) Republic day b) Independence day c) Gandhi Jayanthi d) Nehru Jayanthi
60. Which term of the Preamble was inspired by the ancient Indian ideal "Vasudhavia Kutumbakam"?
 a) Unity and Integrity b) Equality c) Liberty d) Justice
61. A Flexible constitution
 a) Can be amended easily b) Cannot be amended easily c) Can be amended only after undergoing a special procedure d) Does not allow frequent changes
62. The Indian Constitution came into force on _____
 a) 26 November 1949 b) 26 January 1950 c) 15 August 1947 d) 26 December 1950
63. Our Constitution Prohibits _____
 a) Politics b) Liquor c) Untouchability d) Freedom
64. The Final Interpreter to Indian Constitution is _____
 a) President b) Supreme Court c) Parliament d) All of the above
65. Which of the following state has a separate Constitution?
 a) Jammu & Kashmir b) Nagaland c) West Bengal d) Sikkim
66. A person can move to the Supreme Court directly in the event of violation of Fundamental Rights under
 a) Article 19 b) Article 22 c) Article 34 d) Article 32
67. Which of the following is the guardian of the FRs of the Citizens? OR who is the protector and Gurantor of the FRs?
 a) Supreme Court b) President c) Parliament d) Lok sabha
68. Who is authorised to impose restrictions on FRs?
 a) Legislature b) Judiciary c) Executive d) all of the above
69. Who are not entitled to form union?
 a) Police b) Students c) Teachers d) Entrepreneurs
70. The National Commission for Women was created by
 a) an amendment to constitution b) an act passed by the parliament
 c) an order of the president of India d) a decision of the union cabinet
71. NCW was established in the year
 a) 1990 b) 1991 c) 1992 d) 1993
72. Who is the first male person to be appointed as member of the N C W?
 a) Alok Rawat b) H L Dutt c) Jawaharlal Nehru d) none of the above
73. Who quoted "child is the today is the citizen of tomorrow"?
 a) Jawaharlal Nehru b) Gandhiji c) Vallabhabai Patel d) Ambedkar
74. The Right to Strike is _____
 a) Fundamental Duty b) Fundamental Right c) Directive principle of state policy
 d) none of these
75. India has recognized
 a) Only one religion as national religion b) No religion as national religion
 c) Three religion as national religion d) Five religion as national religion


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SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY AND MANAGEMENT

A Unit of ShriSodeVadiraja Mutt Education Trust® Udupi

Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA

Quiz competition organized under Women Empowerment Cell on 22/12/2018

- 1. Fundamental Rights and Directive Principles are-----**
 - a) Unrelated to each other
 - b) Supplementary and Complementary
 - c) Opposed to each other
 - d) none of these
- 2. Right to start a business under Article 19(1)(g) includes.....**
 - a) Right not to close down the business
 - b) Right to close down the business
 - c) Right to Travel abroad
 - d) none of these
- 3. The Remedy available for breach of Fundamental Duties under the Constitution is -----**
 - a) Filling of civil suit
 - b) filling criminal compliant
 - c) No remedy
 - d) filling writ petition
- 4. TO protect and improve the natural environment and wild life is one of the _____**
 - a) Fundamental Rights
 - b) National Policy
 - c) Directive Principles
 - d) none of the above
- 5. Which one of the following is not a fundamental duty?**
 - a) To protect and & improve natural environment
 - b) No to practice corruption
 - c) To develop scientific termer
 - d) To abide by constitution
- 6. The Constitution guarantees Fundamental Right to Practice.....**
 - a) Any Professional, occupation, trade or business
 - b) Only Profession
 - c) Both (a) and (b).
 - d) None of the above
- 7. Telephone tapping is violation of**
 - a) Right to Freedom of Speech and Expression
 - b) Right to Life and Personal Liberty.
 - c) Right to carry on any Profession.
 - d) Right to Equality.s
- 8. The Preamble to the Constitution declares India as a -----**
 - a) Sovereign republic
 - b) Socialistic democratic republic
 - c) Sovereign Socialist secular democratic republic
 - d) None of these
- 9. The Objectives outlined in the preamble of the Indian Constitution are:**
 - a) Liberty, Equality and Fraternity
 - b) Liberty, Justice and Welfare
 - c) Liberty, Equality and Prosperity
 - d) Justice, Liberty and Fraternity
- 10. The beginning word WE in the preamble refers to**
 - a) Citizens of India
 - b) British Rulers
 - c) Members of constituent assembly
 - d) none of the above
- 11. Fundamental duties are applicable to all**
 - a) Foreigners
 - b) States
 - c) Citizens
 - d) None of these
- 12. In which part of the Constitution does the concept of welfare state find elaboration?**
 - a) Preamble
 - b) Fundamental Rights
 - c) Directive Principles of State Policy
 - d) All of the above
- 13. Which Article gives special provisions to the State of Jammu and Kashmir?**
 - a) 350
 - b) 360
 - c) 370
 - d) 380
- 14. The Fundamental Rights of Indian citizens are contained in -----**
 - a) Part V of the constitution
 - b) Part IV of the constitution
 - c) Part III of the constitution
 - d) None
- 15. This Act was not passed for implementing Directive principles of state policy**
 - a) Forest Act
 - b) Maternity Benefit Act
 - c) Water Pollution Act
 - d) Arms Act
- 16. Directive Principles of state policy are**
 - a) Political rights
 - b) Social rights
 - c) Constitutional rights
 - d) Legal rights
- 17. This is not a Directive Principle of State Policy.**
 - a) Living wage of worker
 - b) Right to work, Education
 - c) Secure just & corrupt free judiciary
 - d) Participation of workers in management of Industries
- 18. Uniform Civil Code means**

[Signature]

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- a) Uniform civil procedure code b) Civil Law applicable to common man
 c) Common Civil law applicable to all d) Civil law applicable to Hindu women and Muslim women
- 19. Free & Compulsory Education for all children is provided under Article 45 until they attain the age of**
 a) 14 years b) 21 years c) 18 years d) 16 years
- 20. Equal Justice & Free legal aid is guaranteed to**
 a) Socially backward classes b) Economically backward classes
 c) Socially & economically backward classes d) Educationally backward classes
- 21. The Directive Principles of state policy are the obligation of ____**
 a) Central Govt. b) State Govt. c) Central & State Govt. d) Citizens of India.
- 22. Article 38 of the Constitution aims to achieve ____**
 a) Social Justice b) Economic Justice c) Political Justice d) All of the above
- 23. Now free legal aid and speedy trial are ____**
 a) Only Directives b) duty of the citizens c) Fundamental Rights d) None of these
- 24. A person can move to the Supreme Court directly in the event of violation of Fundamental Rights under ____**
 a) Article 19 b) Article 22 c) Article 34 d) Article 32
- 25. Which of the following is the guardian of the FRs of the Citizens? OR who is the protector and Guarantor of the FRs?**
 a) Supreme Court b) President c) Parliament d) Lok sabha
- 26. Who is authorised to impose restrictions on FRs?**
 a) Legislature b) Judiciary c) Executive d) all of the above
- 27. Who are not entitled to form union?**
 a) Police b) Students c) Teachers d) Entrepreneurs
- 28. The National Commission for Women was created by**
 a) an amendment to constitution b) an act passed by the parliament
 c) an order of the president of India d) a decision of the union cabinet
- 29. NCW was established in the year**
 a) 1990 b) 1991 c) 1992 d) 1993
- 30. Who is the first male person to be appointed as member of the N C W?**
 a) Alok Rawat b) H L Dutt c) Jawaharlal Nehru d) none of the above
- 31. Who quoted "child is the today is the citizen of tomorrow"?**
 a) Jawaharlal Nehru b) Gandhiji c) Vallabhabai Patel d) Ambedkar
- 32. The Right to Strike is ____**
 a) Fundamental Duty b) Fundamental Right c) Directive principle of state policy d) none of these
- 33. India has recognized**
 a) Only one religion as national religion b) No religion as national religion
 c) Three religion as national religion d) Five religion as national religion
- 34. Directive Principle of state policy are included in our constitution from Article –**
 a) 38-51 b) 12-35 c) 39-54 d) 330-342
- 35. Who said the Directive Principle of the state policy are the "Novel features of the Indian Constitution"?**
 a) Motilal Nehru b) Jawaharlal Nehru c) B.R Ambedkar d) none of the above
- 36. The right of citizen to take procession is conferred by**
 a) Right to freedom of speech & expression b) Right to freedom of Association
 c) Right to freedom of movement d) Right to freedom of Assemble.

