



# NPTEL-AICTE Faculty Development Programme

(Funded by the MoE, Govt. of India)



This certificate is awarded to

**YASHASWINI JOGI**

for successfully completing the course

**Stress Management**

with a consolidated score of **70 %**

Prof. Andrew Thangaraj  
NPTEL Coordinator  
IIT Madras



(Aug-Sep 2022)

Roll No: NPTEL22MG111S43960329

Duration of NPTEL course : 4 Weeks

The candidate has studied the above course through MOOCs mode, has submitted online assignments and passed proctored exams.  
This certificate is therefore acceptable for promotions under CAS as per AICTE notifications dated 24<sup>th</sup> July 2018, similar to other refresher / orientation courses.  
F.No. AICTE / RIFD / FDP through MOOCs / 2017-18



*Aravind*  
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