37. The legally permissible age for marriage of a boy & girl is ____
 a) 21 & 18 years b) 16 & 18 years c) 25 & 23 years d) none of these
38. The Constitution of India provides for ____
 a) Single citizenship b) Dual Citizenship
 c) Citizenship through equasions of property d) none of these
39. PIL is expanded as ____
 a) Public interest Legislation b) Private interest Legislation
 c) Private interest Litigation d) Public interest Litigation
40. How many types of political units existed in India at the time of Independence?
 a) two b) four c) Six d) Eight
41. How many Articles included while making Indian Constitution?
 a) 300 b) 368 c) 395 d) 448
42. The India Constitution came into force on 26.01.1950, hence this day is celebrated as
 a) Republic day b) Independence day c) Gandhi Jayanthi d) Nehru Jaynathi
43. Which term of the Preamble was inspired by the ancient Indian ideal "Vasudhavia Kutumbakam"?
 a) Unity and Integrity b) Equality c) Liberty d) Justice
44. A Flexible constitution
 a) Can be amended easily b) Cannot be amended easily
 c) Can be amended only after undergoing a special procedure d) Does not allow frequent changes
45. The Indian Constitution came into force on ____
 a) 26 November 1949 b) 26 January 1950 c) 15 August 1947 d) 26 December 1950
46. Our Constitution Prohibits ____
 a) Politics b) Liquor c) Untouchability d) Freedom
47. The Final Interpreter to Indian Constitution is ____
 a) President b) Supreme Court c) Parliament d) All of the above
48. Which of the following state has a separate Constitution?
 a) Jammu & Kashmir b) Nagaland c) West Bengal d) Sikkim
49. Provision for care & education to children has been inserted as a Fundamental right under ____
 a) Article 21 b) article 20 c) Article 21(A) d) Article 31(A)
50. The FR's which cannot be suspended even during an Emergency:
 a) Article 14 & 15 b) Article 29 & 30 c) Article 23 & 24 d) Article 20 & 21
51. Article 29 & 30 of the Constitution grants the following Rights
 a) Economic & Social Rights b) Legal & Political Rights
 c) Religious & Cultural Rights d) Cultural & Educational Rights
52. Fundamental duties were incorporated in the constitution to
 a) Curb subversive and unconstitutional activities b) Prevent misuse of fundamental rights
 c) Curb the growing power of execution d) Make the fundamental rights more meaningful.
53. The preamble was amended by:
 a) 24th amendment b) 42nd amendment c) 39th amendment d) none
54. Fundamental duties are borrowed from the constitution of
 a) Russia b) America c) Ireland d) Australia
55. Directive Principles of State Policy are contained in which part of the Constitution?
 a) Part I b) Part III c) Part IV d) Part- II
56. Which one of the following words were added to the Preamble of the Indian Constitution by the 42nd amendment?

Anoop

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- a) Secular b) Socialist c) Integrity d) All of these
- 57. Which one of the following is no longer a fundamental right?**
 a) Right to freedom of religion b) Right to equality c) Right to liberty d) Right to property
- 58. Right to Freedom of Religion aims at achieving the concepts of-----**
 a) Secularism b) Federalism c) Political Justice d) Economic Justice
- 59. The underlying objective of the Directive Principles is to achieve-----**
 a) Welfare state b) Police state c) Secular state d) none of these
- 60. The Right of Citizens to take out processions is conferred by:**
 a) Right to Freedom of Speech and Expression b) The Right to Freedom of Association
 c) The Right to Freedom of assemble d) The Right to Freedom of Movement
- 61. The Indian Constitution says UNTOUCHABILITY is abolished and its practice in any form is prohibited. This is provided under:**
 a) Right to Equality b) Right to Liberty
 c) Right against Exploitation d) Right to Constitutional Remedies.
- 62. Preamble to the Indian Constitution indicates:**
 a) Privileges give to the SCs and STs. b) The Power of Government to make laws. c) The circumstances under which the Constitution can be amended. d) The source of the Indian Constitution.
- 63. An arrested person has ___ number of rights under article 22**
 a) 4 b) 5 c) 6 d) 7
- 64. The word 'Secular' as used in the Preamble indicates**
 a) Treating all the languages equally. b) Special treatment to Hindu religion.
 c) Treating all the religions equally. d) None of these.
- 65. The preamble to our Constitution declares India as a:**
 a) Sovereign Democratic Republic b) Sovereign Socialist Democratic Republic
 c) Sovereign Socialist Republic d) Sovereign Socialist Secular Democratic Republic
- 66. Fundamental duty demands to**
 a) Abide by the Constitution b) work sincerely c) Avoid Corruption d) Abide by moral rules
- 67. Under which Article the fundamental duties are enshrined**
 a) Article 51 b) Article 52 c) Article 53 d) Article 51A
- 68. Under Article 21 A which Education is compulsory**
 a) Higher education b) Primary education c) Secondary education d) All of these
- 69. Which of the following is no longer a Fundamental Right?**
 a) Right to Liberty b) Right to Equality c) Right to Property d) Right to Religion
- 70. Right to property according to Indian Constitution is a**
 a) Fundamental Right b) Directive principle of state policy c) Legal Right d) Social Right
- 71. How many fundamental duties are there?**
 a) 5 b) 6 c) 10 d) 11
- 72. Cultural and Educational Rights are also known as**
 a) Minority rights b) Majority rights c) Both (a) and (b) d) None of these
- 73. Fundamental duties in the Constitution are addressed to the _____**
 a) Politicians b) People c) Workers d) Students
- 74. The Directive Principles of state policy are in the form of**
 a) Rights b) Duties c) Directions to state d) Obligation on citizens
- 75. Sexual harassment of working women is violation of**
 a) Fundamental duty b) Directive principle of state policy c) Fundamental right d) Rule of law

M. S. Rao

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Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment cell		
Name of the Activity	Talk on Gender Equity		
Target Audience	Second year Students of SMUITH		
Activity Date(s)	02-03-2019	Time	11.00 AM
Venue	Library Block - Seminar Hall 3		
Resource Person	Ms. Laxmi Shetty, Asst. Professor, Dept of ECE		

Expected expenditure		
S. No.	Description	Amount
		-
Total		

(Add rows if required)

Source of fund (Sponsorship/Registration fee)		
S. No.	Description	Amount
		-
Total		

(Add rows if required)

Financial support required from the Institute	
---	--

Dr. Lolita Priya Castelino	
Name of the Coordinator	Signature with date 02/02/2019
Signature of the HOD (if applicable)	

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Remarks by IQAC

may be conducted


Signature

Remarks by Principal

Good initiative. Proceed



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26 February 2019

Ref No: 2018-2019/WEC/03

CIRCULAR

Women Empowerment Cell of SMVITM, Bantakal is organizing an invited talk by Mrs. Laxmi Shetty, Assistant Professor, Department of Electronics and Communication on "Gender Equity" on 02 March 2019, at 11.00 AM in the Library Block Seminar Hall 3.

All the interested women staff members and second-year students of SMVITM are requested to attend the talk.


Lolita Priya Castelino

WEC Coordinator

Copy to:

1. All HODs & Section Heads
2. To be read in all second-year classes
3. Notice Board.


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Activity Report

Academic Year	2018-2019
Name of the Program	Talk on Gender Equity
Date	02-03-2019
Target Audience	Second year students of SMVITM
Resource Person	Ms Laxmi Shetty, Asst. Professor , Dept. of ECE, SMVITM
Number of Participants	F-41; M-121 Total-162

The Women Empowerment Cell (WEC) of Shri Madhwa Vadiraja Institute of Technology and Management (SMVITM), Bantakal, organized a talk on Gender Equity titled “She=he-lets gender sensitise ourself” on 2nd March 2019 in the, Library block Seminar Hall 3. Ms. Laxmi Shetty, Asst. Professor, Dept. of ECE, SMVITM was the resource person.

The session started with the Quote “HE=SHE” which aimed at creating the aura of intended session. Initially the speaker tried to explain the main concept of Gender equity by taking up few examples which throws light upon the concept of equity.

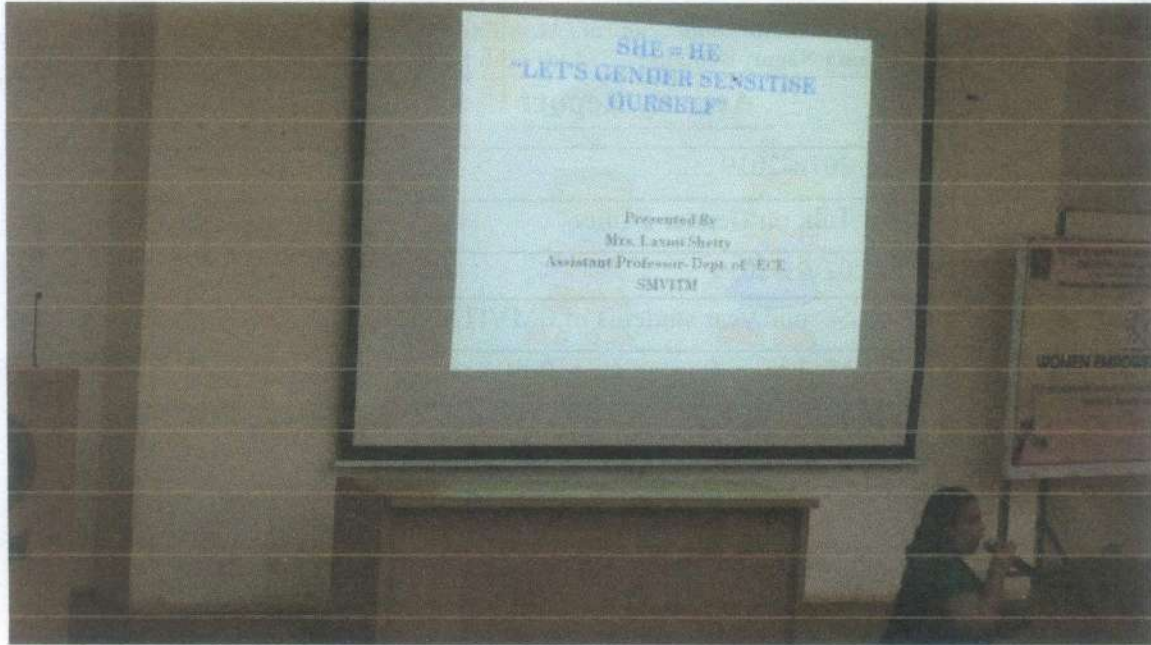
The session later covered an important topic known as” Gender Sensitisation”. Gendered assumptions and gender-based social discriminations exist throughout society, from organisational planning to the everyday interactions at the workplace. Gender sensitisation is the weapon towards Gender Equity, Equal Opportunity and Women Empowerment which is essential for creating sustainable development of the society.

The latter part of the session aimed at ” Women Empowerment”. Empowering women is also an indispensable tool for advancing development and reducing poverty. Empowered women contribute to the health and productivity of whole families and communities and to improved prospects for the next generation. At the end Ms. Laxmi Shetty focused on the importance of bringing change in order to overcome all the evils of the society.

Ms. Rushali of 3rd year ECE introduced the guest speaker to the audience. Members of Women Empowerment Cell and total 162 second year students participated in the session. The students actively participated in the talk by sharing their views and concerns which showed their perspective towards the sensitivity of the issue.

Mscor

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Caption	"Talk on Gender Equity"
Venue	Library Block Seminar Hall 3
Latitude	13.254285
Longitude	74.784142



Principal *[Signature]*

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		Name of the Event: Talk On Gender Equity	
Branch: EC		Date: 2/3/2019 Time :11:00am-1:00pm	
S. No.	USN	Student Name	Signature
1	4MW17EC001	ABHIJITH	AB
2	4MW17EC002	ADARSHA HEBBAR	AB
3	4MW17EC003	ADITYA K	Aditya K
4	4MW17EC004	AKHILA K V	Akhila
5	4MW17EC005	AKSHATHA P UPADHYA	AB
6	4MW17EC006	AMRIT T NAIK	Amrit
7	4MW17EC007	ANISHA H SHETTY	Anisha
8	4MW17EC008	ANUSHREE RAO	Anushree
9	4MW17EC009	ASHISH SUVARNA U	Ashish
10	4MW17EC010	ASHWINI	AB
11	4MW17EC011	B PRADYUMNA TANTRY	AB
12	4MW17EC012	BANU N S	Banu N S
13	4MW17EC013	BHARATH SHENOY	AB
14	4MW17EC014	CHETHANA	Chethana
15	4MW17EC015	DEEKSHA JOGI	Deeksha
16	4MW17EC016	DEVADIGA POOJA NARAYAN	AB
17	4MW17EC017	DHANYASHREE N	AB
18	4MW17EC018	DISHA D SHETTY	Disha
19	4MW17EC019	GAUTHAM VIJAY N	Gautham
20	4MW17EC020	GOPIKA C B	AB
21	4MW17EC021	GOWRI M	AB
22	4MW17EC022	JEEVAN JAGANNATH ACHARI	AB
23	4MW17EC023	K ADITH HOLLA	AB
24	4MW17EC024	K R SUPREETH KUMAR	AB
25	4MW17EC025	KAVANA MAHESH HEGDE	AB
26	4MW17EC026	KAVITHA U	AB
27	4MW17EC027	M G SOUMYA	AB
28	4MW17EC028	MOHAMMED WASIM AKRAM	AB
29	4MW17EC029	MUSKAN	AB
30	4MW17EC030	NAMANA	AB
31	4MW17EC031	NAVYA D SHETTY	Navya
32	4MW17EC032	NIDISH M SUVARNA	Nidish
33	4MW17EC033	NIVEDITHA HEBBAR K	AB
34	4MW17EC034	NIVEDITHA NAYAK P	Niveditha
35	4MW17EC035	POOJA	AB
36	4MW17EC036	POORVIKA	Poorvika
37	4MW17EC037	PRADHYUMNA P TANTRY	AB
38	4MW17EC038	PRAJWAL	AB

M. S. S.

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		Name of the Event: Talk On Gender Equity	
Branch: ME		Date: 2/3/2019 Time :11:00am-1:00pm	
S. No.	USN	Student Name	Signature
1	4MW15ME078	PRATHEEK D SHETTY	AB
2	4MW15ME079	PRATHWIK	AB
3	4MW16ME037	H MANJESH	AB
4	4MW16ME042	KUNDER DION SHELVIN	AB
5	4MW16ME046	MOHAMMED ADEEB SHEIKH	AB
6	4MW16ME048	MOHAMMED ZAID RAFIQ	AB
7	4MW16ME067	RAKSHITH B SHETTY	AB
8	4MW16ME081	SAYED FAYAZ	AB
9	4MW16ME099	THEJASWI KUMAR P	AB
10	4MW16ME102	VINAY	AB
11	4MW17ME001	AARON LAWRENCE ALVA	AB
12	4MW17ME002	AARON ROYCE D MELLO	Aaron Royce D Mello
13	4MW17ME003	ABHISHEK	Abhishek
14	4MW17ME004	ADITHYA	ADITHYA
15	4MW17ME005	AKASH K	AKASH K
16	4MW17ME006	AKASH PATKAR	AB
17	4MW17ME007	AKSHAY S	AB
18	4MW17ME008	ANEESH R UPADHYA	AB
19	4MW17ME011	ANUSH	ANUSH
20	4MW17ME012	AVIN CARVALHO	AB
21	4MW17ME013	BRAYAN REIVE FERNANDES	BRAYAN
22	4MW17ME014	CHINMAY K	CHINMAY
23	4MW17ME015	CHIRAG U	CHIRAG
24	4MW17ME016	DEEKSHITH	DEEKSHITH
25	4MW17ME017	DEEPAJ J SHETTIGAR	DEEPAJ
26	4MW17ME018	FAIZAN B	FAIZAN
27	4MW17ME019	FAWAZ AHAMED	FAWAZ
28	4MW17ME020	GAUTHAMI G NAYAK	GAUTHAMI
29	4MW17ME021	GURURAJA S HEBBAR	AB
30	4MW17ME022	HARSHITH G	HARSHITH
31	4MW17ME023	KARTHIK HEBBAR	AB
32	4MW17ME024	KARTHIK KULAL	AB
33	4MW17ME025	KARTHIK R	KARTHIK
34	4MW17ME027	MANJUNATHA	AB
35	4MW17ME029	MOHAMMED AFWAN	MOHAMMED
36	4MW17ME030	MOHAMMED MUFEEED	MOHAMMED

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37	4MW17ME031	MOHAMMED NIHAL	AB
38	4MW17ME032	MOHAMMED OMAR	AB
39	4MW17ME034	NAGARAJ	AB
40	4MW17ME035	NAGARAJ PAI	AB
41	4MW17ME036	NEIL WILSON MENEZES	AB
42	4MW16ME106	PRATHEEK J K	AB
43	4MW17ME038	NISHANTH GANESH SHETTIGAR	AB
44	4MW17ME039	NISHANTH PRABHU K	AB
45	4MW17ME040	NISHANTH S SHETTY	AB
46	4MW17ME041	PALAN NIKHIL SHANKAR	AB
47	4MW17ME042	PAVANA	AB
48	4MW17ME043	POOJARY SAGAR SHIVARAM	AB
49	4MW17ME044	PRASANNA	AB
50	4MW17ME045	PRATHAMESH	AB
51	4MW17ME046	PRINSON ALMEIDA	AB
52	4MW17ME047	PUNEETH ACHARYA	AB
53	4MW17ME048	RADEESH S KOTIAN	AB
54	4MW17ME049	RAKSHITH	AB
55	4MW17ME050	RAKSHITH MUNDKUR	AB
56	4MW17ME053	SAINANDAN	AB
57	4MW17ME054	SAMPATH KUMAR R SHETTY	AB
58	4MW17ME055	SANATH KAMATH	AB
59	4MW17ME056	SHAMAN HEGDE	AB
60	4MW17ME057	SHANBHAG SHRINIVAS SHRIDHAR	AB
61	4MW17ME058	SHARATH	AB
62	4MW17ME059	SHASHANK	AB
63	4MW17ME060	SHREYAS SIMHA G	AB
64	4MW17ME061	SHRIVATHSA R B	AB
65	4MW17ME062	SRIRAM	AB
66	4MW17ME063	SUVARNA ROSHAN PRAKASH KUSHALA	AB
67	4MW17ME064	SWAROOP JAIN	AB
68	4MW17ME065	SYED ISMAIL	AB
69	4MW17ME066	THANUSH	AB
70	4MW17ME067	U S VIGNESH	AB
71	4MW17ME068	UDUPA OMKAR CHIDAMBARA	AB
72	4MW17ME069	VIGNESH RAO	AB
73	4MW17ME070	VIKRAM B N	AB
74	4MW17ME071	VIKRANTH KUMAR	AB
75	4MW17ME072	VILAS S SHETTY	AB

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76	4MW17ME073	VILTON HANSON DSOUZA	<i>VH</i>
77	4MW17ME074	VISHAL V SHETTY	<i>V. shetty</i>
78	4MW17ME075	YASHAS JANARDHAN ACHARY	<i>Yasha</i>
79	4MW17ME076	YASHAS SUBRAMANYA SHETTY	<i>Yashas</i>
80	4MW17ME077	SHASHANK S	<i>Shashank</i>
81	4MW17ME078	DISHITH D SHETTY	<i>DS</i>
82	4MW18ME400	VINAY B P	<i>VBP</i>

Present

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 INSTITUTE OF TECHNOLOGY & MANAGEMENT
 Vishwothama Nagar, Udupi Dist.
 BANTAKAL - 574 115

		Name of the Event: Talk On Gender Equity	54
Branch: CSE		Date: 2/3/2019 Time :11:00am-1:00pm	
S. No.	USN	Student Name	Signature
1	4MW15CS047	NAHUSH BHARADWAJ M	AB
2	4MW16CS036	MAHITH HEGDE	MH
3	4MW16CS041	NAMITHA D RAO	AB
4	4MW16CS049	PAI RAGHAVENDRA GOPINATH	AB
5	4MW16CS106	VIDYA D AMIN	AB
6	4MW17CS001	ABHIDEV V	
7	4MW17CS002	ADITHYA D SANIL	
8	4MW17CS003	AISHWARYA	Aishwarya
9	4MW17CS004	AISHWARYA KEDLAYA K	
10	4MW17CS005	AKIHLALAKSHMI T BHAT	
11	4MW17CS006	AKSHATHA	
12	4MW17CS007	ANJANA	AB
13	4MW17CS008	ANUPAMA	Anupama
14	4MW17CS009	ANUSHA SHETTY	AB
15	4MW17CS010	ASHMITHA KALKUR	AB
16	4MW17CS011	ASHUTOSH KUMAR	
17	4MW17CS012	AYSHA SANA	Ashutosh
18	4MW17CS013	B APOORVA BHAT	AB
19	4MW17CS014	BHOOMIKA	Bhoomika
20	4MW17CS015	C GAGAN BABU	
21	4MW17CS016	CHARITHRA KINI T	AB
22	4MW17CS017	CHETHAN	AB
23	4MW17CS018	CHETHANA MOGAVEERA	Chethana
24	4MW17CS019	CHINTAN SHETTY	Chintan
25	4MW17CS020	DEEKSHA	
26	4MW17CS021	DEEKSHITHA ACHARYA	Deekshitha
27	4MW17CS022	DEEPAK NAYAK	AB
28	4MW17CS023	DEEPITH	AB
29	4MW17CS024	DEEPTHI VIOLA BARBOZA	AB
30	4MW17CS025	DHANARAJ	
31	4MW17CS026	DHANUSHREE	AB
32	4MW17CS027	DISHA SHETTY	Disha Shetty
33	4MW17CS029	FAHEEM AHMAD	Fahem Ahmad
34	4MW17CS030	GANESHA K S	AB
35	4MW17CS031	GANPAT PATEL	
36	4MW17CS032	HANSEN CLYDE LOBO	
37	4MW17CS033	HARIKRISHNA R	
38	4MW17CS034	HARSHA	Harsha

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39	4MW17CS035	JEEVAN REBEIRO	
40	4MW17CS036	JITHESH SHENOY	<i>Jithesh</i>
41	4MW17CS037	K SAHANA	AB
42	4MW17CS038	K SHRIVATHSA	<i>Shritha</i>
43	4MW17CS039	KIRTHI NAYAK	AB
44	4MW17CS040	MAHIMA M VAKWADI	<i>Mahima</i>
45	4MW17CS041	MAHIMA S RAO	AB
46	4MW17CS042	MEGHANA	AB
47	4MW17CS043	MOHAMMED SAHIL	AB
48	4MW17CS044	MOHIKA	AB
49	4MW17CS045	NISCHITH	AB
50	4MW17CS046	NISHWAN N	AB
51	4MW17CS047	NITHISH SHETTY	AB
52	4MW17CS048	NOOR BANU	AB
53	4MW17CV020	PREETHAM R POOJARY	AB
54	4MW17ME010	ANIRUDHA B SHETTY	AB
55	4MW17CS049	PALLAVI KAMATH	<i>Pallavi Kamath</i>
56	4MW17CS050	PALLAVI PATIL	<i>Pallavi</i>
57	4MW17CS051	PAREEKSHITH S	<i>Pareekshith</i>
58	4MW17CS052	POOJARY SHUBHAM SUNDAR	<i>Shubham P</i>
59	4MW17CS053	POOJASHREE	<i>Poojashree</i>
60	4MW17CS054	PRAJNA	AB
61	4MW17CS055	PRAJNA U	AB
62	4MW17CS056	PRAJWAL B S	AB
63	4MW17CS057	PRAMODA KALKURA	<i>Pramoda</i>
64	4MW17CS058	PRANAV R NAYAK N	<i>Pranav</i>
65	4MW17CS059	PREKSHA	<i>Preksha</i>
66	4MW17CS060	PUNEETHRAJ B.	<i>Puneethraj</i>
67	4MW17CS061	RAKSHITHA R	AB
68	4MW17CS062	RANJITH	<i>Ranjith</i>
69	4MW17CS063	RASHMI	AB
70	4MW17CS064	RAUNAK CHOUDHARY	<i>Raunak</i>
71	4MW17CS065	REEFA	AB
72	4MW17CS066	SALIAN CHAITRA SURESH	AB
73	4MW17CS067	SAMPOORNA	<i>Sampurna</i>
74	4MW17CS068	SAMRADH SHETTY	AB

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75	4MW17CS069	SAMREN ABDUL SALAM	<i>Samren</i>
76	4MW17CS070	SAMSKRITHI JAIN	AB
77	4MW17CS071	SANJANA	AB
78	4MW17CS072	SHAIK MEHAK	<i>ShaiK</i>
79	4MW17CS073	SHAIKH MUSKAAN	<i>ShaiK</i>
80	4MW17CS074	SHASHANK NAYAK	<i>Shyket</i>
81	4MW17CS076	SHETTY SAURABH LAVAKUMAR	AB
82	4MW17CS077	SHETTY VIGHNESH DHANRAJ	<i>Shetty</i>
83	4MW17CS078	SHLOKA S SHETTY	<i>Shetty</i>
84	4MW17CS079	SHREYAS G ACHARYA	<i>Shyket</i>
85	4MW17CS080	SHRI HARI KALLAPUR	<i>Shyket</i>
86	4MW17CS081	SHRIKALA	AB
87	4MW17CS082	SHRILATHA S	<i>Shrilatha S</i>
88	4MW18CS600	SHREE VIDYA RAO A	<i>Shyket</i>
89	4MW17CS083	SHRINIDHI N	AB
90	4MW17CS085	SRINIDHI	<i>Shyket</i>
91	4MW17CS086	SRIVATSA UPADHYA P	<i>Shyket</i>
92	4MW17CS087	SUHAS KASHYAP N	AB
93	4MW17CS088	SURYA	<i>Shyket</i>
94	4MW17CS089	SUSHMA	<i>Shyket</i>
95	4MW17CS090	SWATHI	AB
96	4MW17CS091	T NAMRATHA PAI	AB
97	4MW17CS092	ULLAS	AB
98	4MW17CS093	VAIBHAVA LAXMI	AB
99	4MW17CS094	VANDANA NAYAK	<i>Vandana</i>
100	4MW17CS095	YAHYA M H I ASADI	<i>Yahya</i>
101	4MW18CS400	KOTIAN RAKSHITHA RAMESH	AB

Shyket

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S. No.	USN	Name of the Event: Talk On Gender Equity	
		Branch: CV	Date: 2/3/2019 Time :11:00am-1:00pm
S. No.	USN	Student Name	Signature
1	4MW16CV011	MEGHANA	AB
2	4MW16CV027	PRERAN P SHETTY	AB
3	4MW16CV028	PUSHKARA K C	AB
4	4MW16CV047	PRAJWAL R SUVARNA	AB
5	4MW17CV002	ABHIJITH SERIGARA	AB
6	4MW17CV003	AISHITA M HEGDE	AB
7	4MW17CV004	AJITH PATIL C S	AB
8	4MW17CV005	ALFAA I GURKAR	Alfaa
9	4MW17CV006	ANANYA E V	AB
10	4MW17CV007	GURUPRASAD	Guruprasad
11	4MW17CV008	HARSHAVARDHAN N	Harshavardhan
12	4MW17CV009	KAVYA C	AB
13	4MW17CV010	KOWSHIK S G	AB
14	4MW17CV011	LAXMISHA SHENOY H	Laxmisha
15	4MW17CV012	MOHAMED FAHAD	Mohamed Fahad
16	4MW17CV013	MOHAMMED MUZAMMIL MUSHTAQ	Mushtaq
17	4MW17CV014	NAVEEN HEGDE	Naveen
18	4MW17CV015	NIKITH	Nikith
19	4MW17CV016	P GURURAJA RAO	AB
20	4MW17CV017	PAVITHRA	Pavithra
21	4MW17CV018	POORNITHA S	Poornitha
22	4MW17CV019	PRAFULLA SHANTARAM NAYAK	AB
23	4MW17CV021	PREETHAM SHETTY	Preetham
24	4MW17CV022	RAKSHA R SHETTY	Raksha
25	4MW17CV023	RHEA SARAMANI SALINS	Rheasaline
26	4MW17CV024	RITESH R	Ritesh
27	4MW17CV025	SACHIN	AB
28	4MW17CV026	SAFA	Safa
29	4MW17CV027	SAHAR GULAM SHAIKH	Sahar
30	4MW17CV028	SHABARISH C	AB
31	4MW17CV029	SHAIMA	AB

Muzam

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32	4MW17CV031	SHOUKATH ALI K H	<i>[Signature]</i>
33	4MW17CV032	SHYLASHRI	AB
34	4MW17CV033	SINDHU	<i>[Signature]</i>
35	4MW17CV034	SOWRAV K	R. Sarava
36	4MW17CV035	SRIVATHSA SHETTY	<i>[Signature]</i>
37	4MW17CV037	SWALIHA SHEIKH	<i>[Signature]</i>
38	4MW17CV407	RAKSHITH	AB
39	4MW18CV400	ARPITHA K G	AB
40	4MW18CV401	LIKHITHRAJ	<i>[Signature]</i>
41	4MW18CV402	MALCOLN TYNAN SUARES	<i>[Signature]</i>
42	4MW18CV403	MARUTHI M B	AB
43	4MW18CV404	PRATHYAKSHA KUMAR	AB
44	4MW18CV405	SATHISH	<i>[Signature]</i>
45	4MW18CV406	SHRINIDHI BHAT	<i>[Signature]</i>
46	4MW18CV407	YUVARAJ	<i>[Signature]</i>

[Signature]

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Website : www.sode-edu.in

Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

02 March 2019

Ms. Laxmi Shetty
Assistant Professor(Sr)
Dept. of ECE
SMVITM, Bantakal

Dear Madam

Sub: Letter of Gratitude

We are glad to have you as a resource person for a session titled "Gender Equity" organized for the benefit of 2nd year students of SMVITM held on 02 March 2019.

I thank you for sparing your valuable time and sharing your knowledge for the benefit of our students.

Thanking you

With regards

Thirumaleshwara Bhat

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Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment Cell		
Name of the Activity	International Women's Day celebration		
Target Audience	Faculty, Staff and Students of SMVTM		
Activity Date(s)	12-03-2019	Time	
Venue	Admin Block Seminar Hall		
Resource Person	Ms. Anilk Anandade, Associate Vice President, 99 Games		

Expected expenditure		
S. No.	Description	Amount
1.	Donation	2000.00
2.	Prize Amount (competitions on occasion of women's Day	2000.00
Total		4000.00

(Add rows if required)

Source of fund (Sponsorship/Registration fee)		
S. No.	Description	Amount
Total		

(Add rows if required)

Financial support required from the Institute	
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Dr. Lolita Priya Costelino Name of the Coordinator	<i>[Signature]</i> Signature with date 02/03/2019
Signature of the HOD (if applicable)	

[Signature]
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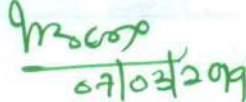
Remarks by IQAC

May be conducted


Signature

Remarks by Principal

Proceed



Principal

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Signature



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Vishwothama Nagar, Bantakal - 574 115, Udupi District. Karnataka, India



With the divine blessings of His Holiness

Shri Shri Vishwavallabha Theertha Swamiji
(Shri Sode Vadiraja Mutt, Udupi)



*Women Empowerment Cell in Association with
IEEE Student Branch Cordially invite you to the
Celebration of*



INTERNATIONAL WOMEN'S DAY

Tuesday 12th March 2019 at 3:00 pm
Venue: Seminar Hall 3 Library Block

Chief Guest
Ms. Anila Andrade
Associate Vice President, 99Games

Presiding
Shri Rathnakumar
Secretary, SSVMET, Udupi

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INSTITUTE OF TECHNOLOGY AND MANAGEMENT**

A Unit of Shri Sode Vadiraja Mutt Education Trust® Udupi
Vishwothama Nagar, Bantakal – 574 115, Udupi District, Karnataka, INDIA

ACTIVITY REPORT

Academic Year	2018-2019
Name of the Program	International Women's Day Celebration
Date	12-03-2019; Time: 3:00 PM – 4:45PM
Target Audience	Faculty, Staff and Students of SMVITM
Resource Person	Ms. Anila Andrade, Associate Vice President, 99Games, Udupi
Number of Participants	Total-150 (approx.)

The Women Empowerment Cell (WEC) of Shri Madhwa Vadiraja Institute of Technology and Management, Bantakal in association with IEEE student branch celebrated International Women's Day on 12th March, 2019 in the seminar hall of our Admin block. Ms. Anila Andrade, Associate Vice President, 99Games, Udupi was the chief guest of the program.

Celebrations started with the invocation by Ms. Vaishnavi Katte and prelude to women's day and welcome address was delivered by Ms. Sahana Udupa.

Later, Ms. Anila Andrade began her speech quoting a few examples on how society has a preconceived opinion on women in every aspect of life and how one has to overcome this initial hurdle. Continuing her words, she expressed her view on gender equality. She appealed to the girl students to be confident about their ability and not to fear of any external factors like eve teasing or gender bias in the course of their work life. She also shared a few of her experiences on how she could build a successful life balancing her personal and professional life. Finally she concluded her speech by asking students to identify their own strength by overcoming their weaknesses and establish a successful career.

Ms. Mamatha from 8th sem ECE was felicitated by WEC for immense contribution towards conducting various sessions during the previous years. As a part of Women's day celebration, Hairstyle and Vegetable art competitions had been conducted. Prizes for the winners were distributed.

Sri. Ratnakumar, secretary, SSMET presided over the program. Speaking on the occasion he expressed his happiness at being a part of such a useful event, as it motivates and empowers the female employees and girl students of SMVITM. He wished to see more of such events being organized by the institution which can boost the confidence of the women community of the college. He shared a few examples of the women who made some remarkable achievements in their field of interest. Finally he wished to see girls achieve greater heights in career fronts and to uphold the values of their parents and the institution.

At the end of the program fun games were conducted. Members of Women empowerment cell and around 150 student, staff and faculty members participated in the celebrations. Ms. Suraksha of 3rd year ECE introduced the chief guest to the audience. Ms. Niharika of 1st year ECE was the Master of Ceremony. Ms. Rushali of 3rd year ECE delivered the vote of thanks.


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Caption	International Women's Day
Venue	Admin Block Seminar Hall
Latitude	13.254605
Longitude	74.785047



Mscop

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Anoop

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TE-3000

ದೌರ್ಬಲ್ಯಗಳಿಂದ ಹೊರ ಬನ್ನಿ



ಬಂಟ್ವಿಲ್ಲು ಶ್ರೀ ಮಧ್ವವಾದಿರಾಜ ತಾಂತ್ರಿಕ ಮಹಾವಿದ್ಯಾಲಯದ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕ ಹಾಗೂ ಬಾಬಾಜಿ ವಿದ್ಯಾರ್ಥಿ ಘಟಕದ ಸಹಯೋಗದಲ್ಲಿ ಸೋಮವಾರ ಅಂತಾರಾಷ್ಟ್ರೀಯ ಮಹಿಳಾ ದಿನಾಚರಣೆ ನಡೆಯಿತು. ಮುಖ್ಯ ಅತಿಥಿಯಾಗಿದ್ದ ಉಡುಪಿಯ 99 ಗೇಮ್ಸ್ ಕಂಪನಿಯ ಉಪಾಧ್ಯಕ್ಷೆ ಅನಿಲ ಅಂದ್ರಾದೆ ಮಾತನಾಡಿ, ಮಹಿಳೆಯರು ತಮ್ಮ ಸಾಮರ್ಥ್ಯದ ಬಗ್ಗೆ ವಿಶ್ವಾಸವಿರಿಸಿ ಜೀವನದಲ್ಲಿ ಎದುರಾಗುವ ಅಡಚಣೆಗಳನ್ನು ಯಾವುದೇ ಭೀತಿಯಿಲ್ಲದೆ ಎದುರಿಸಬೇಕು. ತನ್ನ ವೈಯಕ್ತಿಕ ಬದುಕಿನೊಂದಿಗೆ ವೃತ್ತಿ ಬದುಕನ್ನು ಸಮತೋಲನಗೊಳಿಸುವ ಮೂಲಕ ಜೀವನದಲ್ಲಿ ಯಶಸ್ಸನ್ನು ಸಾಧಿಸಬೇಕು ಮತ್ತು ತಮ್ಮಲ್ಲಿರುವ ದೌರ್ಬಲ್ಯಗಳಿಂದ ಹೊರ ಬಂದು ಯಶಸ್ವಿ ಜೀವನ ನಡೆಸಬೇಕು ಎಂದು ಸಂಸ್ಥೆಯ ಕಾರ್ಯದರ್ಶಿ ರಶ್ಮಿಕುಮಾರ್

ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿ ಮಹಿಳಾ ದಿನದ ಶುಭ ಹಾರೈಸಿ, ಮಹಿಳೆಯರಿಗೆ ಈ ಸಂಸ್ಥೆಯು ಸಂಪೂರ್ಣ ವ್ಯವಸ್ಥಾಪನೆಯ ನೀಡುತ್ತದೆ ಎಂದರು. ಕಾಲೇಜಿನ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕದ ಸಂಯೋಜಕಿ ಲೋಲಿಬಾ ಪ್ರಿಯಾ ಕ್ಯಾನ್ಸಲರಿನೊ ಉಪಸ್ಥಿತರಿದ್ದರು. ಮಹಿಳಾ ದಿನಾಚರಣೆಯ ಅಂಗವಾಗಿ ಕೇಶವಿನ್ಯಾಸ, ತರಕಾರಿ ಕಲೆ ಮೊದಲಾದ ಸ್ಪರ್ಧೆಗಳನ್ನು ನಡೆಸಲಾಯಿತು. ಸ್ಪರ್ಧೆಯಲ್ಲಿ ವಿಜೇತರಾದವರಿಗೆ ಬಹುಮಾನ ವಿತರಿಸಲಾಯಿತು. ಕಾಲೇಜಿನ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕಕ್ಕೆ ನಿರಂತರವಾಗಿ ವಿವಿಧ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಸಹಕರಿಸಿದ ವಿದ್ಯಾರ್ಥಿನಿ ಮಮತಾ ಅವರನ್ನು ಅಭಿನಂದಿಸಲಾಯಿತು. ಸಹನಾ ಉಡುಪು ಸ್ವಾಗತಿಸಿದರು. ಸುರಕ್ಷಾ ಅತಿಥಿಗಳನ್ನು ಪರಿಚಯಿಸಿದರು. ವಿಚಾರಣಾ ನಿರೂಪಿಸಿದರು. ರುಷಾಲಿ ವಂದಿಸಿದರು.

Udayavani dated 20/03/2019

ಉದಯವಾಣಿ

'ಮಹಿಳೆಯರು ಆತ್ಮವಿಶ್ವಾಸದೊಂದಿಗೆ ಯಶಸ್ವಿ ಜೀವನ ನಡೆಸಿ'

ಶಿರ್ವ, ಮಾರ್. 19: ಮಹಿಳೆಯರು ತಮ್ಮ ಸಾಮರ್ಥ್ಯದ ಬಗ್ಗೆ ವಿಶ್ವಾಸವಿರಿಸಿ ಹೊರಗಿನ ಸಮಾಜದಿಂದ ಬರುವ ಅಡಚಣೆಯನ್ನು ಯಾವುದೇ ಭೀತಿಯಿಲ್ಲದೆ ಎದುರಿಸಬೇಕು. ತನ್ನ ವೈಯಕ್ತಿಕ ಬದುಕಿನೊಂದಿಗೆ ವೃತ್ತಿ ಬದುಕನ್ನು ಸಮತೋಲನಗೊಳಿಸುವ ಮೂಲಕ ಜೀವನದಲ್ಲಿ ಯಶಸ್ಸನ್ನು ಸಾಧಿಸಬೇಕು. ತಮ್ಮಲ್ಲಿರುವ ದೌರ್ಬಲ್ಯಗಳಿಂದ ಹೊರಬಂದು ಆತ್ಮ ವಿಶ್ವಾಸದೊಂದಿಗೆ ಯಶಸ್ವಿ ಜೀವನವನ್ನು ನಡೆಸಬೇಕು ಎಂದು ಉಡುಪಿಯ 99 ಗೇಮ್ಸ್ ಕಂಪನಿಯ ಉಪಾಧ್ಯಕ್ಷೆ ಅನಿಲ ಅಂದ್ರಾದೆ ಹೇಳಿದರು.



ಅವರು ಬಂಟ್ವಿಲ್ಲು ಶ್ರೀ ಮಧ್ವ ವಾದಿರಾಜ ತಾಂತ್ರಿಕ ಮಹಾವಿದ್ಯಾಲಯದ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕ ಹಾಗೂ ಬಾಬಾಜಿ ವಿದ್ಯಾರ್ಥಿ ಘಟಕದ ಸಹಯೋಗದಲ್ಲಿ ಕಾಲೇಜಿನಲ್ಲಿ ಆಯೋಜಿಸಿದ ಏಳು ಮಹಿಳಾ ದಿನ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ

ಮುಖ್ಯ ಅತಿಥಿಯಾಗಿ ಭಾಗವಹಿಸಿ ಮಾತನಾಡಿದರು. ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದ ಸಂಸ್ಥೆಯ ಕಾರ್ಯದರ್ಶಿ ರಶ್ಮಿಕುಮಾರ್ ಕಾಲೇಜಿನ ಮಹಿಳಾ ಸಿಬ್ಬಂದಿ ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಮಹಿಳಾ ದಿನದ ಶುಭ ಹಾರೈಸಿದರು. ಕಾಲೇಜಿನ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕದ ಸಂಯೋಜಕಿ ಲೋಲಿಬಾ ಪ್ರಿಯಾ ಕ್ಯಾನ್ಸಲರಿನೊ ಉಪಸ್ಥಿತರಿದ್ದರು. ಮಹಿಳಾ ದಿನಾಚರಣೆಯ ಅಂಗವಾಗಿ ಕೇಶವಿನ್ಯಾಸ, ತರಕಾರಿ

ಕಲೆ ಮೊದಲಾದ ಸ್ಪರ್ಧೆಗಳನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಸ್ಪರ್ಧೆಯಲ್ಲಿ ವಿಜೇತರಾದವರಿಗೆ ಬಹುಮಾನ ವಿತರಿಸಲಾಯಿತು. ಕಾಲೇಜಿನ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಘಟಕಕ್ಕೆ ನಿರಂತರವಾಗಿ ವಿವಿಧ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಸಹಕರಿಸಿದ ವಿದ್ಯಾರ್ಥಿನಿ ಕು. ಮಮತಾ ಅವರನ್ನು ಅಭಿನಂದಿಸಲಾಯಿತು. ಸಹನಾ ಉಡುಪು ಸ್ವಾಗತಿಸಿದರು. ಸುರಕ್ಷಾ ಅತಿಥಿಗಳನ್ನು ಪರಿಚಯಿಸಿದರು. ನಿಹಾರಿಕ ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿ, ರುಷಾಲಿ ವಂದಿಸಿದರು.



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Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

12 March 2019

Ref.No:SMVITM/2018-19/ 758

Ms. Anila Andrade
Associate Vice President of Operations
99 Games
Udupi

Dear Madam

Sub: Letter of Gratitude

It is with a great sense of gratitude and appreciation I offer you the words of thanks for sharing your experiences and motivating our staff and students during the **International Women's Day celebration** held on 12 March 2019.

We sincerely express our gratitude for your immense support extended to make this program worthy and informative.

We look forward for your support in the days to come.

Thanking you

With regards

Thirumaleshwara Bhat

Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar Udupi Dist.
BANTAKAL - 574 115

Principal
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Fax : 0820-2589184
E-mail : info@sode-edu.in
Website : www.sode-edu.in

Name of The Event: Women's Day Celebration

Time: 3.00 PM

Sl.No	Name	Year	Signature
1	Karthana J Shetty	1st	
2	Shruya	1st	
3	Aishwarya S	1st	
4	Akanksha	1st	
5	Ananya Bhat	1st	
6	Aninditha	2nd	
7	Anjali	2nd	
8	Anurha	2nd	
9	Anurha	1st	
10	Aqsa Bashir	1st	
11	Asha	2nd	
12	Ashmi K Kotian	2nd	
13	Ashwika Sanil	1st	
14	Bhoomika	2nd	
15	Chandana H R	2nd	
16	Fathima Namika	2nd	
17	Adithi S Noyak	1st	
18	K Niveditha Kamath	2nd	
19	Kavya	1st	

20	Nishmitha Shetty	1st	Nishas
21	Prajna Y	1st	Prajna
22	Pranjnashree P Achar	1st	Prajna
23	Prakrithi S Rao	2nd	Prakrithi
24	Prashanthi	2nd	Prashanthi
25	Rashmitha	1st	Rashmitha
26	Ssinchana	1st	Ssinchana
27	Sahana B T	1st	Sahana
28	sharanya M	2nd	Sharanya
29	sharanya U	2nd	Sharanya
30	shetty sneesha dinesh	2nd	Sneesha
31	Shilpa Loknath Amin	1st	Shilpa
32	Shreya ngyek K	1st	Shreya
33	Shreya Subhashchandra Shetty	1st	Shreya
34	Smitha	1st	Smitha
35	Sneha	2nd	Sneha
36	Sneha	2nd	Sneha
37	Soubhagya Karantha V	2nd	Soubhagya
38	SUMAVYA	1st	Sumavya
39	Pushmitha N	1st	Pushmitha
40	Twensica Swedel Pinto	1st	Twensica
41	Vaishnavi	1st	Vaishnavi
42	Varsha EC	1st	Varsha
43	Bindu K P	2nd	Bindu
44	Janvi V NILEKANI	2nd	Janvi
45	Kvipa shetty H.	1st	Kvipa

46	KAVYA KAMATH	1st	Kavya
47	KAVYA RAO N	1st	Kavya.
48	KAVYA TJ	1st	Kavya T
49	Kripashree Bhat	2nd	Kripa
50	Kvithi & SHERIGAR	2nd	Kvithi S.
51	Meghana Adiga	1st	Meghana
52	Nameeva Sulthana.	2nd	Nameeva
53	Navya ShanBhag	2nd	Navya
54	Neha Shetti gar	2nd	Neha
55,	Niveeksha.	2nd.	Niveeksha

Arzoo

Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udipi Dist.
BANTAKAL - 574 115



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Activity Request form

Academic Year	2018-19		
Department/Section/ Committee/Cell	Women Empowerment cell		
Name of the Activity	Talk on Women's Health Issues		
Target Audience	Girl students of SMVITM		
Activity Date(s)	29-04-2019	Time	3.15 PM
Venue	Admin Block Seminar Hall		
Resource Person	Dr. Jyothi R, Professor, MCON, Manipal		

Expected expenditure

S. No.	Description	Amount
1	Honorarium	2000
Total		2000

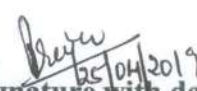
(Add rows if required)

Source of fund (Sponsorship/Registration fee)

S. No.	Description	Amount
Total		

(Add rows if required)

Financial support required from the Institute	
---	--

Dr. Lolita Priya Castelino Name of the Coordinator	 Signature with date 25/04/2019
Signature of the HOD (if applicable)	


Principal

SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Remarks by IQAC

May be conducted


Signature


Remarks by Principal

Permitted



Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115

Signature



Principal
SHRI MADHWA VADIRAJA
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27 April 2019

Ref No: 2019/PRIN/52

Circular

Women Empowerment Cell of SMVITM, Bantakal is organizing an invited talk by Dr. Jyothi R, Professor, Manipal College of Nursing, Manipal on "Women Health Issues" on 29 April 2019, Monday at 3:15 PM in the Admin Block Seminar Hall.

All the interested women staff members and students of SMVITM are requested to attend the talk.

Thirumateshwara Bhat
Principal

Lolita Priya Castelino
WEC-Coordinator

Copy to:

1. All HODs & Section Heads, are requested to circulate among your faculty & staff members
2. To be read in all classes
3. Trust Office
4. Notice Board

Principal
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Activity Report

Academic Year	2018-19
Name of the Program	Talk on Women's Health Issues
Date	29-04-2019
Target Audience	Girl students of SMVITM
Resource Person	Dr. Jyothi R, Professor, Manipal College of Nursing, Manipal
Number of Participants	80 (M-00; F- 80)

The event "Talk on Women Health issues" by Dr. Jyothi R, Professor, Manipal College of Nursing, Manipal was organised by the Women Empowerment Cell of SMVITM on Monday, 29 April 2019 laid an insight on all the necessary health concerns related to females.

The session was divided into three main abstracts being Women's health status across the globe, Adolescent Health issues and lastly ten top issues for women health. Some of the major concerned health issues like Anaemia, PCOD and Obesity were addressed and the needful solutions to overcome these were also effectively delivered to our students.

Problems related to menstrual cycle, sexually transmitted diseases, breast cancer, cervical cancer, reproductive health, mental and physical hygiene etc were the major area of discussion.

Violence against women and sexual harassment which are the major problems faced by the women in India were also addressed by the guest speaker. All the needful measures for being healthier and the phrase "Prevention is better than cure" was very well made aware among the students and the staffs who attended the session. Certain self-examine tests were also suggested by the speaker which is necessary in order to be cautious about the misshapen that might take place if ignored.

The students were made aware about the harmful effects of junk food, drugs, tobaccos etc. on their personal, mental as well as reproductive health status. The session was for all the interested female students and roughly 80 female students attended the session with sheer interest.

At the end, the students were given a platform to know and clear their doubts regarding the topics covered in the session and also the health related tips were given to the students by the guest speaker. The session marked success with students being contented with the information delivered.

Principal

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Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574115



Caption	Talk on Women's Health Issues
Venue	Admin Block Seminar Hall
Latitude	13.254605
Longitude	74.785047



INVITED TALK ON "WOMEN HEALTH ISSUES"

**Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal**

**DATE :29-4-2019
TIME : 3:15PM**

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
1	4MW16EC048	Rushali	6 / EC	
2	4MW16CV041	Vaishnavi.V. Kalle	6 / CV	
3	4MW16CS013	Archana Hebbar KV	6 / CS	
4	4MW16CS024	Jayalakshmi	6 / ES	
5	4MW18CS040	Kruthi.S. Shergar	2 / CS	Kruthi
6	4MW18CS036	Kanya Rao.V	2 / CS	
7	4MW17EC077	Tejasvini	4 / EC	
8	4MW17EC055	Bharanyalaxmi K	4 / EC	
9	4MW17EC045	Preema Dsouza	4 / EC	
10	4MW17EC072	Supreetha	4 / EC	
11	4MW17EC054	Sharanya	4 / EC	
12	4MW17EC048	Rashmi	4 / EC	Rashmi
13	4MW17EC067	Soujanya	4 / EC	Soujanya
14	4MW17EC066	Soubhagya	4 / EC	Soubhagya
15	4MW17EC082	Vinutha Bhargavi	4 / EC	
16	4MW17EC079	Vijetha	4 / EC	Vijetha
17	4MW17EC049	Sushmithe.N.	4 / EC	
18	4MW17EC074	Sushma.S	4 / EC	
19	4MW18CS041	Meghana.A	2 / CS	
20	4MW18CS032	Niveditha.K	2 / CS	Niveditha Kamath
21	4MW18CS004	Aranksha	2 / CS	
22	4MW18CS007	ANINDITHA	2 / CS	
23	4MW18CS001	ADITHI	2 / CE	
24	4MW18CS046	Neha	2 / C Principal	

INVITED TALK ON "WOMEN HEALTH ISSUES"

**Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal**

DATE :29-4-2019

TIME : 3:15PM

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
25	4MW18CS035	Kavya . Kamath	2/CS	Kavya.K
26	4MW18CS056	Prakash S Rao	2/CS	Prash
27	4MW18CS045	Navya Shanbhag	2/CS	Navya
28	4MW18CS053	Prajna.Y.	2/CS	Prajna
29	4MW18CS006	Ananya	2/CS	Ananya
30	4MW18CS019	Bhoomika	2/CS	Bhoomika
31	4MW18CS070	Keethana . J	2/CS	Keethana
32	4MW18CS016	Ashritha	2/CS	Ashritha
33	4MW18CS003	Aishwarya . S	2/CS	Aishwarya
34	4MW18CS015	Ashmi K	2/CS	Ashmi
35	4MW17CS072	Shaikh Mehak	4/CS B	Mehak
36	4MW17CS071	SANJANA	4/CS	Sanjana
37	4MW17CS055	PRAJNA . U	4/CS	Prajna
38	4MW17CS073	SHAIKH MUSKAAN	4/CS	Muskaan
39	4MW17CS083	Shrinidhi N	4/CS	Shrinidhi
40	4MW17CS085	Shreelakshmi	4/CS	Shreelakshmi
41	4MW18CS400	Rakeshita Kotion	4/CS	Rakeshita
42	4MW17CS094	Vandana	4/CS	Vandana
43	4MW17CS067	Sampoorna	4/CS	Sampoorna
44	4MW17CS049	Pallavi Kamath.	4/CS	Pallavi
45	4MW17CS050	Pallavi Patil	4/CS	Pallavi
46	4MW17CS059	Preksha	4/CS	Preksha
47	4MW17CS088	Shloka	4/CS	Shloka
48	4MW17CS054	Prajna	4/CS	Prajna

INVITED TALK ON "WOMEN HEALTH ISSUES"

**Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal**

**DATE :29-4-2019
TIME : 3:15PM**

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
49	4MW17CS069	Samsen Abdul salam	4/CS	<i>Samsen</i>
50	4MW17CS089	SUSHMA	4/CS	<i>Sushma</i>
51	4MW17CS082	Shrilatha	4/CS	<i>Shrilatha</i>
52	4MW17CS063	Rashmi	4/CS	<i>Rashmi</i>
53	4MW17CS090	Swathi	4/CS	<i>Swathi</i>
54	4MN17CS065	Reefa	4/CS	<i>Reefa</i>
55	4MW17CS066	Salon Chaitra Suresh	4/CS	<i>Chaitra</i>
56	4MW17CS053	Poojashree	4/CS	<i>Poojashree</i>
57	4MW17CS061	Rakshitha R	4/CS	<i>Rakshitha R</i>
58	4MW17CS070	Samskrithi Jain	4/CS	<i>Samskrithi</i>
59	4MW18CS600	Shreevidya Rao A	4/CS	<i>Shreevidya</i>
60	4MW18CS034	Kavya	2/CS	<i>Kavya</i>
61	4MW18CS048	Mincksha	2/CS	<i>Mincksha</i>
62	4MW18CS057	Prashanthi	2/CS	<i>Prashanthi</i>
63	4MW18CS037	Kavya T.J	2/CS	<i>Kavya</i>
64	4MW18CS049	Nishmitha Shetty	2/CS	<i>Nishmitha Shetty</i>
65	4MW18CS038	Kulparesh Bhat	2/CS	<i>Kulparesh</i>
66	4MW18CS012	Anusha	2/CS	<i>Anusha</i>
67	4MW18CS011	Anusha	2/CS	<i>Anusha</i>
68	4MW18CS014	Asha	2/CS	<i>Asha</i>
69	4MW18CS028	Ashale	2/CS	<i>Ashale</i>
70	4MW18CS020	Chandana H. R:	2/CS	<i>Chandana HR</i>
71	4MW16CS026	Jyothi - J. Kamath	6/CS	<i>Jyothi</i>
72	4MW16CS118	Zaheen	6/CS	<i>Zaheen</i>

INVITED TALK ON "WOMEN HEALTH ISSUES"

Resource Person: Dr. Jyothi R, Professor
Manipal College of Nursing, Manipal

DATE : 29-4-2019
TIME : 3:15PM

SL. No	USN	NAME	SEM/BRANCH	SIGNATURE
73	4MW16CS039	Meghana R.	6A 'CSE'	<i>Meghana</i>
74	4MW16CS117	Chaitra C Kamath	6A /CSE	<i>Chaitra</i>
75	4MW16CS010	Chaitra Nair	6A /CSE	<i>Chaitra Nair</i>
76	4MW18CS054	Pragnashri P Achar	2 nd /CSE	<i>Pragna</i>
77	4MW18CS044	Nameexa Sulthana	2 nd /cse	<i>Nameexa...</i>
78	4MW18CS026	Fathima Nambiha	2 nd /CSE	<i>Fathima</i>
79	4MW18CS013	Aqsa Bashree	2 nd /CSE	<i>Aqsa</i>
80	4MW16CS082	SHREYA	I st sem /CSE	<i>Shreya</i>
81	Sulochana	Sulochana	Staff-ECE	<i>Sulochana</i>
82		DIVYAKUMARI K	Staff-ECE	<i>Diya</i>
83		Kusuma Prabhu	faculty-ECE	<i>Kusuma</i>
84		Shaseen Noronha	Faculty-ECE	<i>Shaseen</i>
			<i>M. S. P.</i> Principal	
			SHRI MADHWA VADIRAJA INSTITUTE OF TECHNOLOGY & MANAGEMENT Vishwothama Nagar, Udupi Dist. BANTAKAL - 574 115	



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Prof. Dr. Thirumaleshwara Bhat
BE, M.Tech., Ph.D., MISTE
PRINCIPAL

29 April 2019
Ref.No.:SMVITM/2019-20/ 833

Dr. Jyothi R
Professor
Department of Medical Surgical Nursing
Manipal College of Nursing
Manipal, Udupi Tq & Dist.

Dear Madam

Sub: Letter of Gratitude


We are glad to have you as a resource person for a session titled "Women Health Issues" organized for the benefit of lady students and faculty of SMVITM held on 29 April 2019.

We sincerely express our gratitude for your immense support extended to make this program worthy and informative.

We look forward for your guidance and support in the days to come.

Thanking you

With regards


Thirumaleshwara Bhat


Principal
SHRI MADHWA VADIRAJA
INSTITUTE OF TECHNOLOGY & MANAGEMENT
Vishwothama Nagar, Udupi Dist.
BANTAKAL - 574 115